Supply List:

Have those items that you can not paint without nearby for their use.

Surface:

White copy paper

A practice surface such as poster board (found at Walmart) or the backs of cereal boxes--Background the practice surfaces with your choice of light blue (JoSonja's Sky Blue or Raindrop or maybe Williamsburg blue (DecoArt Americana) An off white would be OK, too JoSonja's Island Sand would be good). Maybe more that one color for experimenting with palette colors.

Brushes: These brushes are good if you are an acrylic or oil painter.

KingArt: 9500 #1 filbert (#2 optional)

9050 #1 Script liner

Or similar brushes of good quality Sponge brush for backgrounding

Paints and Mediums: JoSonja's

All Purpose Sealer (For use with acrylic background paint—you do not need if backgrounding with oil paints

Flow Medium,

Magic Mix

Gel (Extender)

Burnt Umber

Storm Blue

Oil paints and Mediums:

Burnt Umber

Prussian Blue

Burnt Sienna

Brush cleaner

Boiled Linseed Oil, Walnut oil or you favorite medium

More supplies:

Sandpaper or a paper lunch bag

Chalk

Pencil and/or pen

Palette (a Styrofoam plate or tray)

Paper towels

For: Acrylics: Container for water to clean brushes

Small containers for Flow Medium, Magic Mix and Gel

Scissors

Tracing paper (unless you will be free handing which I will encourage)

Backgrounding instructions

Begin with surfaces of about 8 ½" x 11"

If necessary, sand to remove any rough areas

Remove sanding dust

With Sponge brush, apply 1 coat of paint to the surface

Allow to dry
Sand
Remove sanding dust
Mix a second coat of paint with All-Purpose Sealer 1:1
Apply
Allow to dry
The surface is now ready for painting