

## INCUBATOR

**When?** 11<sup>th</sup> - 17<sup>th</sup> April 2023

**Where?** Stará Ľubovňa, Slovakia

**Who?** participants from Slovakia, Czechia, Estonia and Poland

**Contact:**

Centrum voľného času

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### TRAVELLING

Best airports for you to arrive at are: Vienna (Austria), Krakow (Poland), Budapest (Hungary), Poprad/Košice/Bratislava (Slovakia).

Slovakia: flights to Košice, Bratislava or Poprad (after arrival possible transport by buses or trains)

Poland: flights to Warsaw or Krakow (possible by buses/trains, but too complicated; we recommend to call a taxi)

**(A tip for Estonians - flights from Tallin to Warsaw and from Warsaw to Krakow. From Krakow to Stará Ľubovňa by taxi.)**

Austria: flights to Vienna (regular transport to Stará Ľubovňa through Bratislava)

Hungary: flights to Budapest (reregular transport to Stará Ľubovňa through Bratislava/Košice)

### WHAT TO BRING?

- snacks for one evening that you want others to taste and are specific for your country
- clothes for colder weather (if it gets cold, rainy or windy)

- sport clothes for some outdoor activities
- bring an additional shoes for outdoor/rainy or snowy weather (April in Slovakia is crazy)

## **KNOW-HOW SHARE**

Once during the meeting you will be given an opportunity to share some experience, skill, know-how, etc. You will be provided from 5 – 15 minutes. You can speak only, or prepare some presentation, activity, pictures, etc. – you can share whatever you consider useful, relevant for others in the future.

## **ACCOMMODATION**

1. In the Leisure Time Activity Center (common restroom for girls and the other common restroom for boys).
2. Hotel in the centre of the town 4 rooms for 2 people with their own restrooms.

## **FOOD**

- Breakfast - in the premises of the Leisure Time Activity Center .
- Lunch, dinner - we will make a reservation in various restaurants in the town.
- Snacks and coffee in the premises of the Leisure Time Activity Center .

Fill the application form here: <https://forms.gle/ZVr82i5bKRwV1FgYA>

IF YOU HAVE ANY QUESTIONS, FEEL FREE TO CONTACT US!



Erasmus+

|           | 11th April                                                                      | 12th April                                                                               | 13th April                                                                                    | 14th April                                                                               | 15th April                               | 16th April                                                                                                        | 17th April    |
|-----------|---------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------|
| Morning   |                                                                                 | breakfast<br>icebreaker/war<br>m-up<br>workshop<br>discussion                            | breakfast<br>icebreaker/war<br>m-up activity<br>visit to Espik<br>company in<br>Stará Ľubovňa | breakfast<br>icebreaker/war<br>m-up activity<br>action-bound<br>through Stará<br>Ľubovňa | a trip<br>(information<br>will be added) | breakfast<br>warm-up/icebre<br>aker activity<br>evaluation of<br>photographic/di<br>gital skills task<br>kayaking | departure day |
| Afternoon |                                                                                 | lunch<br>present different<br>opinion activity<br>presentation of<br>youth<br>parliament | lunch<br>visit to<br>Viktoria's<br>gardens                                                    | visit to Ľubovňa<br>Castle,<br>discussion with<br>an employee of<br>the castle           |                                          | lunch<br>evaluation of<br>the meeting in<br>Stará Ľubovňa                                                         |               |
| Evening   | travel and<br>arrival day<br>lodgings<br>dinner<br>get-to-know-yo<br>u activity | tasting some<br>specific snack,<br>sweets, etc.<br>free time                             | sharing<br>know-how/skills<br>/experiences<br>among the<br>participants                       | presentation of<br>Educational trail<br>project<br>barbecue in a<br>forest park          |                                          | dinner<br>goodbye party                                                                                           |               |