

Information Packet for  
Youth and Parents

# **Annandale Stake Youth Conference**

Palmyra, New York

June 18-21, 2025



## **Look Unto Christ**

“Look unto me in every thought; doubt  
not, fear not.” D&C 6:36

## **Dear Youth Conference Participants and Parents:**

This information packet contains essential information you will need as a participant or leader in the 2025 Annandale Stake Youth Conference. Our goal is for the youth to experience a conference filled with spiritual insight, personal reflection, fellowship, and fun.

### **Youth Conference Summary**

The Youth Conference will be held in Palmyra, New York and the surrounding area. We will visit the Aaronic Priesthood Restoration Site, Sacred Grove, Grandin Press, Hill Cumorah, home of Joseph Smith and other nearby Church history sites. We will learn first-hand about the restoration of the gospel, priesthood, and the Book of Mormon, and seek spiritual experiences in these sacred places. We hope the youth will be inspired and instructed on how they can pray in faith and receive revelation in their own lives.

### **Purpose of Youth Conference**

As counseled in the Church Handbook, Section 20.1, the primary purpose of youth conference is to build faith in Jesus Christ and strengthen the testimony of those attending.

- ☐ Provide fun and foster unity.
- ☐ Provide opportunities for personal growth.
- ☐ Strengthen individuals and families.
- ☐ Help members participate in God's work of salvation and exaltation.

Additional objectives of this Conference include:

- ☐ Improving the youth's understanding of Church History.
- ☐ Teaching the youth of the revelations and visitations that occurred in the Palmyra area, including appearances of Heavenly Father and the Savior to the prophet Joseph Smith in the Sacred Grove, the restoration of the Priesthood, and the bringing forth of The Book of Mormon.
- ☐ Helping the youth meet new people and become more familiar with the youth in our Stake.
- ☐ Having fun together!

## Youth Conference Participants

All Young Men and Young Women who will turn 14 during this calendar year through graduating high school seniors are invited to attend. You must complete the registration form **by March 1, 2025**. Any late registrations will be added only if space is available.

## Youth Conference Registration

To register for the conference, please visit this [link](#). Online registration and completion of the **Permission and Medical Release Form** (found at the end of this packet) are both required for participation in Youth Conference. Please return a physical copy of your completed Permission and Medical Release Form to your Ward Youth Conference Coordinator or directly to the Stake Youth Conference Coordinators. Participants also agree to comply with the Standards of Conduct outlined at the end of this packet.

### Youth Conference Coordinators:

- Nate & Lyndie Hansen: [lyndieh@gmail.com](mailto:lyndieh@gmail.com) or [ndhansen@gmail.com](mailto:ndhansen@gmail.com)

### Youth Conference Registration Ward Coordinators:

- Annandale Ward: Holly Larson
- Burke Ward: Drew Mann
- Fairfax Ward: Marci Greenwood
- Lincolnia Ward: Brother Bolanos
- Little River Ward: Bishop Figueroa & Maruja Figueroa
- Rolling Valley Ward: Adam & Laurie Hebdon
- Springfield Ward: Mandi Campbell
- Wakefield Ward: John Fahey

There is no cost to our stake youth or leaders to participate in the 2025 Stake Youth Conference.

## Planning and Preparing for Youth Conference

Planned Youth Conference activities include:

- ☐ Visits to:
  - o The Aaronic Priesthood Restoration Site
  - o Grandin Printing Press
  - o Hill Cumorah
  - o The Palmyra cemetery
  - o The Whitmer Family Farm
  - o Joseph Smith Home
- ☐ Personal time in the Sacred Grove
- ☐ Daily devotionals
- ☐ Firesides
- ☐ Testimony meeting
- ☐ Camp activities including free time at the beach, zip lining, climbing wall, a challenge course, service project and more!

Many of the tour sites can be viewed by clicking [here](#). An initial agenda is also included below in this packet.

Parents, youth leaders, and the youth can **prepare** spiritually for this Youth Conference through a number of ways:

- ☐ Prayerfully study the account of Joseph Smith's First Vision as found in Joseph Smith History in the Pearl of Great Price.
- ☐ Study "The Restoration of the Fulness of the Gospel of Jesus Christ: A Bicentennial Proclamation to the World." shared by the First Presidency during the April 2020 General Conference. Find this [here](#).
- ☐ Watch the January 2025 Worldwide Discussion for Youth - Look Unto Christ found [here](#).
- ☐ Listen to the 2025 Youth theme song, "Look Unto Christ" found [here](#).
- ☐ Review the *For the Strength of Youth* [pamphlet](#) and the Youth Conference Standards included in this packet.
- ☐ Continue to read and study the Doctrine & Covenants as outlined in Come Follow Me and Seminary.

## **Packing List - Space is limited! Please pack accordingly.**

**Please make sure that your clothing is appropriate and respectful.**

- ✓ Clothing (Wednesday plus 3 days)
  - o Shorts and/or pants
  - o Shirts
  - o Pajamas
  - o Socks
  - o Good walking shoes
  - o Underwear
  - o Sweatshirt or jacket
  - o Raincoat or poncho
  - o Swimsuit
  - o Sandals
  - o Towel
- ✓ Study materials
  - o Scriptures
  - o Journal
  - o Pen/pencil for taking notes
- ✓ Personal supplies
  - o Toothbrush / toothpaste / floss
  - o Medications (can have leaders to hold and distribute if needed)
  - o Toiletries
  - o Sunscreen
  - o Insect repellent
- ✓ Bedding
  - o YW: sheets/blanket OR sleeping bag and pillow (sleeping in cabins)
  - o YM: sleeping bag, sleeping pad and pillow (sleeping in tents)
- ✓ Miscellaneous
  - o Refillable water bottle
  - o Sack lunch for Wednesday
  - o Headlamp or flashlight
  - o Camera (optional)
  - o Water shoes (required for swimming and boating)
  - o A work shirt that can get stained during the service project (like a worn out, oversized shirt that covers your own clothes)

## Youth Conference Program Schedule

The following schedule outline is tentative and subject to change.

<b>Tuesday, June 17</b>	
<b>6:00-7:00 p.m.</b> <b>at the</b> <b>Sydenstricker</b> <b>Building</b>	Check In! Receive your t-shirt and meet your crew. Come ask questions and get to know your group. <b>ALL PERMISSION AND MEDICAL RELEASE FORMS MUST BE TURNED IN.</b>

<b>Wednesday, June 18</b>	
<b>7:00 a.m.</b>	Meet at Stake Center; board buses; departure. BRING A SACK LUNCH
<b>7:30 a.m.</b>	BUSES ARE DRIVING AWAY
<b>1:00 p.m.</b>	Visit the Priesthood Restoration Site
<b>3:30 p.m.</b>	Depart for Seneca Lake Camp
<b>5:30 p.m.</b>	Arrive at camp and set up
<b>7:00 p.m.</b>	Dinner at camp
<b>7:45 p.m.</b>	Camp Orientation
<b>8:30 p.m.</b>	Dessert and fireside with Brother Matthew Baker
<b>10:00 p.m.</b>	Lights out

<b>Thursday, June 19 - wear your Youth Conference shirt!</b>	
<b>7:00 a.m.</b>	Breakfast
<b>8:00 a.m.</b>	Depart for historical sites
<b>9:00 a.m.</b>	Tour historical sites <ul style="list-style-type: none"> <li>○ Sacred Grove</li> <li>○ Smith Farm</li> <li>○ Grandin Bookstore</li> <li>○ Hill Cumorah</li> <li>○ Whitmer Farm</li> <li>○ Palmyra Cemetery</li> </ul>
<b>5:30 p.m.</b>	Return to camp
<b>6:00 p.m.</b>	Dinner at camp
<b>8:00 p.m.</b>	Dessert and dance
<b>10:00 p.m.</b>	Lights out

<b>Friday, June 20</b>	
<b>7:00 a.m.</b>	Breakfast
<b>8:00 a.m.</b>	Camp rotations - 90 min blocks (3 before lunch) <ul style="list-style-type: none"> <li>○ Challenge course</li> <li>○ Service project</li> </ul>

	<ul style="list-style-type: none"> <li>○ Zip line &amp; Rock Wall</li> <li>○ Waterfront &amp; Lake</li> <li>○ Crafts &amp; Come Follow Me</li> </ul>
<b>12:30 p.m.</b>	Lunch in camp
<b>1:30 p.m.</b>	Camp rotations - 90 min blocks (2 after lunch)
<b>4:30 p.m.</b>	Free time at the lake
<b>6:00 p.m.</b>	Dinner at camp
<b>7:00 p.m.</b>	Stake devotional
<b>8:30 p.m.</b>	Ward testimony meetings (some wards will combine)
<b>10:00 p.m.</b>	Lights out

### Saturday, June 21

<b>7:00 a.m.</b>	Breakfast
<b>8:00 a.m.</b>	break camp
<b>9:00 a.m.</b>	crew devotional
<b>9:30 a.m.</b>	free time
<b>11:00 a.m.</b>	load buses and depart for Annandale Stake Center
<b>1:30 p.m.</b>	Pizza at Max Brown park
<b>2:30 p.m.</b>	Drive to Stake Center
<b>6:00 p.m.</b>	Arrive at the Stake Center



## Frequently Asked Questions About Youth Conference

### 1. Where will the youth be staying?

- We are staying at the Church owned and operated Lake Seneca Camp. The Young Women will be staying in cabins, the Young Men will be staying in tents. You can learn more about the camp [here](#).

### 2. How will the youth be traveling to Palmyra?

- Transportation to and from Palmyra will be by a commercial bus service.
- Parents are responsible for dropping off youth at the Stake Center **by 7:00 a.m. on Wednesday, June 18**. Buses will load by 7:30 and depart as soon as possible. If you arrive at 7:30, you are LATE. If you arrive at 8:00, your parents get to drive you to camp.
- Buses will be returning to the Stake Center on the evening of Saturday, June 21, around 6:00 pm. Parents are responsible for picking up youth at the Stake Center.

### 3. Will the youth be required to bring any meals?

- For **Wednesday breakfast**, June 18: Youth should either eat breakfast prior to arriving at the Stake Center, or they may bring food to eat on the bus.
- For **Wednesday lunch**: Youth need to bring a sack lunch to eat while we are traveling.
- The remainder of the meals, as well as snacks throughout the Youth Conference, will be provided by the Stake.
- If you are aware of any food allergies, please ensure that this information is included in your registration.

### 4. Can I bring my own snacks?

- We will provide plenty of snacks! **Please keep them out of your tents and cabins.**

### 5. How should the youth pack?

- Please limit yourself to one duffel bag or small piece of luggage and one small carry-on bag or backpack, plus your bedding. Pack in your



carry-on bag or backpack those items that you will need access to on the bus (medications, lunch, etc.). This will be held on your lap or seat during the drive. Your duffel bag/luggage will be stored in an inaccessible compartment and will not be available to you until we arrive at camp in Palmyra. **Please make sure to label all your belongings.**

6. Can I bring my phone?

- We ask you to choose to be present and protect yourself from distractions. Plus, there's limited service and charging options. Leaders will have phones to coordinate as necessary and can help you call home if needed.

7. What will the weather be like?

- The average for June is high of mid-70 and low of mid-50 degrees. Which means bring some layers, especially for evenings!
- Also, it might rain.

8. What about pictures?

- Leaders will take lots of photos and load them into a google drive file that will be shared with all attendees. Leaders will not be posting them to social media. If you choose to post photos to your personal social media, you must have permission from anyone included in those photos.

9. Who will I be with during the Youth Conference?

- At night, you will be with your ward.
- During the day, you will be with your **Crew!** Crews will be mixed ages across the stake to encourage building friendships. Each crew will be 15-20 youth including two **crew captains** (youth conference leaders, like a "big brother" and "big sister" to the group) plus two **crew coaches** (like trek's "ma" and "pa").

10. What about medications?

- We will have a camp nurse who can help with any medical emergencies that may arise.

- For prescription medications, please include all prescriptions on your Permission and Medical Release form. You can check these into your leaders OR keep them yourself and self-administer as needed.
- For over the counter medications, you may bring and self-administer them or the nurse will have some available.
- BUT, you need to let your crew coaches know when you have taken any medications, just in case of emergencies.

11. What kind of water shoes do I have to wear? Can I just wear crocs or tevas?

- Closed toe water shoes must be worn for swimming or boating due to the zebra mussels in the lake. The camp has some but not enough for everyone at the same time. You can wear your crocs in camp if you want—just not in the lake.

12. Do I need to bring a life jacket?

- No, the camp provides them. They are required to be worn any time you are in the water for swimming, boating, playing watermelon soccer or just hanging out.

13. ...Did you just say “watermelon soccer”?

- Yes, yes I did. Come find out.

14. Further questions? We are happy to help!

- Nate & Lyndie Hansen ([lyndieh@gmail.com](mailto:lyndieh@gmail.com) or [ndhansen@gmail.com](mailto:ndhansen@gmail.com))
- Your **Ward Youth Conference Coordinator** (this person can help answer questions, receive your paper medical release form, coordinate tents and generally be another friendly and familiar face to help you enjoy this amazing experience!) find them on page 3 of this document.

## STANDARDS OF CONDUCT

You are expected to comply with the following standards. Violation of any of these standards will result in appropriate disciplinary action, which may include dismissal from the Youth Conference. If you are dismissed from Youth Conference, your parents may be asked to come pick you up or make other accommodations (bus, Uber, etc.) for you to return home.

- ✓ Always use uplifting, polite and considerate language. Avoid bad language.
- ✓ Be courteous to our speakers, leaders and chaperones. Show respect for personal space, and for public, church and personal property.
- ✓ Avoid inappropriate conduct, including loud or destructive behavior and pranks.
- ✓ Obey the Lord's rules for moral conduct. For purposes of Youth Conference, this includes no kissing, no improper touching, and no indecent exposure.
- ✓ Conduct yourself appropriately at the dance. No suggestive movements or hands below the waist.
- ✓ Obey the Word of Wisdom (no possession or use of tobacco products, alcoholic beverages or illegal drugs).
- ✓ Obey curfews, lights out and other rules established by chaperones and leaders.
- ✓ Be considerate of the other people in your groups and respect their personal space and possessions.
- ✓ Dress appropriately as a representative of the church and appropriate to the sacred spaces we will be in.
- ✓ Use common sense; listen to your conscience and follow the Spirit at all times.
- ✓ Willingly participate in all scheduled activities of the conference. Stay with your assigned group during the conference. Do your best to

adhere to the schedule that has been carefully put together to allow us to enjoy as many activities as possible.

- ✓ Stay with your group – do not leave the immediate conference site area. If you need some personal space, let a leader know and they will help accommodate you. Do not leave without permission.
- ✓ Young Men are not allowed in the YW's cabins and the Young Women are not allowed in the YM's tents.
- ✓ Leave a good impression wherever you go by being polite, respectful, keeping things clean and orderly, and by remembering who you are at all times. Be reverent.
- ✓ Follow the Gospel of Jesus Christ and the standards set forth in the pamphlet *For the Strength of Youth*. Think what the Savior would do in your situation.
- ✓ No fireworks, firearms, or other weapons of any kind may be brought to the Youth Conference. As it is a camp, pocket knives are permitted **if used responsibly**.
- ✓ Do not bring electronic games or similar devices that would be a distraction to others or to the Spirit. As listed in the FAQs above, there is limited cell service and very limited options to charge cell phones. If you need to call home, leaders are happy to help. More than this, we ask you to protect yourself from distractions and be present at camp. If a device is being misused or if it otherwise distracts from the Conference activities, the device may be confiscated and will be returned at the end of the camp.

PERMISSION AND MEDICAL RELEASE FORM

If you did not turn in a paper Permission and Medical Release Form at the Youth Conference Kick-off Fireside, please print, fill-out, sign, and deliver the form to the Ward or Stake Youth Conference Coordinators, or a member of your Ward Young Men's or Women's Presidency or Bishopric. You can also get the form [HERE](#)

THE CHURCH OF  
JESUS CHRIST  
OF LATTER-DAY SAINTS

Permission and Medical Release Form

Each participant (including leaders) completes this form separately for each event or activity involving an overnight stay, travel outside the local area, or higher than ordinary risks (see *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*, 20.5.5, 20.7.4, 20.7.7). The event or activity leader should have access to all participants' forms during the activity.

<b>Event Details</b> (to be filled out by event planner)		
Event		Date(s) of event
Annandale Stake Palmyra Youth Conference		June 18-21, 2025
Describe event and activities (please be specific)		
travel to Palmyra, NY to visit church historical sites, camp as a stake at Lake Seneca and engage in other camp activities		
Ward		Stake
		Annandale Stake
Event or activity leader	Event or activity leader's phone number	Event or activity leader's email
Nate & Lyndie Hansen	435-671-2141, 435-512-5126	ndhansen@gmail.com lyndieh@gmail.com
<b>Contact Information</b>		
Participant	Date of birth	Age
Telephone number		
Address		
City		
State or province		
Emergency contact (parent or guardian)	Primary telephone number	Secondary telephone number
<b>Medical Information</b>		
Does the participant require a special diet?	If yes, please explain the dietary restrictions.	
<input type="checkbox"/> Yes <input type="checkbox"/> No		
Does the participant have any allergies?	If yes, please list the allergies.	
<input type="checkbox"/> Yes <input type="checkbox"/> No		
List all prescription or over-the-counter (OTC) medications the participant is taking. Leave blank if none.		
Can the participant self-administer his or her medication?		
<input type="checkbox"/> Yes <input type="checkbox"/> No If no, please contact the event or activity leader directly.		
<b>Conditions That Limit Activity</b>		
Does the participant have a chronic or recurring illness?	If yes, please explain.	
<input type="checkbox"/> Yes <input type="checkbox"/> No		
Has the participant had surgery or a serious illness in the past year?	If yes, please explain.	
<input type="checkbox"/> Yes <input type="checkbox"/> No		
Identify any other limits, restrictions, or disabilities that could prevent the participant from fully participating in the event or activity.		
<b>Other Accommodations or Special Needs</b>		
Identify any other needs or considerations the participant has that the event or activity planner should be aware of (attach additional pages if needed).		
<b>Permission</b>		
I give permission for my child or youth to participate in the event and activities listed above (unless noted) and authorize the adult leaders supervising this event to administer emergency treatment to the above-named participant for any accident or illness and to act in my stead in approving necessary medical care. This authorization shall cover this event and travel to and from this event.		
<b>Please note:</b> Units may not have the ability to meet all medical, physical, and other accommodations and are asked to counsel with parents or guardians on what is possible.		
The participant is responsible for his or her own conduct and is aware of and		
agrees to abide by Church standards, camp or event safety rules, and other pertinent instructions. The participant's conduct and interactions should abide by Church standards and exemplify Christlike behavior, including those listed on the attached "Conduct at Church Activities."		
Parents and participants should understand that participation in an activity is not a right but a privilege that can be revoked if participants behave inappropriately or if they pose a risk to themselves or others.		
This information is collected to help event and activity leaders or medical personnel so they can be prepared and appropriately respond to health concerns or an emergency. It will be kept confidential and shared only as needed.		
Participant's signature		Date
Parent or guardian's signature (if participant is a minor)		Date