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AGOGE NEW IDENTITY TEMPLATE

The Ideal Version of Yourself 3-6 Months From Now

My Power Phrases (2-3)

- I always strive to make my bloodline proud
 - I am the provider
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My Core Values (2-3)

- Dominance
 - Pride
 - Adeptness
-

My Daily Non-Negotiables (2-3)

- All The Agoge Calls, Burpees, And Assignments including the daily checklist.
- Gym everyday
- Spend time with family

My Goals Achieved

- 10 k in a single month

I look at my bank account and a sensation of pride hits me. My first 10 k month. This is what I have been fighting for so long to finally accomplish.

- Landing my first cold outreach client

I just got off the sales call. Joy and excitement hit me... I did it, my first cold-outreach client. This is a big milestone for me because it proves I can get clients all on my own, just by the skill I possess.

My Rewards Earned

- I just went and picked up the package. Inside is my dad's dream watch. He's been wanting this watch for almost a decade. A Blancpain 50 Fathoms. I got it for him on his 60th birthday, a day he will never forget. An immense sense of pride rushes throughout my body as I rush home to reveal my gift for him. He tells me how proud he is and knows how hard I have worked to be able to afford him this watch. "The best birthday in a long time" he says.
- I just packed my bags. Next stop Athens, Greece. Ever since I can remember I have been wanting to visit. The incredible history that place possesses truly amazes me. How one city can have been so great is something I don't fully understand.

My Appearance And How Others Perceive Him

- I just left the tailor. My first world class level suit is finally ready to be worn. A high level suit is a true sign of a successful man. I put on my brand new Cartier Santos. I look in the mirror and a sense of pride fills my soul. All the hard work has allowed me this. People treat me with a greater amount of respect and I feel more confident than ever. Ready to conquer the world!
- I look at the pictures of myself six months ago and then I look in the mirror. I barely recognize myself. Six months of hard work in the gym and the results speak for themselves. I have grown into a truly powerful man, ready to conquer the world.

My Day In The Life Stories.

- I wake up early, well rested after a good night's sleep. Straight to the laptop to watch today's powerup call. The call inspires me and gives me valuable insights. After this I begin my daily tasks. The sun hits me and warmth spreads across my body. After the day's first G work session I close the laptop and head to the gym. In the gym I feel ultra powerful, the hard work is paying off. Home again I take a shower and put on my newly tailored clothes making me feel confident and respect worthy.
- After a good breakfast I make myself ready for the day's second G work session. My desk is clean and the room oozes professionalism. With concentrated focus I am able to finish the project I have been working on for a long time. I waste no time sending it over to my client. My goal of getting my first 10 k month is closer than ever before!
- I make my way up to the kitchen. My mother has just finished making lunch and I join the family for a nice, warm meal. We conversate and she tells me how proud she is of me and that she knows how hard I work to make my dreams come through.
- Back in my room I check in with my client and they loved the project! I close the laptop and head to bed. Before sleep I review the day's wins and opportunities

for improvement. I make up plans on how to improve the next day and visualize myself achieving the goals I set up. As I drift into sleep I feel ready to rise the next day and conquer.

(ADD IMAGES BELOW)



