

Aspire Counseling & Consulting

134 Broad Street, Suite 7
Stroudsburg, PA 18360
(570) 421-7868
Fax: (570) 421-7820
info@aspirecounselingllc.com

Blossoming Figs Psychological Services Llc

{Dr. Sussie Eshun}
223 Washington St Ofc
East Stroudsburg, PA 18301
(570) 424-6734

Blue Lotus Counseling & Consulting Services

586 Main Street Ste. 12
Stroudsburg, PA 18360
(570) 534-0324
(570) 280-7937

Calm the Storm

225 Hickory Drive
Saylorsburg, PA 18353
(267) 762-2828

Caroline Johnston, LCSW (Family Therapy)

39 North 7th Street Unit 201
Stroudsburg PA 18360
(570) 664-6658
<https://www.cjohnstontherapy.com/about>

Chelsea C. Markopoulos

25 North 6th St.
Stroudsburg, PA 18360
(908) 319-8488

Colleen Schaufele (Family Therapy)

20 Delaware Avenue
Suite 205
Delaware Water Gap, PA 18327
(570) 882-2585

Stroudsburg Location
874 Scott Street
Stroudsburg, PA 18360
(570) 882-2585

Community Counseling Services

{Dr. Enrique Lirag, MD}

51 Market Street

Bangor, PA 18013

866-880-7927

610-588-9109

FAX 610-588-5016

<http://www.methodistservices.org/>

Connections Counseling Services LLC

Kristen Marsar-Perez, LCSW

Cheryl Torres, LCSW (Bilingual – Spanish)

Shahida (Shae) Jones, LSW

Matthew Hooper, MS, LPC

Stroudsburg Location

Connections Counseling Services

1300 North 5th St Suite 102

Stroudsburg, PA 18360

Phone: 570-424-5100

Fax: 570-424-5100

Marshalls Creek

Connections Counseling Services

317 Dartmouth Dr Unit 3

Marshalls Creek, PA 18335

Phone: 570-730-4211

Fax: 570-730-4214

<https://connectionsounselingservicesllc.com>

Dustan A. Barabas, P.C.

{Dr. Dustan Barabas, Anna Gaitanos, M.ED., LPC, Eugene L. VanBurch, MSW, LCSW}

930 N 9th St, Stroudsburg, PA 18360

(570) 629-4900

<http://poconopsychologist.com/index.html>

East Penn Psychiatric Association

{Dr. Abdo Saba}

190 Washington Street

East Stroudsburg, Pa. 18301

570-421-9200

East Stroudsburg Counseling Associates (Family Therapy)

529 Seven Bridge Road Suite 101

East Stroudsburg, PA 18301

(272) 200-3447

Emotional Support Services (Family Therapy)

32 N 10th St.
Stroudsburg, PA 18360
(570) 426-1699

Forensic Counseling Associates

Sarah Albright, LPC	Karen Holcomb, LSW
Sara Zegalia, ATR-BC, LPC	Roberta Fratzola, LPC
Donna Watson, LPC	Bill Burkit, ATR-BC, LPC

Lori Feneck, LCSW
Carol Haupt, MS, LPC

Mt. Pocono: 1385 Pocono Blvd., Mt. Pocono, PA 18344
Avoca: 639 Main St, Avoca, PA 18641
Phone: 570-476-7704
Fax: 570-421-3600
Hours: Mon - Sat 8am - 6pm
ForensicCounselingAssociates@gmail.com
<http://www.forensiccounselingassociatesllc.com/home.html>

Geisinger Medical Group Mount Pocono

{Dr. Richard Somma}
126 Market Way
Mount Pocono, PA 18344
(570) 839-3633

Heather Sportelli

529 Seven Bridge Rd Unit 207
(570) 399-0504

Honesdale Behavioral Health

Stourbridge Professional Complex
600 Maple Avenue, Suite # 6
Honesdale, PA 18431
Phone (570) 253-8219
Hours: Monday through Friday 8 am – 4 pm by appointment only.

Hope Counseling and Behavioral Services, LLC (Family Therapy)

{Ana Mercedes Velez MSW, LCSW, BCD}
1023 Interchange Road
Gilbert, Pennsylvania 18331
??(570) 279-4948??
(610) 681-5389
<http://www.hopecounselingbehavior.com/index.html>

Integrative Counseling

NEW MILFORD

52 Summit Street
New Milford, PA 18834

Phone: 570-465-2080

Fax: 570-465-2081

becky@integrativecounselingpc.com

Kimberly DeBoer

134 Broad St.
Stroudsburg, PA 18360
(570) 872-9323

Live Life Counseling and Psychotherapy Services LLC (Family Counseling)

804 Sarah Street
Suite 304
Stroudsburg, PA 18360
(272) 200-3484

Main Street Counseling Center (Family Counseling)

{Paul Boggia, LCSW}
Dominick A. Lockwood Business Center
600 Main Street
Suites 120 & 122
Stroudsburg, PA 18360
570-421-3670(phone)
570-421-3689 (fax)
<http://www.mainstreetcounselingcenter.org/index.html>

MindBridge Group, LLC (Family Therapy)

126 Market Way
Mount Pocono, PA 18344
(570) 580-4067

Olive & Oak Psychology Center *NEW*****

Dr. Ashley Gilbert
1219 N. 5th St.
Stroudsburg, PA 18360
(570) 560-6096

Pike County Behavioral Health

{Jennifer Smetana LCSW}
Psychotherapy
750 Route 739 Suite D
Lords Valley, PA
Phone: 570-775-4081
Fax: (570) 775-6177
<http://www.wmh.org/find-a-doctor>

Pinebrook Family Answers

16 South Broadway, Suite #2
Wind Gap, PA 18091
610-863-8151
<http://pbfalv.org/programs/counseling/>

Pocono Behavioral Wellness, LLC (Bilingual/Spanish)

{Eileen Brito, LCSW; Jeffrey Reichl, LPC; Zoadya L. Martinez, LPC}
745 Main St. Suite 204
Stroudsburg, PA 18360
Office: 570.994.2664
Fax: 570.694.6694
poconobehavioralwellness@gmail.com
<http://www.poconobehavioralwellness.com>

Pocono Counseling Associates

105 Terrace Drive
Suite 102
Stroudsburg, PA 18360
(570) 664-8435

Pocono Psychological Services, LLC

Laura P. Melber, *M.A., PA Licensed Psychologist*
Douglas A. Trook, *Ph.D., PA Licensed Psychologist*
Maribel Garcia-Jones, *Psy.D., PA Licensed Clinical Psychologist (bi-lingual/Spanish)*
Lewis Krieg, *M.Ed., PA Licensed Psychologist*
Lauren Lane-Herman, *Psy.D., ABPP, Board Certified PA Licensed Clinical Psychologist*
Brenda L. Hoff, *M.A., Psychotherapist/Co-Parent Facilitator*

408 Scotrun Avenue
Box 325
Scotrun, PA 18355
Email: ppscare@ptd.net
Phone: 570.688.2929
Fax: 570.688.0022
www.PoconoPsychologicalServices.com

Positive Intentions, LLC

78 South Courtland Street Ste 3, 2nd Floor

East Stroudsburg, PA 18301
(570) 799-8405

Profound Perspectives Counseling

134 Broad St., Ste 2
Stroudsburg, PA 18360
(570) 856-4232
counseling@profoundperspectivesllc.com

Restorative Family Services, LLC (Family Therapy)

{Prunella Harris LCSW, Monique Sheppard}
529 Seven Bridges Rd. Suite 205
East Stroudsburg, PA 18301
(570)-807-0267
info@restorativefamilyservices.com
<http://restorativefamily.com/>

The Rose Resiliency Center* CLOSED**

{Dr. Nirmala Yarra, M.D; Dr. Igor Yamplosky, M.D; Dr. Anil Saxena, M.D}
2557 Route 940 – Suite 102
Pocono Summit, Pa. 18346
866-992-9143
570-972-8943
Fax: 570-839-5392
<http://www.roseresiliency.org/>

IBHS (Intensive Behavioral Health Services)

Merakey

Behavioral Health for Children and Adults
912 Main Street, Suite 202, Stroudsburg, PA 18360
570-424-9229

Behavioral Health for Children and Adults
1151 Pocono Boulevard, Mt. Pocono, PA 18344
570-839-3097

Main Line: 888-647-0020
<http://www.merakey.org/contact.html>

Pathways Community Services

Christine Moshinskie, MS
Regional Director
christine.moshinskie@pathways.com
Ph: (570) 424-6221 ext. 118

Carbon & Monroe Counties
528 Seven Bridge Road Suite
246 East Stroudsburg PA 18301
Phone: (570) 424-6221
Fax: (570) 424-6171

Pike County
10 Buist Rd, Suite 301
Milford Professional Park
Milford, PA 18337
Phone: (570) 296-6915
Fax: (570) 296-6913

Other BHRS Providers:
[BHRS Full List](#)

Grief Support and Counseling

The Compassionate Friends / Pocono Chapter

Teresa Myers, Chapter Leader 570-839-9612

Monthly Meeting Schedule

When: 2nd Thursday of every month

Where: Our Lady of Victory Church

327 Cherry Lane Road

Tannersville, PA 18372

Time: 7:00 to 9:00 PM

<http://www.tcfpoconochapter.org/About-Us.html>

Family Treatment Associates

117 Broad Street Stroudsburg, Pennsylvania

570-424-6049

<http://www.familytreatment.org>

Foundations Christian Counseling

Rainbow Plaza

1546 Rte 209, Suite 106

Brodheads ville, PA 18322

Phone: (877) 414-HOPE or (570) 402-5088

E-mail: fjacoby@foundchristcounsel.org

BRODHEADSVILLE, PA: 570.402.5088

MT. POCONO, PA: 877.414.HOPE

<http://www.foundchristcounsel.org>

Comprehensive Psychological Services

Dr. Sara J Cornell, Licensed Psychologist
Offices in Blakeslee, Hazleton & Kingston
Route 940
906 Route 940, Liberty Plaza, Suites 109/110
Pocono Lake, Pennsylvania 18347
(570) 266-7655
570-643-0222
DrCornell16@yahoo.com

Beth L. Raiola, MS, LBS, BCBA

Contact's Position Executive Director & Board Certified Behavior Analyst
Contact's Phone 570-216-3900
Contact's Email researchdir1@aol.com
Physical Site Address 1 109 Plaza Dr.
Physical Site City, State, Zip Pocono Summit, PA 18346
Mailing Address 1 6506 Runneymead Lane
Mailing City, State, Zip Tobyhanna, PA 18466
Mail Attention To ABA Therapy Services, LLC
Main Phone 570-216-3900
Emergency/After Hours Phone 570-216-3900
Fax 570-507-5705
Service Location Email researchdir1@aol.com

*Must have an Autism Diagnosis

RedCo Group
Now called Pathways of PA

Contact's Phone 570-420-8070

Physical Site Address 1 564 Main Street

Physical Site Address 2 2nd Floor

Physical Site City, State, Zip Stroudsburg, 18360

TDD Phone TYY (570) 517-0255 (for hearing impaired)

Service Location Emailmail@redcogrp.com**Web Address**www.redcogrp.com

Screening occurs over phone and if eligible intake scheduled within 7 days for OP - other services require prior authorization from CCBH.

Center for Human Growth

233 East Brown Street
East Stroudsburg, PA 18301
(570) 424-5043

(570) 424-5121

Linda Van Meter

134 Broad Street
Stroudsburg, PA 18360
(570) 476-1955

Catholic Social Services

411 Main Street
Stroudsburg, PA 18360
(570) 476-6460

Martin J. Diorio

243 East Brown Street
East Stroudsburg, PA
(570) 424-2929

Pocono Guidance Center

Village Park Medical Center
Mt. Pocono, PA 18344
(570) 646-3909

Anthony Drago

79 S. Courtland Street
East Stroudsburg, PA 18301
(570) 421-7077

Ann Carlin

1385-A Cherry Valley Road
Stroudsburg, PA 18360
(570) 424-2480

Scott Smickley

N Courtland Street
East Stroudsburg, PA 18301
(570) 476-6301

Anne Hornkohl

37 Dansbury Terrace
East Stroudsburg, PA 18301
(570) 420-1371

Bruce Snyder

117 Broad Street
Stroudsburg, PA 18360
(570) 424-6049

Karen Livingood

18 S. Seventh Street
Stroudsburg, PA 18360
(570) 424-0336

William Van Meter

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37 Dansbury Terrace
East Stroudsburg, PA 18301

Roberta Small

523 Sarah Street

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570-620-6911

Sharon Kennedy

134 Broad Street, Suite 3
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570-807-7159

Joanne Storer

1056 Rt 390
Mountainhome, PA 18342

Helen Heeren
Clinical Social Work/Therapist, PhD
523 Sarah St
Stroudsburg, Pennsylvania 18360
(570) 503-6969

570-595-0950

Jean Falzon

495 Lake Rd
Canadensis, PA 18325
570-595-6055

Dr. Martha Turnberg

419 A King St
East Stroudsburg, PA
570-424-8657

Pediatricians

Zahra Pediatrics
Dr. Moiz Mohyuddin
Dr. Ramlah Vahanvaty
419 King Street
East Stroudsburg, PA 18301



(570) 424-8300



(570) 424-8301