

YCP YAY

# YCP Lesson Structures S26

## Theme List:

**frögstreet** PROGRAM COMPONENTS

**THEMATIC TEACHING GUIDES**

*Frog Street Threes, designed around the latest brain research, includes 36 weeks of instruction designed specifically for three-year-olds. Activities are presented in nine thematic teaching guides.*

<p><b>THEME 1</b> <b>Awesome Me</b> <b>Soy fantástico</b> Week 1: Physical Me Week 2: Feeling Me Week 3: Social Me Week 4: Curious Me</p>	<p><b>THEME 2</b> <b>My Family and Friends</b> <b>Mi familia y mis amigos</b> Week 1: Immediate Family Week 2: My Relatives Week 3: Pets Week 4: My Community</p>	<p><b>THEME 3</b> <b>Color, Shape, and Size</b> <b>Color, forma y tamaño</b> Week 1: Color Week 2: Shape Week 3: Size Week 4: Multiple Attributes</p>	<p><b>THEME 4</b> <b>Safe and Healthy Me</b> <b>Me cuido y soy saludable</b> Week 1: Safe Me Week 2: Healthy Me Week 3: Eating Well Week 4: Active Me</p>	<p><b>THEME 5</b> <b>Favorite Tales and Rhymes</b> <b>Cuentos y rimas preferidos</b> Week 1: Hen Tales Week 2: Mouse Tales Week 3: Tales of Three</p>	<p><b>THEME 6</b> <b>Creative Me</b> <b>Soy creativo</b> Week 1: Things Kids Do Week 2: Recycled Treasures Week 3: Experimenting Week 4: Designing/Building</p>	<p><b>THEME 7</b> <b>On the Go</b> <b>En camino</b> Week 1: Places Kids Go Week 2: Wheels Week 3: Wings Week 4: Water</p>	<p><b>THEME 8</b> <b>Amazing Critters</b> <b>Animales increíbles</b> Week 1: Crawling Critters Week 2: Flying Critters Week 3: Hopping Critters Week 4: Scaly &amp; Slithering Critters</p>	<p><b>THEME 9</b> <b>Animals</b> <b>Animales</b> Week 1: Zoo Animals Week 2: Farm Animals Week 3: Ocean Animals Week 4: Circus Animals</p>
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Although *Frog Street Threes* is organized by themes, domain specific activities and experiences are integrated into each day of instruction. Neuroscientists point out that brain wiring is specific to domains. For more information about developmental domains, see pages 34-52.

# 1/30/26 - Snow Themes

**Hello Song:** Where is...

To the tune of Frere Jacques, sing each kids name

Where is [blank], Where is [blank]

*\*look for them\**

There you are, There you are

Welcome to Music Class, Welcome to Music Class

We're glad you're here, so glad you're here

**Body Warmup:** Stretch up to the sky and rag doll

**Vocal Warmup:** Sledding with a Toy

Use a finger puppet and have them vocally follow as if he were riding on a sled

**Beat Activity: I'm a Little Snowman**

I'm a little snowman, short and fat

Here are my buttons

Here is my hat

When the sun comes out

I cannot play

Slowly, I start to melt away

**Creative Movement:** <https://www.youtube.com/watch?v=mX8gxxvqDyg>

**Singing Activity: If You Love the Snow today**

If you love the snow today,

snow today, snow today

If you love the snow today,

Stand up and shout "Hooray!"

(Change the weather each time, ex. Sun, rain, clouds, wind)

**Call and Response (IF WE NEED MORE ACTIVITIES, THEY LOVE THIS ONE SO MUCH):**

Charlie Over the Ocean

**Goodbye Song:**

I'll wave to you *\*while waving at each other\**

You'll wave to me

High up in the sky, sky sky *\*reach up in the air\**

I'll wave to you *\*while waving at each other\**

You'll wave to me

Let's all wave good bye, bye, bye

# 2/6/26 - Things Kids Can Do

**Hello Song:** Where is...

To the tune of Frere Jacques, sing each kids name

Where is [blank], Where is [blank]

*\*look for them\**

There you are, There you are

Welcome to Music Class, Welcome to Music Class

We're glad you're here, so glad you're here

**Body Warmup:** Shakedown

Start at 8, shake down to 1

**Vocal Warmup:** Vocal Exploration with a Toy

In a spaceship, on some swings

**Finger Play:** Round and Round the Haystack (change tempo)

**17 Round and Round the Haystack**

“Round and round . . .”      “One step . . .”      “. . . little house”

Round    and    round    the    hay -    stack

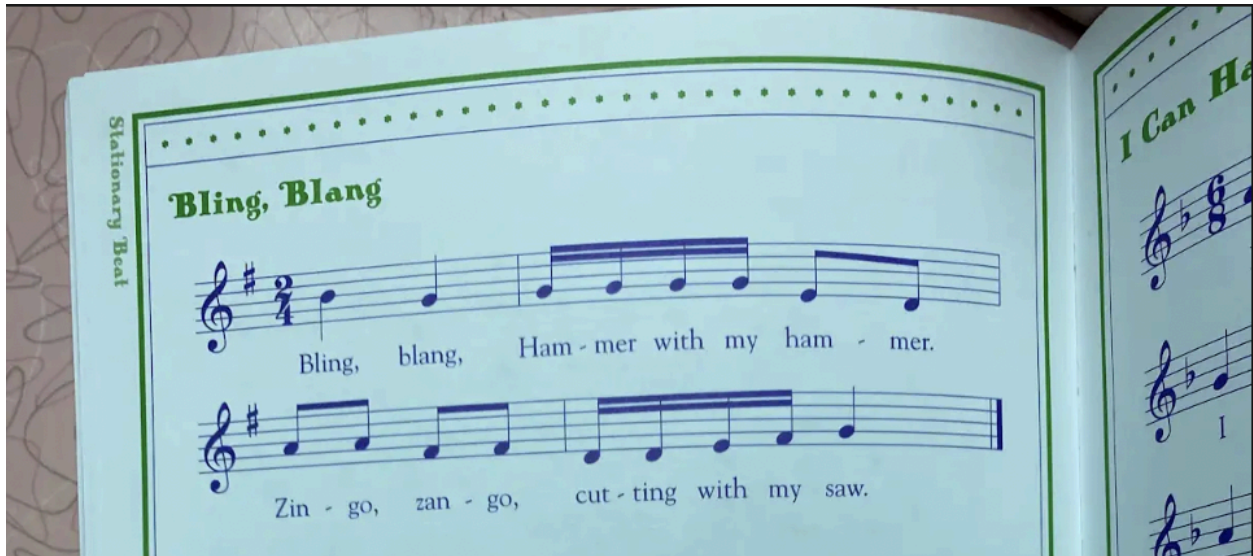
Went    the    lit -    tle    mouse.

One    step,    two    steps,

In    his    lit -    tle    house.

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**Beat Activity:** Bling, Blang (change dynamics)



**Creative Movement:** <https://www.youtube.com/watch?v=ztUT6pe-VwY>

**Call and Response:** Charlie Over the Ocean

**Creative Movement:** The Wheels on the Bus

The wheels on the bus go round and round

Round and round, round and round

The wheels on the bus go round and round

All through the town.

The wipers on the bus go "Swish, swish, swish,

Swish, swish, swish, swish, swish, swish"

The wipers on the bus go "Swish, swish, swish"

All through the town.

The people on the bus go, "chat, chat, chat,

Chat, chat chat, chat chat, chat

The people on the bus go, " chat, chat, chat

All through the town.

The horn on the bus go "Beep, beep, beep

Beep, beep, beep, beep, beep, beep"

The horn on the bus go "Beep, beep, beep"

All through the town.

**Goodbye Song:**

I'll wave to you \*while waving at each other\*

You'll wave to me

High up in the sky, sky sky \*reach up in the air\*

I'll wave to you \*while waving at each other\*

You'll wave to me

Let's all wave good bye, bye, bye

## 2/13/26 - Recycled Treasures

**Hello Song:** Where is...

To the tune of Frere Jacques, sing each kids name

Where is [blank], Where is [blank]

*\*look for them\**

There you are, There you are

Welcome to Music Class, Welcome to Music Class

We're glad you're here, so glad you're here

**Body Warmup:** Stretch up to the sky and rag doll

**Vocal Warmup:** Grandma's Glasses (more of a repeat after me game this time)

Recite first verse in a high pitched voice:

These are Grandma's glasses (Make glasses over eyes with fingers)

This is Grandma's hat (Place hands on top of head)

And this is the way she folds her hands (Clasp hands together)

And lays them in her lap (Place hands in lap).

Recite second verse in a deep voice:

These are Grandpa's glasses (Make bigger glasses shapes over eyes with fingers)

This is Grandpa's hat (Place hands over head to form a large hat)

And this is the way he folds his arms (Cross arms)

And takes a little nap (Place head on arms as if sleeping).

**Beat Activity:** The Monkey Stomps Their Feet

The Monkey Stomps His Feet

The mon - key stomp, stomp, stomps his feet. The  
mon - key stomp, stomp, stomps his feet.  
Mon - key see, mon - key do, The  
mon - key does the same as you.

The image shows a sheet of music for the song 'The Monkey Stomps His Feet'. It features four staves of music in a simple, child-friendly style. The first two staves are identical and contain the lyrics 'The mon - key stomp, stomp, stomps his feet. The mon - key stomp, stomp, stomps his feet.' The third and fourth staves contain the lyrics 'Mon - key see, mon - key do, The mon - key does the same as you.' The music is written in a single treble clef with a key signature of one flat (Bb) and a 2/4 time signature. The notes are simple quarter and eighth notes, making it easy for children to learn and play.

**Singing with Movement:** Heads, Shoulder, Knees and Toes (do this seated)

**Singing with Movement:** Sleeping Bunnies

See the bunnies sleeping till it's nearly noon

Shall we wake them with a merry tune?

They're so still, are they ill?

No! Wake up bunnies!

Hop little bunnies, hop, hop, hop

Hop little bunnies, hop, hop, hop

Hop little bunnies, hop, hop, hop

Hop little bunnies, hop and stop!

**Creative Movement:** <https://youtu.be/EGSj6lea3c4?feature=shared>

**Singing Activity:** City Line

Instruct kids to pretend they're driving cars around the classroom

Within the song they honk their horn, answer phones, say "shh shh!"

IF WE NEED MORE: Los Politos

## Los pollitos

Mexican folk song



Los pol-li-tos di-cen, pí-o, pí-o, pí-o, cuan-do tie-nen ham-bre, cuan-do tie-nen frí-o.

La gal-li-na bus-ca, el ma-íz y el tri-go, les da la co-mi-da, y les pres-ta a-bri-go.

Ba-jo sus dos a-las, a-cur-ru-ca-di-tos duer-men los pol-li-tos has-ta el o-tro dí-a.

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**Goodbye Song:**

I'll wave to you \*while waving at each other\*

You'll wave to me

High up in the sky, sky sky \*reach up in the air\*

I'll wave to you \*while waving at each other\*

You'll wave to me

Let's all wave good bye, bye, bye

## 2/27/26 - Designing/Building

**Hello Song:** Where is...

To the tune of Frere Jacques, sing each kids name

Where is [blank], Where is [blank]

*\*look for them\**

There you are, There you are

Welcome to Music Class, Welcome to Music Class

We're glad you're here, so glad you're here

H E L L O, this is how we say hello, move your feet to the beat, can you feel my heart beat,

Do it again, but quiet.

Again, loud.

**Body Warmup:** Yawning, reach for the sky, "picking flowers",

Singing/ fingerplay

Here's a hous

# If You're Happy And You Know It

Traditional

Lively (♩ =  $\overset{3}{\text{♩}}$ )

**f** If you're hap - py and you know it, clap your hands, if you're

hap - py and you know it, clap your hands, if you're

hap - py and you know it, then your face will sure - ly show it, if you're

Chords: F, C7, F, B<sup>b</sup>, F

Claps: (clap, clap), (clap, clap)

e with a wall, with a wall, with a wall.

(put arms up as a wall)

Here's a house with a floor, with a floor, with a floor.

(lay arms flat like a floor)

Here's a house with a roof, with a roof, with a roooooooooooooof...

(build a roof with your arms then wobble it about)

CRASH!

(crash arms into lap)

There's no house any more, any more.

(clapping)

There's no house any more!

**Vocal Warmup:** Vocal exploration with toy

**Singing Activity with movement:** Change up emotion and body movement each verse, ask kids to pick.

**Creative Movement:** [https://youtu.be/CdFIhbWoUDk?si=UM\\_Y64y53GghbZF-](https://youtu.be/CdFIhbWoUDk?si=UM_Y64y53GghbZF-)

**Call and Response:** Charlie Over the Ocean

**Goodbye Song:**

I'll wave to you \*while waving at each other\*

You'll wave to me

High up in the sky, sky sky \*reach up in the air\*

I'll wave to you \*while waving at each other\*

You'll wave to me

Let's all wave good bye, bye, bye

# 3/6/26 - Places Kids Go

**Hello Song:** Where is...

To the tune of Frere Jacques, sing each kids name

Where is [blank], Where is [blank]

*\*look for them\**

There you are, There you are

Welcome to Music Class, Welcome to Music Class

We're glad you're here, so glad you're here

**Body Warm Up:** Apple Picking

- Pretend to be marching through the trees
- Looking around at the view
- Climb a ladder
- Push aside branches
- Reach up for apples
- Take big bites

**Vocal Warm Up:** Benny at the Playground

**Beat Keeping:** My Aunt Came Back (do each verse with a new action in time)

## **My Aunt Came Back**

My aunt came back  
(My aunt came back)  
From old Japan,  
(From old Japan,)  
And she brought with her  
(And she brought with her)  
A big hand fan.  
(A big hand fan.)

My aunt came back  
(continue echo)  
From old Algiers,  
And she brought with her  
A pair of shears.

My aunt came back  
From Holland, too,  
And she brought with her  
A wooden shoe.

My aunt came back  
From Niagara Falls,  
And she brought with her  
A ping-pong ball.

My aunt came back  
From the New York Fair,  
And she brought with her  
A rocking chair.

My aunt came back  
From Kalamazoo,  
And she brought with her  
Some gum to chew.

My aunt came back  
From Timbaktu,  
And she brought with her  
Some clowns like you!

**Movement Activity:** Sally Go Round the Sun

## Sally Go Round the Sun #2 (Sally Go Round the Moon)

Informant/Performer:  
Eddie Nelson  
Murrells Inlet, SC, 1937

Source:  
Library of Congress AFS 1303 B  
Collected by John A. Lomax, 1937

Sal - ly go round the sun,  
(moon)\*                      Sal - ly go round the moon,  
(sun)\*

Sal - ly go round the sun - shine,      Ev' - ry af - ter - noon. Boom! Boom!

The musical notation is in 6/8 time, key of B-flat major. The first line contains two phrases: 'Sal - ly go round the sun, (moon)\*' and 'Sal - ly go round the moon, (sun)\*'. The second line contains 'Sal - ly go round the sun - shine, Ev' - ry af - ter - noon. Boom! Boom!'. There is a triplet of eighth notes over the 'sun - shine' part.

Transcribed by Anne Laskey

\* As sung on recording

### Suggested Game Directions

Players form two concentric circles, moving in opposite directions.

On "Boom Boom," players turn to face a person in the other circle and stamp feet twice.

I think I'm just going to have all of us walk in a circle together

### Movement Activity: El Floron

## El Floron

**Puerto Rico**  
Keep Away Game  
Tone set: (d) r m f s l d'

El flo - ron pa - so por a - qui,      yo no lo vi,      yo no lo vi.      El flo -  
ron pa - so por a - qui,      yo no lo vi,      yo no lo vi.      Que  
pa - se,      que pa - se,      que pa - se el flo - ron.      Que  
pa - se,      que pa - se,      que pa - se el flo - ron.

The musical notation is in 6/8 time, key of D major. It consists of four lines of music with lyrics underneath. The lyrics are: 'El flo - ron pa - so por a - qui, yo no lo vi, yo no lo vi. El flo - ron pa - so por a - qui, yo no lo vi, yo no lo vi. Que pa - se, que pa - se, que pa - se el flo - ron. Que pa - se, que pa - se, que pa - se el flo - ron.'

**If we need more:**

**Creative Movement: The Wheels on the Bus**

The wheels on the bus go round and round

Round and round, round and round

The wheels on the bus go round and round

All through the town.

The wipers on the bus go "Swish, swish, swish,

Swish, swish, swish, swish, swish, swish"

The wipers on the bus go "Swish, swish, swish"

All through the town.

The people on the bus go, "chat, chat, chat,

Chat, chat chat, chat chat, chat

The people on the bus go, " chat, chat, chat

All through the town.

The horn on the bus go "Beep, beep, beep

Beep, beep, beep, beep, beep, beep"

The horn on the bus go "Beep, beep, beep"

All through the town.

**Goodbye Song:**

I'll wave to you \*while waving at each other\*

You'll wave to me

High up in the sky, sky sky \*reach up in the air\*

I'll wave to you \*while waving at each other\*

You'll wave to me

Let's all wave good bye, bye, bye

# 3/13/26 - Wheels

## **Hello Song: (it's a new song, we all know each others names)**

Good morning, good morning.. How are you?

Good morning, good morning. How are you?

How are you this special day.

We're so glad you came to play.

Good morning, good morning.. How are you?

## **Body Warmup: Rollercoaster**

Pretend you are on a rollercoaster and wave your arms side to side like you are being pushed around

## **Vocal Warmup: City Line**

Instruct kids to pretend they're driving cars around the classroom

Within the song they honk their horn, answer phones, say "shh shh!"

## **Creative Movement: The Wheels on the Bus**

The wheels on the bus go round and round

Round and round, round and round

The wheels on the bus go round and round

All through the town.

The wipers on the bus go "Swish, swish, swish,

Swish, swish, swish, swish, swish, swish"

The wipers on the bus go "Swish, swish, swish"

All through the town.

The people on the bus go, "chat, chat, chat,

Chat, chat chat,chat chat ,chat

The people on the bus go, " , chat,chat,chat

All through the town.

The horn on the bus go "Beep, beep, beep

Beep, beep, beep, beep, beep, beep"

The horn on the bus go "Beep, beep, beep"

All through the town.

Activity: Two Big Lemons

# Two Big Lemons

Way up high, in a tree, Two big le-mons smiled at me, so I

Shook that tree with a-ll my power. Down came the lem-ons, whoa they're sour!



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Have one student be the “tree” and hold the 2 balls up high in the air as you sing. When the lyrics say “shook that tree” the other students can pretend to shake a tree.

The student who is the tree can drop the balls as you sing “down came the lemons”

**Movement Activity: El Floron**

## El Floron

**Puerto Rico**

Keep Away Game

Tone set: (d) r m f s l d'

El flo - ron pa - so por a - qui, yo no lo vi, yo no lo vi. El flo -  
ron pa - so por a - qui, yo no lo vi, yo no lo vi. Que  
pa - se, que pa - se, que pa - se el flo - ron. Que  
pa - se, que pa - se, que pa - se el flo - ron.

(people who need a turn: daisy, raya, tara, fiona, lauryn, sara, and sarah - so basically all of the girls I think)

**Goodbye Song:**

I'll wave to you \*while waving at each other\*

You'll wave to me

High up in the sky, sky sky \*reach up in the air\*

I'll wave to you \*while waving at each other\*

You'll wave to me

Let's all wave good bye, bye, bye

## 3/27/26 - Water

### **Hello Song:**

Good morning, good morning.. How are you?

Good morning, good morning. How are you?

How are you this special day.

We're so glad you came to play.

Good morning, good morning.. How are you?

**Bodywarmup:** Stretching, metaphoric stretching (I.e: swimming through a lake, rowing a boat, jumping in puddles, etc)

**Vocal Warmup:** Grandma's Glasses (more of a repeat after me game this time)

Recite first verse in a high pitched voice:

These are Grandma's glasses (Make glasses over eyes with fingers)

This is Grandma's hat (Place hands on top of head)

And this is the way she folds her hands (Clasp hands together)

And lays them in her lap (Place hands in lap).

Recite second verse in a deep voice:

These are Grandpa's glasses (Make bigger glasses shapes over eyes with fingers)

This is Grandpa's hat (Place hands over head to form a large hat)

And this is the way he folds his arms (Cross arms)

And takes a little nap (Place head on arms as if sleeping).

**Body Warmup:** Shakedown

**Finger Play:** The Itsy-Bitsy Spider

**Beat Keeping:** Motorboat, Motorboat

*Motorboat, motorboat go so fast*

*Motorboat, motorboat go so slow*

*Motorboat, motorboat go so fast*

*Motorboat, motorboat go so slow*

*Motorboat, motorboat run out of gas*

*(figure out macro vs. micro beats)*

**Fingerplay/Circle Song:** A Sailor went to Sea, Sea, Sea

A sailor went to sea, sea, sea

To see what she could see, see, see

But all that she could see, see, see

Was a baby shark in the deep blue sea

A sailor went to sea, sea, sea

To see what she could see, see, see

But all that she could see, see, see

Was an octopus in the deep blue sea

A sailor went to sea, sea, sea  
To see what she could see, see, see  
But all that she could see, see, see  
Was a jellyfish in the deep blue sea

A sailor went to sea, sea, sea  
To see what she could see, see, see  
But all that she could see, see, see  
Was a turtle in the deep blue sea

A sailor went to sea, sea, sea  
To see what she could see, see, see  
But all that she could see, see, see  
Was a dolphin in the deep blue sea  
**Call and Response:** Charlie Over the Ocean  
\*IF WE NEED MORE TIME

**Singing with Movement:** Sleeping Bunnies  
See the bunnies sleeping till it's nearly noon  
Shall we wake them with a merry tune?  
They're so still, are they ill?  
No! Wake up bunnies!  
Hop little bunnies, hop, hop, hop  
Hop little bunnies, hop, hop, hop  
Hop little bunnies, hop, hop, hop  
Hop little bunnies, hop and stop!

**Goodbye Song:**  
I'll wave to you \*while waving at each other\*  
You'll wave to me  
High up in the sky, sky sky \*reach up in the air\*  
I'll wave to you \*while waving at each other\*  
You'll wave to me  
Let's all wave good bye, bye, bye