

Healthcare Service Opportunities

Looking for healthcare service opportunities? You've come to the right place! This is a comprehensive list of community partners where students frequently volunteer in the healthcare field. Opportunities on this list include:

Hospital Volunteering
Occupational Therapy
Hospice Care
Senior Living
Summer Opportunities
Teen Volunteering Databases

John Muir Health Student Volunteer Program

Students who are interested in volunteering, please email Miss Grieb. The College & Career Center is keeping a running list of students who are interested in volunteering. When spaces become available, students will be notified based on the waitlist. Depending on the length of the waitlist, you may need to wait a semester or more until you are contacted regarding an application. [Learn more about this program on their website.](#)

Other Hospital Programs

[Kaiser Health Student Volunteer Program](#) (app opens March 2026)

[Contra Costa Health Service Student Volunteer Program](#)

[Martinez VA Medical Center Student Volunteer Program](#)

[Washington Hospital Healthcare System Student Volunteer Program \(Fremont\)](#)

CNA Certification

Occupational Therapy

A Hop, Skip and a Jump Ahead - Pediatric Occupational Therapy (Juniors & Seniors)

Volunteer with a pediatric social skills group in Walnut Creek. In these groups, children practice

interacting with peers in a natural, safe and supported environment while playing fine and gross motor games. Volunteers would be mentored in learning hands-on skills and assist with the groups. To learn more about this program, [check out their website](#). To find out more and express interest in volunteering, contact Nan Arkwright, MOT, OTR/L at nan.arkwright@gmail.com or (925) 930-6292.

Hospice Care

VITAS Healthcare Student Intern Volunteers

VITAS offers a variety of volunteer opportunities ranging from administrative tasks to accompanying patients. All volunteer opportunities are posted on their website and you can apply online. [All Volunteer Opportunities](#)

Senior Living

Contact the following volunteer and activities coordinators to set up an ongoing volunteer commitment!

Aegis Senior Living

Volunteer Contact: Rochelle Balancio (Rochelle.Balancio@aegisliving.com)

Carlton Senior Living

Volunteer Contact: JC Paleja (jpaleja@carltonseniorliving.com)

Concord Senior Center

Check out their [volunteer website](#) for opportunities!

Tampico Terrace

Volunteer Contact: Ser Magne Roxas (recreation@tampicoterrace.com)

Sunrise Senior Living - Walnut Creek

Volunteer Contact: Cindy Smith (WalnutCreek.AVC@sunriseseniorliving.com)

Summer Opportunities

American Red Cross Leadership Development Center

June 23-25, 2025

Cost: Free

Application due: April 15, 2025

4-day youth development conference brought to you by the American Red Cross Northern California Coastal Region. This year's Leadership Development Center provides opportunities for youth ages 13-18 to develop and cultivate core leadership skills such as teamwork, public speaking and diversity awareness, while adapting to current social distancing practices. Through presentations and small group discussions, LDC delegates will participate in workshops on Red Cross topics including disaster preparedness, diversity, international services and more. We hope to build an understanding of our communities we are a part of while at camp and to help participants become young leaders.

<https://www.redcross.org/local/california/northern-california-coastal/volunteer/leadership-development-center.html>

DVC Health Careers Summer Institute

This course will provide an overview of educational pathways to a healthcare career as well as real world experience of working in the health care system. Emergency Preparedness and Public Health will be heavily addressed, and explored through guest speakers and lectures. A strong online certification component (FEMA, Stanford University, John Hopkins University, NFHS, etc.) will be included and an intensive and comprehensive practical based laboratory will explore clinical diagnostic and therapeutic procedures. This class is designed for students preparing to enter college and provides basic skills as well as perspective for educational and career considerations in the field of Health care. [Go to the website](#) for more information.

Stanford Tri-Valley Clinical Academy (Pleasanton)

July 21-August 1, 2025

Two-week immersive program tailored to high school students interested in healthcare careers. The program consists of interactive activities, lectures (i.e., heart, lung, and brain dissections, CPR certification, bronchoscopy, ultrasound, and peripheral IV insertion) to expose students to clinical medicine while allowing them to network with Stanford faculty and staff.

<https://med.stanford.edu/shvca/home.html>

FACES Summer Medical Academy

June 16-27, 2025

Since 2005, FACES Summer Medical Academy has provided high school students ages 15+ with in-depth, hands-on opportunities to explore their interests in health, medicine, and clinical skills. Students participate in 2 weeks of exciting learning activities with a variety of health professionals. [Click here for more info.](#)

Mentoring in Medicine & Science, Inc. Summer Internship

Career exploration for students of color

Mentoring in Medicine & Science, Inc. (MIMS) offers a 4-week summer internship (full time) where students are immersed into direct patient observation, shadow mentors in patient care settings, interact with a broad spectrum of health professionals and attend daily skills/leadership development seminars. Eligibility: Be at least a 10th grader, be from a population/group that is underrepresented in the health professions, have an interest in pursuing a health career, be available to participate in the full time, 4 week program. Program location: Highland Hospital and Samuel Merritt University. Applications will be available in January.

[The Summer Internship](#)

UCSF Benioff Children's Hospital - Oakland (Ages 16-17)

UCSF offers a summer volunteer program for high school students (16-17 years old). This program offers students the opportunity to volunteer in a hospital setting, provide comfort to patients and gain valuable experience. To be a summer volunteer you are required to be 16-17 years old and commit to serving once a week for a 3-4 hour shift. Info about applying to the UCSF summer volunteer program will be available in December/January. [Become a Volunteer](#)

Can't find what you're looking for?

If none of the above volunteer opportunities seem like a good fit, check out the website(s) below to search for more opportunities.

TeensVolunteer.org

TeensVolunteer.org is a free service that connects teens with the latest volunteer opportunities in California. Through our website, nonprofit organizations can post their volunteer listings, and teens can sign up via the TeensVolunteer platform. Browse opportunities [on their website](#). You can also view opportunities in [Contra Costa County](#).

VolunteerMatch.org

VolunteerMatch.org is a free online database connecting non-profit organizations with volunteers. Students can find opportunities based on their location and area of interest including animals, arts & culture, children, community, computers & technology, education, health & medicine, seniors, and more. Check out opportunities [on their website](#).

Consider private clinics:

Veterinary

Dentistry

Optometry

Physical Therapy

Senior Citizen Rehabilitation

Become CNA Certified

Ask people you know if they are aware of any health-related opportunities.