# **Key Terms**

Term	Description
ADA (Americans with Disabilities Act)	The ADA is a federal civil rights law that provides legal protections for individuals with disabilities from discrimination in employment, state and local government, public accommodations, commercial facilities, telecommunications, and transportation. Title II of the ADA requires schools to make educational opportunities, extracurricular activities, and facilities open and accessible to all students. These provisions apply to brick-and-mortar and online schooling.
Section 504 (of the Rehabilitation Act)	Section 504 of the Rehabilitation Act prohibits discrimination in the education of children and youth with disabilities; vocational education; college and other post-secondary programs; employment; health, welfare and other social programs; and other programs and activities that receive federal funds
FAPE (Free and Appropriate Public Education)	Free Appropriate Public Education (FAPE), a cornerstone of the <u>IDEA</u> , our nation's special education law, is that each eligible child with a disability is entitled to a FAPE that emphasizes special education and related services designed to meet the child's unique needs and that prepares the child for further education, employment, and independent living.
IDEA (Individuals with Disabilities Education Act)	The nation's main law governing specific rights of K–12 students with disabilities (and a civil rights law), <u>IDEA</u> entitles all public school students to a free appropriate public education (FAPE). Students suspected of having a disability have the right to a free evaluation, and students deemed eligible for special education have the right to special education and related services.
Accommodations	Accommodations are adaptations made for specific individuals with disabilities (as defined by law) when a product or service isn't accessible. These techniques and materials don't change the basic curriculum but do make learning a little easier and help students communicate what they know.
Modifications	Modifications are changes in the delivery, content, or instructional level of a subject or test. They result in changed or lowered expectations and create a different standard for kids with disabilities than for those without disabilities.
IEP (Individualized Education Plan)	An IEP is a plan developed to ensure that a child who has a disability identified under the law and is attending an elementary or secondary educational institution receives specialized instruction and related services.
LRE (Least Restrictive Environment)	A term meaning that children with disabilities must be educated (to the maximum extent appropriate) with children without disabilities.
Accessibility	Accessibility is the "ability to access" the functionality and benefit of some system or entity. This term is used to describe the degree to which a product (such as a device, a service, or an environment) is accessible by as many people as possible.

# **Inclusion Resources in San Francisco**

# City of San Francisco Agencies & Departments

Organization	Services & Contact
Mayor's Office of Disability	Works to make all city services and resources accessible to those with disabilities, including food, housing, health, and employment resources
	Contact here
SF Parks & Rec Inclusion Services	Provides accessible and inclusive programming to children with disabilities, including camp and afterschool activities
	Contact here
SF Department of Disability and Aging Services	Helps older adults and adults with disabilities have access to food, home care, social engagement and other essential support
	Contact here
SF Public Library Inclusion & Accessibility Resources	Provides inclusion toolkits for check out at reference desks in all SFPL libraries, including fidgets, visual timers, noise reduction headphones, weighted lap pads, etc.
	Contact here
SF Department of Children Youth & Families	Helps establish funding priorities, funds variety of neighborhood programs
TOGET & Farming	Contact here

# SFUSD Departments and Advisory Councils

Organization	Services & Contact
SFUSD Special Education Services	Manages Special Education Services for all schools in SFUSD, provides information about IEPs and offers services such as <u>Alternative Dispute Resolution</u>
	Contact here
SFUSD Transition & Access Programs	Offers students with IEPs the opportunity to complete secondary education while receiving job skills to transition to independent living
	<u>Contact here</u>
SFUSD CAC (Community Advisory Committee)	Committee of parents of students with disabilities, advises Board of Education on Special Education priorities, a place to have opinions heard by SFUSD
	<u>Contact here</u>
SFUSD AAPAC (African American Parent Advisory	Forum for SFUSD's African American/Black families, educates and informs parents of district resources, policies, and programs
Council)	Contact here
SFUSD DELAC (District English Learners Advisory Committee)	Provides guidance to the Board of Education and district staff on the needs and services for English Learners
Committee	Contact here
SFUSD Matua Advisory	Helps identify concerns of students, parents, and Native Hawaiian & Pacific Islander community members to bring to the attention of schools
	Contact here

SFUSD PAC (Parent Advisory Committee)	Actively reaches out to engage families in district policy discussions, brings family concerns for district leaders, and supports parents in being advocates for their children's education
	Contact here

# State & Federal Agencies in SF

Organization	Services & Contact
Golden Gate Regional Services	Provides services and supports to individuals with developmental disabilities in Marin, San Francisco and San Mateo counties
	Contact here
Department of Rehabilitation	Helps with employment and independent living resources for people with disabilities
	Contact here
The Office of Civil Rights	Ensures equal access to education and promotes educational excellence through the nation through vigorous enforcement of civil rights.
	Contact here

# Nonprofit Agencies in SF

Organization	Services & Contact
Longmore Institute on Disability	Part of San Francisco State that studies and showcases disabled people's experiences, holds public education, scholarship, and cultural events featuring disability history and theory. Check out their virtual exhibit on 504 - which includes curriculum for classrooms. <a href="https://longmoreinstitute.sfsu.edu/patient-no-more">https://longmoreinstitute.sfsu.edu/patient-no-more</a> .
	Contact here
Support for Families	Offers information and parent-to-parent support free of charge for children with disabilities or healthcare needs
	Contact here
Parents for Public Schools	Brings parent voice to district leaders to impact how decisions are made, helps families navigate enrollment process, etc.
	Contact here
Coleman Advocates	Supports Black & Brown families of Southeast San Francisco in partnership with the City and SFUSD
	Contact here
Family Voices of California	Statewide collaborative of parent-run centers working to ensure quality healthcare for youth with special health care needs; provides parents with information to make informed healthcare decisions, builds partnerships between professionals and families
	Contact here
Chinese Affirmative Action	Aims to protect civil and political rights of Chinese Americans through direct services, leadership development, civic engagement, and policy advocacy- direct services include hotline for emergency immigration situations, referrals to immigration attorneys, workforce development, etc.
	Contact here

Hamilton Families	Provides direct services to families experiencing homelessness, including temporary shelter, temporary supportive housing, housing search & permanent housing solutions, academic enrichment for children, etc  Contact here
Safe and Sound	Provides parents and children with proactive services to maintain a safe and healthy home free from abuse through providing basic needs like groceries, educational workshops, community events, parenting classes, counseling, etc.  Contact here
Tourette Association of Northern California	Information about support groups, youth ambassador programs, educational presentations, etc. available in the Bay Area  Contact here

# Resources for Children

Organization	Services & Contact
Special Olympics of Northern California	Partners with schools and "unifies students with and without disabilities through sports, promoting acceptance, and respect"
	Contact here
Best Buddies	Builds friendships for students with disabilities with one-on-one mentorship, helps secure and maintain employment, connect with inclusive living opportunities
	Contact here

#### Resources for Adults

Organization	Services & Contact
Independent Living Resource Center	Disability rights, advocacy, and support organization that provides assistive technology support, healthcare access, housing support, economic empowerment, and transition services
	Contact here
AASCEND	Aims to build and sustain a community of support for adults on the autism spectrum, family and friends, and autism service professionals; creates and implements innovative approaches in education, networking and development to address autism's core challenges
	Contact here
The ARC	Works to provide accessible, inclusive services and advocate for disability justice; provides hands-on job training through employer partnerships for individuals with intellectual disabilities
	Contact here
BACA (Bay Area Communication Access)	Provides sign language interpretation services, transliteration and oral interpreting services, and computer-aided note taking services
	Contact here

# Inclusive Sports and Recreation

Janet Pomeroy Center	Community center with programs including: heated aquatherapy pool, Able Gardners (training and work opportunities in landscaping), traumatic brain injury services, children & teen programs after school and during holidays  Contact here
BORP (Bay Area Outreach & Recreation Program)	Run <u>adaptive bike programs</u> in partnership with SF Parks & Rec, and offers many other adaptive sports programs for youth and adults, including wheelchair basketball, outdoor adventures like kayaking, power soccer, etc. <u>Contact here</u>
E-Sports (Exceptional Sports)	Inclusive sports organization offering free, weekly and inclusive athletic programming including soccer, dance, basketball, karate, and fitness located throughout the Bay Area including San Francisco  Contact here

# Videos about the 504 Sit-in

- Disability Rights Activist Movement Documentary: <a href="https://youtu.be/qXD7TckuVjM">https://youtu.be/qXD7TckuVjM</a>
- Crip Camp Trailer: <a href="https://youtu.be/Fs0VRfOg7Wo">https://youtu.be/Fs0VRfOg7Wo</a>
- CRIP CAMP: A DISABILITY REVOLUTION | Full Feature | Netflix: https://youtu.be/OFS8SpwioZ4
- Brad Lomax Celebrating Black History & People with Disabilities: <a href="https://youtu.be/KfBD62gj8cs">https://youtu.be/KfBD62gj8cs</a>
- How Judy Heumann Fought For Equal Rights For The Disabled: https://youtu.be/NfBRPbwyuv8