# Mental Health Student Group Committee/Council Meeting #2
## September 15th, 2018

***Individuals Present:*** *Names here.*

**AGENDA**

- **New & Old Introductions (10 min)**
    - PEEPS Rotating Members
    - SGA HSS Committee Members
    - Current Members
- **Updates (15 min)**
    - Wellbeing Working Group
    - APO
        - Suicide Prevention Week
    - APTT
        - Conference, Active Minds/CHEW, Stories of Hopkins
        - Active Minds:
            - Could potentially be housed as a subcommittee of an existing MH organization
            - Director of CHEW was interested in Send Suicide Packing event
        - Active Listening - Youlim (keep in loop about ResLife material)
            - FYM Training
                - Dean: they did have a module on active listening, but there were many modules
    - SGA HSS Committee
        - Stomp the Stigma
    - SAAC
        - Programming board is working on nutrition talks
        - Potential project: Dean will put Hannah in contact with Pavan from SGA, who is working on developing a new personal training class program at the Rec Center
        - Interest in a sports psychologist
        - Link up with PGA!
    - PEEPS
        - Looks at student health holistically
        - Plans 1 large event a semester with large attendance
        - This year's event focused on mental health
        - Trying to make use of data from school this year
        - Would be early November, during suicide prevention week
    - PGA

        - Addressing concerns about getting mental health care to Peabody
        - Fighting to promote cultural inclusion in different fields of music
        - Increase interaction between musicians at Peabody and athletics in SAAC
        - Working with Security and Transportation to get direct transportation, such as a Blue Jay Shuttle, between Peabody and Health and Wellness, Counseling Center for the day time
        - Resource sheet for musicians
            - Wellbeing Working Group flyer
    - SGA Exec
        - Student Center, MH Task Force Forum/Town Hall, MH Stats/Infographics (CMC), ResLife MH trainings
            - Panel might be best
            - Panelists: Fallin, Shollenberger, Ruzicka, Cunningham, Dr. Papadakis, Andy Wilson, Dean of Undergrad Studies, Townsend Plant, Kelsie Gory (anybody else we should add?)
            - Build up one major event a semester, have 3 days, 3 forums/3 aspects of approaching mental health
            - Leading up to it: online submission form for questions
            - Timing: Mid- to late-October
        - Student Center: Tangible collection of documentation
            - Mattin
            - Funding
            - Could a student center be built as part of the Rec Center renovation project? They might still be looking for input on what renovations would look like - Ask Alanna Shanahan.
        - Counseling Center Data, 16-17: https://studentaffairs.jhu.edu/counselingcenter/wp-content/uploads/sites/36/2017/06/CC-Annual-Data-Report-2016-17-2-6-19-17.pdf
- **Discussion (30 min)**
    - **Meetings with Academic Advising and Career Services Admins**
        - Academic Advising
            - Assistant Dean Jessie Martin
                - https://www.linkedin.com/in/jessica-martin-53b680107/
                - Any week
                - Oct 1-5
                - Youlim, Caroline, APTT Admin Email
            - Key Asks:
                - Distribute literature, infographics on mental health
                - External training on sensitivity with faculty/advisors
                - SafeZone style sticker for faculty who do QPR training

            - Mental Health Advocates in each department
            - Faculty attitude towards mental health
            - Tenure based not only on performance, but also on interaction with students, character
            - What counts as sickness and not on syllabi, days
            - BSU President - Chisom
            - What are additional items we want to ask?
    - Career Services
        - Vice Provost Farouk Dey
            - https://hub.jhu.edu/2018/07/18/farouk-dey-vice-provost-integrative-learning-life-design/
            - https://www.linkedin.com/in/faroukdey/
            - Any week
            - Oct 1-5
            - Youlim, Caroline, APTT Admin Email
        - Key Asks
            - Career Diversity
            - Representation of Women & POC
            - Life After Hopkins events
            - Financial Literacy Workshops
            - External training with faculty/advisors
            - What are additional items we want to ask?
    - Sympathetic Faculty
        - Cook-Gailloud
        - Guillemard
        - Reiser
        - Pearlman
        - Dr. Christov Roberson
        - Halberda
        - Papadakis
        - Fischer (head of bio)
        - Agree (Sociology)
        - Agarwal (sociology)
        - Sarah Minor-Moore (entry-level CS professor)
        - Vittorio Loprinzo (Math)
        - Jeff Gray (ChemBE)
        - Leps
        - Wilkins (prof-com)
- **October Well-Fest**
    - Context

            - Who's going to Monday's Well-Fest in AMR I?
        - Date
            - **October 5th**
        - Time
            - 2016: 11-3 PM
            - 2017: 10-2 PM
            - **2018: 11-3 PM**
        - Location
            - 2016: Freshman Quad
            - 2017: Levering Courtyard
            - **2018: Levering Courtyard**
        - What each group's doing
            - APTT - how people are feeling, a poll on increasing conversation about how you're feeling right now
            - PEEPS - will crowdsource ideas
            - SGA - Giant Jenga - "Keep Your Life Balanced"
                - Small jenga - each block is "what made you fall apart"
        - Audience
            - Coordinate advertising with Hoptoberfest
                - AJ will connect with Corine Peifer and Diego Barrios
            - Handing out t-shirts, but don't make it point of the event
            - Getting Peabody students there
                - Market to Peabody students for Hoptoberfest but mention Wellfest as one of the main events
    - **Wellness Wednesdays** **https://docs.google.com/document/d/1jI7udT-B81mc66hy_aMk1ybaA3xaUDvYvXIevCZSfUk/edit?usp=sharing**
        - Identify which groups would like which week, coordinate activities (informational, interactive, games, etc.)
            - Ex: SGA could do Jenga
        - Decide on whether we should book one location, recurring, or have each group decide what location works best for them
    - **APTT Dimensions of Connection Conference Funding Bill (10 min)**
        - Preliminary Funding Bill [Link]
            - Identify:
                - Cost breakdown, likely contribution of SLPG grant
                - Additional groups who'd like to fund/offer logistical support
- **Next Steps (10 min)**
    - Announcements
    - **Next Meeting: September 29th, 2018; 7 PM in the Gilman Atrium**

Groups Represented:

- SGA Exec
    - AJ Tsang, Aspen Williams
- SGA HSS Committee
    - Lauren Paulet, Dean Chien
- Active Minds
    - Daniela Barrio (alumna)
- APTT
    - Anna Koerner, Andrew Hellinger
- APO
    - Lauren Bernard
- SAAC
    - Jeremy Ratcliff, Michelle Abt, Hannah Miller
- Peabuddies
    - Sophia Lou
- Peabody Assembly
    - Alex D'Amico
- PEEPS
    - Lauren Bernard, Nancy Zhang, Sanam Bhatia, Caroline
- YesPlus
    - Arvind Goel, Neha Goel