



TRUE HOPE

GROUPS &
MENTORING

"NO ONE FINDS THEIR WAY BACK TO GOD ALONE"

Groups and Mentoring aren't about giving polished 'right answers.' They're about sharing real answers. This isn't a place to tell others how good you are at following Jesus, but where you are falling short. We want to create an environment of trust and vulnerability, where we can be honest about our struggles, knowing we are all broken and all equally in need of Jesus. What is shared in your group or mentoring relationship should stay there so everyone feels safe being real.

1. Look at upcoming events together *(Are there any that your group would want to attend together?)*

2. Begin in Prayer *(Pray that God would speak to you through His Word)*

3. Read the text together *(Pay attention to how God is at work)*

Exodus 20:7-11 (CSB)

⁷Do not misuse the name of the LORD your God, because the LORD will not leave anyone unpunished who misuses his name.

⁸Remember the Sabbath day, to keep it holy: ⁹You are to labor six days and do all your work, ¹⁰but the seventh day is a Sabbath to the LORD your God. You must not do any work—you, your son or daughter, your male or female servant, your livestock, or the resident alien who is within your city gates. ¹¹For the LORD made the heavens and the earth, the sea, and everything in them in six days; then he rested on the seventh day. Therefore the LORD blessed the Sabbath day and declared it holy.

Exodus 20:1-2 (CSB)

Then God spoke all these words:

²I am the LORD your God, who brought you out of the land of Egypt, out of the place of slavery.

4. GROUP DISCUSSION *(Feel free to answer as many or as few as you see fit.)*

Sermon main takeaway: It is the grace of God that gives us a name to bear and a rest to receive.

1. What name(s) have you tried to give yourself? (Successful, perfect image, always right, insecure, ashamed...) What led to you taking on this name?

2. What name(s) have you tried to give God? (Kind, aloof, apathetic, loving, gracious, confusing...) What life circumstances led to you giving God this name?
3. Grace is unearned and undeserved favor. How does grace show up in these commandments that God is giving the Israelites? What do the 3rd and 4th commandments teach us about God's character?
4. How has God's grace been showing up in your life lately? Describe a moment from the past week where God poured out His favor and love on you.
5. The Hebrew word "nasa" means "to lift up, to carry, to bear." God is saying to the Israelites in this passage, "Don't misbear my name." Have there been ways you haven't bore His name in a way that honors Him? How are you bearing His name correctly?
6. God wants us to receive the gift of rest. What internal motivations keep you from resting? How can you more freely receive His rest?

5. PRACTICE

Pray together as a group.

A few prayer prompts:

Thank the Lord for His grace. Thank the Lord for His commandments. Thank the Lord for His rest that He freely gives. Thank the Lord for the honor of bearing His name.

Ask God to give you eyes to see where you are not bearing His name rightly. Ask the Spirit to fill you with His power to bear God's name rightly. Ask the Spirit to help you receive God's rest.