

## **Turning Point South**

Carriage House at Parks Place 44 School St Ext, Bellows Falls, VT Meetings in Brown are In Person

## **BF Group & Meeting Schedule**

\*\*Meetings listed here are hosted by Turning Point Recovery Center of Springfield, VT
For a complete list of area mtgs hosted by AA or NA,
visit <a href="https://aavt.org/meetings/">https://aavt.org/meetings/</a>/ or <a href="https://gmana.org/meetings/">https://gmana.org/meetings/</a>

	MONDAY
12:00 - 1:00 pm	SMART Recovery (Online Only) Practice The 4 Points of Recovery, self-motivated skill-building. Hosted by Megan
	TUESDAY
6:30 pm - 7:30 pm	Alcoholics Anonymous (AA) "Under The Tree" group OD
	Healing After Loss Grief support from the effects of Addiction.
	If interested, please contact Tomas @ 413-824-1945 to set up a time to get togethe
	WEDNESDAY
7:15 am - 7:40 am	Meditation (Online, click title) Hosted by Tomas. Password: Serenity
	THURSDAY
8:30 am - 9:30 am	SMART Recovery (Online Only)
	Practice the 4 Points of Recovery, self-motivated skill-building. Hosted by Megan
6:30 pm - 7:30 pm	Alcoholics Anonymous (AA)
	FRIDAY
12:00 pm - 1:00 pm	All Recovery
6:30 pm - 7:30 pm	Recovery Dharma
	SATURDAY
6:30 pm - 7:30 pm	Alcoholics Anonymous (AA)
1:00 pm - 2:00 pm	SUNDAY Emotional Sobriety Exploring Emotional Sobriety using AA's Emotional Sobriety Grapevine book. Hosted by Celeste

Turning Point Recovery Center enhances the spiritual, mental, physical, and social growth of our community as a means of promoting successful recovery from substance use disorder.