

Tweet/comms proposal

Starting 15/02 we welcome everybody to the Graviton practice groups. Every session will have one or two hands on facilitation tools to implement in your daily DAO meetings. Advantages: better conversations, better decisions, better connections

Every Tuesday 20:00- 21:00 we offer you two hands on facilitation techniques to implement in your daily DAO meetings, based on liberating structures and deep democracy.

Every Tuesday 20:00-21:00 we offer you two interactive practice groups to introduce two hands on conversations techniques that will improve your meetings, lead to better decisions and better connections.

@Jeremy&theGospelofchange and @Leen

Proposal for the practice groups

Who: Jeremy and Leen

Timeslot: Tuesdays 20:00-21:00 CET

Content: fusion of Deep Democracy and liberating structures:

Intro to DeDe and LS

Deep Democracy

DeDe is a general mindset and a practical toolset that aims to include more voices, especially the minority and no-voices, in order to reach the full potential of the group. It embraces conflict and diversity as an opportunity and offers techniques to successfully mine the collective intelligence.

Liberating Structures

LS offers a super hands-on toolset of alternative conversation techniques that literally liberate people's engagement and effectively include people's thoughts and voices into the process.

DeDe and LS have a lot in common. They basically reach for the same goals: inclusion, participation and engagement, balancing voices and practicing deep democracy. Where DeDe and the books written on the topic might be slightly more philosophical (full on quantum physics

in a lot of them, to explain group dynamics), LS is more practical and hands-on. They are very very complementary and are perfect to join forces.

Intro to the workshops

With a series of one hour workshops we want to offer one or two techniques per session. **The goal is to go for practical tools that can easily be introduced in group meetings.**

First draft of content of the workshops:

Prep session on 8/02: asking active gravitons to be safety net since some of the tools might trigger emotions with participants. (with LS 16 [Helping Heuristics](#))

We will very much adapt session to the needs emerging from the groups

Session 1 - 15/02: welcome, check in wave (special form of check to deeply connect), container building

Session 2 - 22/02: fishbowl to mine collective knowledge on DeDe and LS

Session 3 - 01/03

Session 4 - 08/03

Session 5 - 15/03

Session 6 - 22/03

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Up until graviton training in 2nd week of April

Practicalities:

Coordinate hype with teamsDAO

Breakouts: jaunkbell durgadas

Doodle: juankbell