

ext for number 1-5

A recent survey reported that Instagram is the worst social media network for mental health and wellbeing. It was associated with high levels of anxiety, depression, bullying and fear of missing out.

Previous studies have suggested that young people who spend more than two hours a day on social networking sites are more prone to psychological distress. The report states that seeing friends constantly promote a 'compare and despair' attitude.

¹The authors wrote that social media posts can set unrealistic expectations. ²Additionally, the posts create feelings of inadequacy and low self-esteem. ³One survey respondent wrote that Instagram easily makes girls and women feel as if their bodies are not good enough. ⁴This is reflected by people adding filter and editing their pictures in order for them to look 'perfect'.

Other research has found that the more social networks a young adult uses, the more likely he or she is to report depression and anxiety. Trying to navigate between different norms and friend networks on various platforms could be to blame. On the other hand, it is also possible that people with poor mental health are drawn to multiple social media platforms in the first place.

¹The Royal Society is asking social media companies to make changes to reduce the harmful effects of social media on children and young adults. ²The report recommends the introduction of a pop-up "heavy usage" warning within these apps or website. ³71% of the survey respondents say they would support this suggestion. ⁴Out of five social networks included in the survey, YouTube received the highest marks for health and wellbeing and was the only site that received a net positive score by respondents. ⁵It also recommends that companies find a way to highlight photos of people that have been digitally manipulated. ⁶Lastly it is suggested that the companies offer help to users who could be suffering from mental health problems.

1. The text mainly discusses about ____
 - (A) The latest survey that reported Instagram as the worst social media network
 - (B) The study about the impacts that Instagram gives to young people
 - (C) The research about mental health issues suffered by social media users
 - (D) The observation on young generation who are addicted to social media
 - (E) The adverse effects that social media has inflicted to the mental health of youth
2. What is the relation between sentence 1 and 2 in paragraph 3?
 - (A) Sentence 2 is a restatement on why social media has the bad effects mentioned in sentence 1
 - (B) Sentence 1 introduces harmful social media posts and sentence 2 provides more details
 - (C) Sentence 1 states the effects of social media and sentence 2 gives another one
 - (D) Sentence 2 provides the example of social media's effect stated in sentence 1
 - (E) Sentence 1 presents a view on social media and sentence 2 contradicts it
3. Which sentence is not relevant in the last paragraph?
 - (A) Sentence 1
 - (B) Sentence 2
 - (C) Sentence 3
 - (D) Sentence 4
 - (E) Sentence 5

4. The underlined words in paragraph 4 can be best replaced with ____
(can be more than one option)
(A) Hence
(B) Therefore
(C) However
(D) Consequently
(E) Nevertheless
5. Choose whether the statement is correct or incorrect based on the text above.

Instagram was associated with high levels of anxiety, depression, bullying and fear of missing out.	Correct	Incorrect
Social media posts can set unrealistic expectations as well as feelings of inadequacy and low self-esteem.	Correct	Incorrect
Young people who spend more than 120 minutes a day on social networking sites tend to get psychological distress.	Correct	Incorrect
Despite having many negative impacts, Instagram is still considered better than YouTube and several other social media platforms.	Correct	Incorrect
The more social networks a young adult uses, the less likely he or she is to report depression and anxiety.	Correct	Incorrect

Text for number 6-13

In recent years, a sport has been gaining significant traction worldwide, blending the best elements of tennis and squash into one dynamic and exhilarating experience. Padel, sometimes called padel tennis, has captured the hearts of sports enthusiasts across the globe. But what exactly is Padel and why has it become such a phenomenon? Let's dive into the world of Padel to uncover its essence and appeal.

So, what is Padel? It is actually a racquet sport that originated in Mexico in the late 1960s and gained popularity across Latin America before spreading to Europe and beyond. It is typically played in doubles on an enclosed court roughly one-third the size of a tennis court, with a mesh screen surrounding the playing area. Although padel shares the same scoring system as tennis, the rules, strokes, and technique are different.

Now let's talk about the rules. Padel follows a set of rules similar to those of tennis, with some notable differences. The game begins with an underhand serve, and the ball must bounce once on each side of the net before players can volley *it* directly off the walls.

How about the equipment? Well, players use solid, perforated paddles similar to those used in beach tennis. The ball used in padel tennis is also similar to a tennis ball but with less pressure, allowing for a slower pace and longer rallies. The choice of footwear typically includes tennis or indoor court shoes, providing stability and traction on the playing surface.

Why Padel? It offers a unique blend of athleticism, strategy, and social interaction, making it appealing to players of all ages and skill levels. Its smaller court size and simplified rules make it more accessible to beginners, while still providing a challenging experience for seasoned athletes. The enclosed court design fosters fast-paced rallies and strategic shot placement, keeping players engaged and entertained throughout the match.

Moreover, padel tennis has a strong social aspect, as matches are often played in doubles. This social element, combined with the sport's inclusive nature, has contributed to its rapid growth and widespread popularity in recent years. Padel represents a thrilling fusion of tennis and squash, offering a unique sporting experience that is both accessible and exciting.

With its smaller court size, simplified rules, and emphasis on strategy and social interaction, Padel has captured the imagination of sports enthusiasts around the world. Whether you're a seasoned athlete looking for a new challenge or a *casual* player seeking a fun and engaging pastime, Padel has something to offer everyone. So, get ready to grab a paddle, step onto the court, and experience the excitement for yourself.

6. The text mainly talks about ____
 - (A) the dos and don'ts in Padel
 - (B) why Padel becomes such a worldwide sensation
 - (C) the reason why we should try Padel
 - (D) the origin of Padel
 - (E) a brief description of Padel and its phenomenon
7. It can be inferred from paragraph 2 that ____
 - (A) padel has a dissimilar scoring system as tennis
 - (B) before spreading to other parts of the globe, Padel emerged first in Latin America and gained popularity across that region
 - (C) it took some time for Padel to be eventually recognized worldwide
 - (D) the rules, strokes, and techniques of Padel are quite identical to those of tennis
 - (E) padel is usually played in doubles on an enclosed court roughly two-third the size of a tennis court
8. The word "it" in paragraph 3 refers to ____
 - (A) the net
 - (B) the ball
 - (C) the bounce
 - (D) the player
 - (E) the game
9. As mentioned in paragraph 4, the equipment of Padel comprises ____
 - (A) perforated paddles similar to those used in tennis
 - (B) the ball similar to a tennis ball but with less pressure
 - (C) tennis or indoor court shoes which provide stability and traction on the playing surface
 - (D) the paddles, the ball, and indoor court shoes
 - (E) one-third size of a tennis court with a mesh screen surrounding the playing area
10. The word "moreover" in paragraph 6 can be replaced with ____
 - (A) besides
 - (B) hence
 - (C) therefore
 - (D) meanwhile
 - (E) nonetheless

11. The word “casual” in paragraph 7 is synonymous with the following, except ____
- (A) easygoing
 - (B) nonchalant
 - (C) serious
 - (D) informal
 - (E) occasional
12. The attractiveness of Padel is mentioned in paragraph ____
(can be more than one paragraph)
- (A) 1
 - (B) 2
 - (C) 5
 - (D) 6
 - (E) 7
13. Choose whether the statement is correct or incorrect based on the text above.

Padel mixes the best elements of tennis and squash into one lively and thrilling experience.	Correct	Incorrect
Padel first originated in Mexico not long before the 1970s before eventually spreading worldwide.	Correct	Incorrect
Padel strictly follows the same set of rules as those of tennis.	Correct	Incorrect
Its smaller court size and simplified rules make Padel more elusive to beginners.	Correct	Incorrect
Padel presents a good combination of athleticism, scheme, and social synergy, making it engaging to players of all ages and skill levels.	Correct	Incorrect

Text for number 14-18

During my vacation in Morocco, I stayed at Riad Kheirredine Marrakech and was really happy with the choice. The atmosphere was very friendly and relaxing. I met lots of other travelers and it was nice to hang out in the common area and swap stories about our adventures in Morocco. The staffs were really friendly and always on hand to provide any information to make Morocco more accessible. They had lots of good ideas about places to go and were well informed about how to best get around. The room was really large with high ceilings, it was much bigger than I was expecting. All in all, it was a great experience.

After visiting more than 30 hotels around the world in the last 18 months, I was eager to visit Riad Kheirredine Marrakech hotel. I wasn't disappointed, friendly, enthusiastic young staff, unbeatable location, free towels, free breakfast, free Wi-Fi and all the little details lacking in most hotels. Other hotels might do particular details better, this hotel is above average across the board. *I don't give out 100% often*, but this one is well deserved.

Located in the heart of Marrakech's medina, the old city, Riad Kheirredine Marrakech is like an oasis of calm. The staff are fantastic, offering me free dinner and breakfast plus *copious* amounts of tea. My room was cozy and spotlessly clean. It was fantastic value and highly recommended.

14. The writer's intention in writing the text is to ____
 (A) inform the readers about staying at great Riad Kheirredine Marrakech hotel
 (B) share the writer experience staying at Riad Kheirredine Marrakech hotel
 (C) describe Riad Kheirredine Marrakech hotel where the writer stays
 (D) amuse the reader with the writer's experience staying in a nice hotel
 (E) report the writer's travelling's experience in Morocco
15. The word "copious" in the last paragraph means ____
 (A) copy
 (B) massive
 (C) abundant
 (D) deficient
 (E) enough
16. The writer likes Riad Kheirredine Marrakech hotel ____ their staffs had lots of good ideas about places to go and were well informed about how to best get around.
 (A) when
 (B) because of
 (C) and
 (D) since
 (E) although
17. The words "I don't give out 100% often" in paragraph 2 means ____
 (can be more than one meaning)
 (A) the author wants to emphasize his appreciation
 (B) the author is such a miserly person
 (C) the author rarely gives a perfect compliment
 (D) the author wants to talk down his accolade
 (E) the author lacks sympathy

18. What made Riad Kheirredine Marrakech hotel highly recommended?

It offers various things in detail.	Correct	Incorrect
It has cozy and spotless-clean room.	Correct	Incorrect
Its location is in the heart of Marrakech's medina, the old city.	Correct	Incorrect
It offers pretty cheap dinner and breakfast.	Correct	Incorrect
It has friendly and relaxing atmosphere.	Correct	Incorrect

Text for number 19-23

High school students may improve their science grades by learning about the personal struggles and failed experiments of great scientists such as Albert Einstein and Marie Curie. In one study, 402 students from four New York City high schools in low-income areas of the Bronx and Harlem were divided into three groups. The control group read an 800-word

typical science textbook description about the great accomplishments of Einstein, Curie and Michael Faraday.

Another group read about those scientists' personal struggles, including Einstein's fight from Nazi Germany to avoid persecution as a Jew. The third group of students read about the fight scientists intellectual struggles, such as Curie's *persistence* despite a string of failed experiments. The struggle stories included actions the scientists took to overcome the *hurdles*.

Students who read about the scientists' intellectual or personal struggles were more likely to say the famous scientists were people, like themselves, who had to overcome failure and obstacles to succeed. Students in the control group more often believed the great scientists had innate talent and a special aptitude for science.

The study suggests that science textbooks should highlight the struggles of great scientists and provide more vivid narrative descriptions of the techniques that scientists used to overcome challenges. Many kids do not see science as part of their everyday lives. "We teach them important contents, but we never bring it to life," said the lead researcher Xiaodong Lin-Siegler, Ph.D. "Our science curriculum is impersonal, and kids have a hard time relating to it because they just see a long list of facts that they have to memorize."

19. What is the topic of the passage?
- (A) A study on science grades
 - (B) A study on high school students
 - (C) A study on high school students' science grades
 - (D) A study on the personal struggles of great scientists
 - (E) A study on Albert Einstein and Marie Curie
20. The word "persistence" in paragraph 2 is closest in meaning to ____
(can be more than one meaning)
- (A) lethargy
 - (B) perseverance
 - (C) indolence
 - (D) tenacity
 - (E) immunity
21. Why does the author mention "*science textbooks should highlight the struggles of great scientists...*" in the last paragraph?
- (A) To ensure that great scientists could overcome their challenges through struggling
 - (B) To inform that the writers of science textbooks should put great scientist struggle
 - (C) To emphasize that science textbooks should contain a lot of great scientists' hurdles
 - (D) To illustrate that textbooks have to put more detail of famous scientists
 - (E) To suggest that textbooks of science put stress on great scientists' struggles
22. According to the passage, what is the impact of asking the students to read about the scientists' intellectual struggles?
- (A) They regarded that scientists were ordinary people who had innate aptitudes
 - (B) They thought that scientists were those who didn't have to work hard to succeed
 - (C) They admitted that great scientists were common people who had to struggle to overcome their failure to succeed

- (D) They preferred that great scientists had an inborn talent and special interest in science
- (E) They agreed that scientists had to be like ordinary people to be great

23. Which of the following sentence is not true according to the text?

- (A) Students' science grades could be improved through reading about scientists' failed experiments
- (B) Curie's persistence in spite of his unsuccessful experiments could be a model for students to improve their intelligence
- (C) The control group students more likely believed the great scientists had inborn talent
- (D) The second group learnt about the great accomplishments of Einstein and other famous scientists
- (E) Materials about great accomplishments of Einstein, Curie and Michael Faraday were given to the first group

Text for number 24-25

How to use a digital camera

You need:

- A digital camera.
- An object (a friend, classmate or something interesting you can find around the classroom or class yard).

Follow the steps below to take pictures:

1. Hold up the camera and centre the object in the LCD.
2. Move closer or use the zoom control for the result you want.
3. When you're ready to take the picture, hold the shutter halfway. It's very important, so the camera sets the focus, shutter speed and various other *calculations*. This may take a few seconds.
4. A light should appear that lets you know the camera is set to go.
5. Press shutters all the way down.

It may be necessary to turn off the LCD and use the view finder when there is extreme sunlight or to conserve battery life. The glare from the LCD does not work well with bright light.

24. What benefits can we get after reading the text?

- (A) We get the information about where to buy a digital camera
- (B) We get the tips how to use a digital camera properly
- (C) We know how to keep our digital camera properly
- (D) We know the usage of a digital camera
- (E) We know when to use a digital camera

25. The word "calculations" in step 3 is closest in meaning to ____
(can be more than one meaning)

- (A) estimation
- (B) identification
- (C) counting
- (D) orientation
- (E) computation

Text for number 26-30

Mr. Remi was the manager of a small circus, which used to go from one town to another and give shows to the local people. It was not a rich circus, so Mr. Remi was not able to get the best circus people.

First in his circus, he had a man who walked on a tightrope stretched high above the floor. But one day this man fell down and hurt himself. He was taken to hospital, and Mr. Remi found himself without a tightrope walker. This situation lasted for a long time.

Finally, a young man with a long hair came to Mr. Remi's office and said, "I'm a tightrope walker. I have heard that you want one." Mr. Remi was very happy and said, "Yes, I do want one. I shall ask my men to put the rope up, and you *can* show me what you *can* do."

Now, in circuses they sometimes spread a big net under the tightrope so that if the tightrope walker falls, he does not hurt himself. As this young man was new, Mr. Remi ordered his workers to put the net up under the rope.

In the meantime, the young man had gone to change his clothes, and now he came out wearing the clothes which people usually wear for that kind of work. He climbed up to the tightrope and began to walk along it. He danced on the rope and jumped on it and did all kinds of *clever* things. Mr. Remi was very pleased. He praised the young man and then asked, "Can you do these *clever* things without a net?"

"No, Sir," confessed the long-haired young man. "I dare not. if I didn't wear a net, my hair would fall in my eyes, and I'm sure I wouldn't be able to see what I was doing."

26. Why didn't Mr. Remi get the best circus people?

- (A) because he was such a stingy man
- (B) because he was affluent
- (C) because his circus was not a wealthy circus
- (D) because he owned his first circus
- (E) because he had a lot of money to pay the best circus people

27. The word "can" in paragraph 3 is used to express ____

- (A) capability
- (B) inability
- (C) opportunity
- (D) possibility
- (E) probability

28. Why did Mr. Remi order his workers to put the net up under the rope?

- (A) because he wanted to see the young man's ability
- (B) because he wanted the show to be safe
- (C) because the young man asked him to
- (D) because the young man was still new
- (E) because it was the procedure he had to follow

29. The word "clever" in paragraph 5 is synonymous with the following, except ____
(can be more than one exception)

- (A) brainy

- (B) naïve
- (C) ingenious
- (D) adept
- (E) diligent

30. What is funny about the ending of the story?

Mr. Remi and the young man talked different kinds of net.	Correct	Incorrect
Mr. Remi was happy of his new tightrope walker.	Correct	Incorrect
Mr. Remi was glad that there would be no more accident.	Correct	Incorrect
Mr. Remi and the young man had a silly miscommunication.	Correct	Incorrect
Mr. Remi finally hired the funny young man.	Correct	Incorrect