

# **PHYSICAL EDUCATION WAIVER**

## **Sheridan High School**

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### **Physical Education Graduation Requirement**

In the State of Ohio, students are required to complete one-half unit of physical education for graduation. One-half unit requires a minimum of 120 hours of course instruction. In the Northern Local School District, this graduation requirement is met by student completion of two semester courses, each worth a quarter credit.

### **Exemption to the Physical Education Graduation Requirement (3313.603 of the Ohio Revised Code, Letter L)**

Beginning with the 2015-2016 school year, students in the Northern Local School District in grades 9-12 who successfully complete two full seasons of interscholastic athletics, marching band, or cheerleading may be excused from the high school physical education graduation requirement. The "two full season" requirement may be completed within a single school year.

According to the Ohio Revised Code, boards of education may NOT provide for partial completion of the high school physical education requirement; therefore, the one-half unit requirement cannot be partially exempted. For example, it is not possible to combine ONE semester of a physical education course with successful completion of ONE athletic, marching band, or cheerleading season to meet the physical education requirement.

### **Impact of Overall Graduation Requirements**

Those students excused from the high school physical education graduation requirement are required to complete one-half unit, consisting of at least 60 hours of instruction, in another course of study, as determined by the student.

Those students excused from the high school physical education graduation requirement are still required to meet all other graduation requirements established by the Northern Local School District.

### **Successful Completion of a Season**

Successful completion of a season, in the case of interscholastic athletics, means that a student is both a member of the team or group and is eligible for end of season awards/recognition.

Formal starting dates for interscholastic athletics are determined by the OHSA. Starting dates for marching band and cheerleading will be determined by the respective advisors; the starting date may be inclusive of mandatory camps.

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### Recognized Activities

In addition to cheerleading and marching band, interscholastic athletic teams currently recognized by the OHSA in Northern Local Schools include; baseball, basketball, cheerleading, cross country, football, golf, gymnastics, softball, track, volleyball and wrestling.

### Process for Exemption for Interscholastic Athletics, Marching Band and Cheerleading

1. Once a student has completed **BOTH SEASONS NECESSARY TO BE EXEMPT FROM PHYSICAL EDUCATION**, the student will then turn in a Physical Education Exemption Form.
  2. The Physical Education Exemption Form will list the two sports, band or cheerleading seasons completed, the year(s) and/or season(s) of participation, and the form will be turned into the guidance department.
  3. The Physical Education Form will then be cross-checked with the information provided by the athletic department and band director and signed by the principal.
- It is the responsibility of the student to turn in the form to the guidance department. **THIS WILL NOT BE DONE AUTOMATICALLY FOR THE STUDENT.**
- Be aware that this exemption may not transfer should a student transfer to a different school district with different policies.
- Students **do not** receive Physical Education credit when they turn in the PE Exemption Form. They are simply being exempted from the graduation requirement of the credit.

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**PHYSICAL EDUCATION WAIVER FORM**

Once a student has met the successful completion of two seasons, this form must be completed and returned to the guidance department to request exemption from the high school physical education graduation requirement.

\_\_\_\_\_  
Student Last Name

\_\_\_\_\_  
Student First Name

\_\_\_\_\_  
Student ID Number

**Season #1**

\_\_\_\_\_  
School year of Participation

\_\_\_\_\_  
Grade Level

\_\_\_\_\_  
Sport/Activity

\_\_\_\_\_  
Signature of Activity Head Coach/Band Director

**Season #2**

\_\_\_\_\_  
School year of Participation

\_\_\_\_\_  
Grade Level

\_\_\_\_\_  
Sport/Activity

\_\_\_\_\_  
Signature of Activity Head Coach/Band Director

***In making this request for exemption from physical education as a graduation requirement, I understand all expectations related to the "two full seasons" requirement.***

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

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(office use only)

\_\_\_\_\_  
Principal Authorization

\_\_\_\_\_  
Date