



SILVER LAKE REGIONAL HIGH SCHOOL

260 Pembroke Street
Kingston, Massachusetts 02364

allisonllerena@slrsd.org

Telephone (781) 585-3844 x1013
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August 27, 2025

Dear Parent or Guardian:

Under MDPH regulation, **Postural Screening** for Students in **Grade 9** will be done this fall starting September 15th with coordination with their Physical Education Classes. Those students who do not have Physical Education will be called down to the Health Office.

The purpose of the screening is to find early signs of possible spinal problems. It is NOT a diagnostic service, but a program to identify young people who may need further evaluation.

If your child has any unusual findings, you will be notified via official school mail and asked to take the child to a physician for further evaluation. The majority of students exhibit no findings therefore, if nothing is unusual we will not be contacting you.

If you have any questions or concerns, please contact me at allisonllerena@slrsd.org or call 781-585-3844 ext: 1013

Sincerely,

Allison Llerena, RN
School Nurse

PARENTAL EXEMPTION OF POSTURAL SCREENING

If you would NOT like your child to be screened please fill out the section below and email to allisonllerena@slrsd.org or return to the health office!

___ **I DO NOT** wish to have my child examined for postural screening

Students Name: _____ DOB: _____

Parent/Guardian Signature: _____ Date: _____