

# PSY 311 Module 3: Overview

- Read Chapter 5
- Read Chapter 6
- Review recently posted class announcements
- Optional: Peruse the additional resource folder for access to additional materials related to this module
- Assessments of Module 3 Learning Objectives:
  - Discussion 3 participation with at least 2 fully formed posts; review feedback after it is graded
  - Quiz 3 completion; review correct answer for any missed questions

## Learning Objectives

- Identify stages of infant and toddler cognitive, language, and physical development
- Identify sensitive periods in brain development
- Examine the diverse approaches and cultural influences in development and parenting
- Analyze the impact of caregivers and environmental influences on infant and toddler cognitive and physical development
- Identify the stages of infant and toddler social emotional development
- Identify adaptive development and identity development
- Examine the diverse approaches and cultural influences in development and parenting in relation to social emotional development and identity
- Analyze the impact of caregivers and environmental influences on development

## Resources

- [Inbrief: The Science of Early Childhood Development](#). Retrieved from Center on the Developing Child Harvard University. The article talks about brain development throughout infancy and into childhood. The article uses several weblinks to explain the neurodevelopment during this time period. The article explains the bottom up information processes, genetics affecting brain development, cognitive, social, and emotional connections through environmental influences.
- [The Secret Life of The Baby's Brain](#). Retrieved from YouTube. The video gives a biological and psychological perspective of infant brain development. The video

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is 55 minutes long. This video talks about a two-week-old premature baby's brain development. This video also explains how the brain is developed by following specific directions from the genetic code.

- [Sleeping – Child Development and Parenting \(0 – 2\)](#). Retrieved from Grace Point Wellness Website. The website goes over what is considered a healthy sleep pattern for infants. It also explains healthy nutrition to ensure healthy sleep patterns and how sleep can affect learning. The website has tons of other outside resources attached to it that lead to infant development stages, parenting an infant, hygiene, and etc.
- [How baby brains develop](#) This video gives a quick explanation of brain development from the start of our lives.
- [Sensory Development Milestones in a Newborn's First 12 Months](#) This article gives information on how the first year will look like for a baby and what to expect regarding their growth in that time.
- [What's in breast milk?](#) This article shows the importance of breast milk for the developing baby by highlighting the nutrients that are present.
- [Freud's Theory of Psychosexual Development Explained](#) This video explains Freud's psychosexual theory and it's pertinence in the first few years of development as well as through the stages of life.
- [Children's Nutrition: What They Eat Matters Now and Later](#) In this video, the significance of a child's diet is explained. Prevention of major diseases through the diet is also discussed.
- [Early Development & Well-Being](#) This is a web page that is full of articles and additional reading sources. There are links to videos on child development that cover the first years of an infant's life.
- [Stages of Brain Development in infants](#) This short video explains the stages of brain development in infants in a way that is easy to understand. It is an easy watch but packs a big punch of information.
- [UNICEF: Developmental Milestones in Children](#) This video gives a thorough overview of the developmental milestones and why they are important. It tells what to look for at what time and how to engage and stimulate them.
- [U.S. Department of Agriculture: Infant Nutrition](#) This site offers links to many different resources that involve infant nutrition guidelines from breastfeeding to vegetarian diets. It's a good cumulation of articles to review for further learning.
- [The genius of babies](#) This ted talk is an interesting talk about how cognition in babies is tested. She describes an experiment that uses broccoli and goldfish crackers to show the thought process in infants.

