

22nd Annual Tom Watson Mustang Invitational

Location:

[Chippewa Middle School, 5000 Hodgson Road, North Oaks/Shoreview](#)

Schedule of Events:

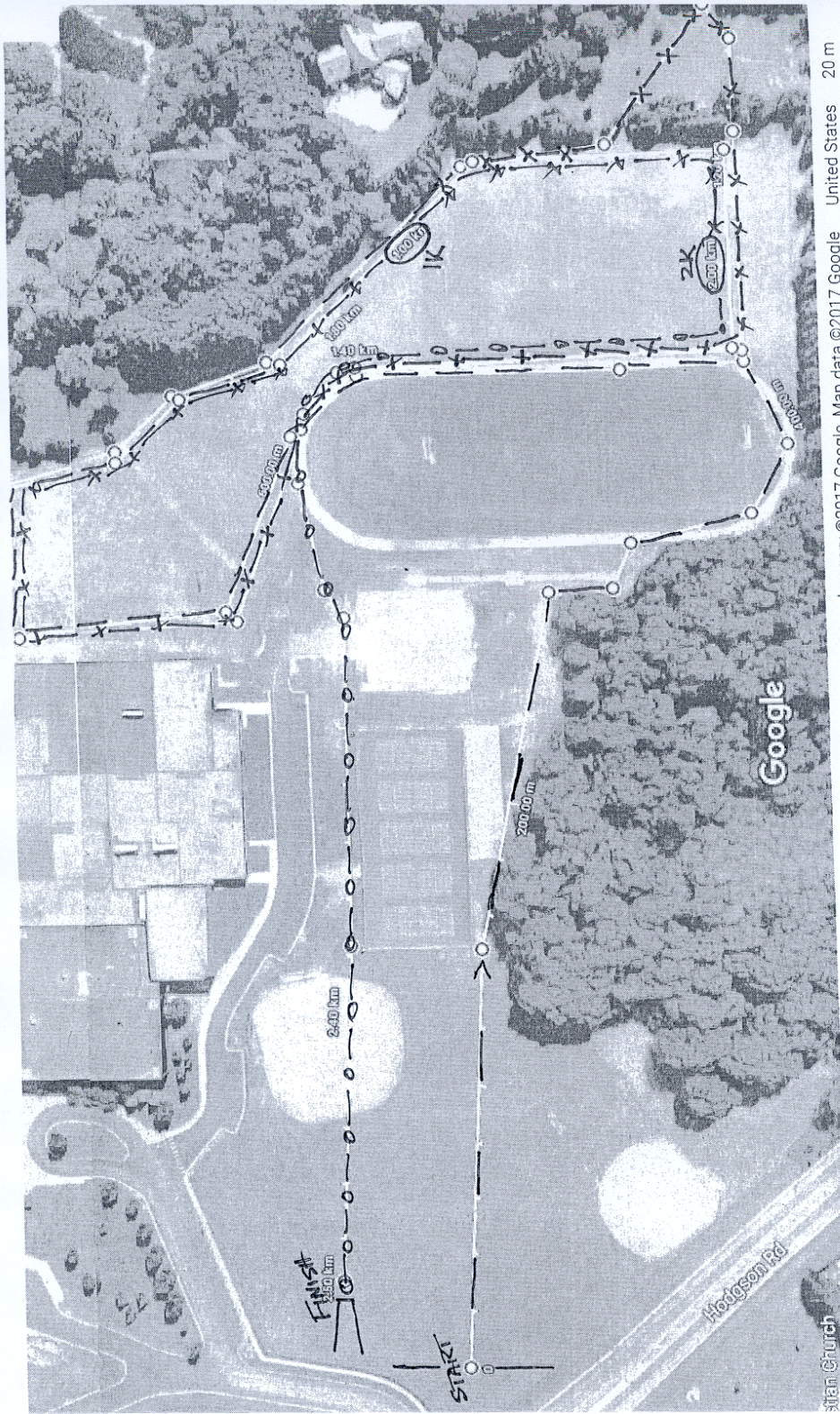
2:30pm	TCGIS runners arrive at Chippewa MS
2:50pm	Coaches Meeting at Finish Line area
3:20pm	MS Race - Girls' Race 2,500 meters
3:40pm	MS Race - Boys' Race 2,500 meters
4:00pm	TCGIS runners cool down

Awards Program:

After last race at finish area, or Chippewa Gym, if inclement weather

Course:

5,000 meters for high school boys and girls (Gold & Green Races)
2,500 meters for JH/MS boys and girls

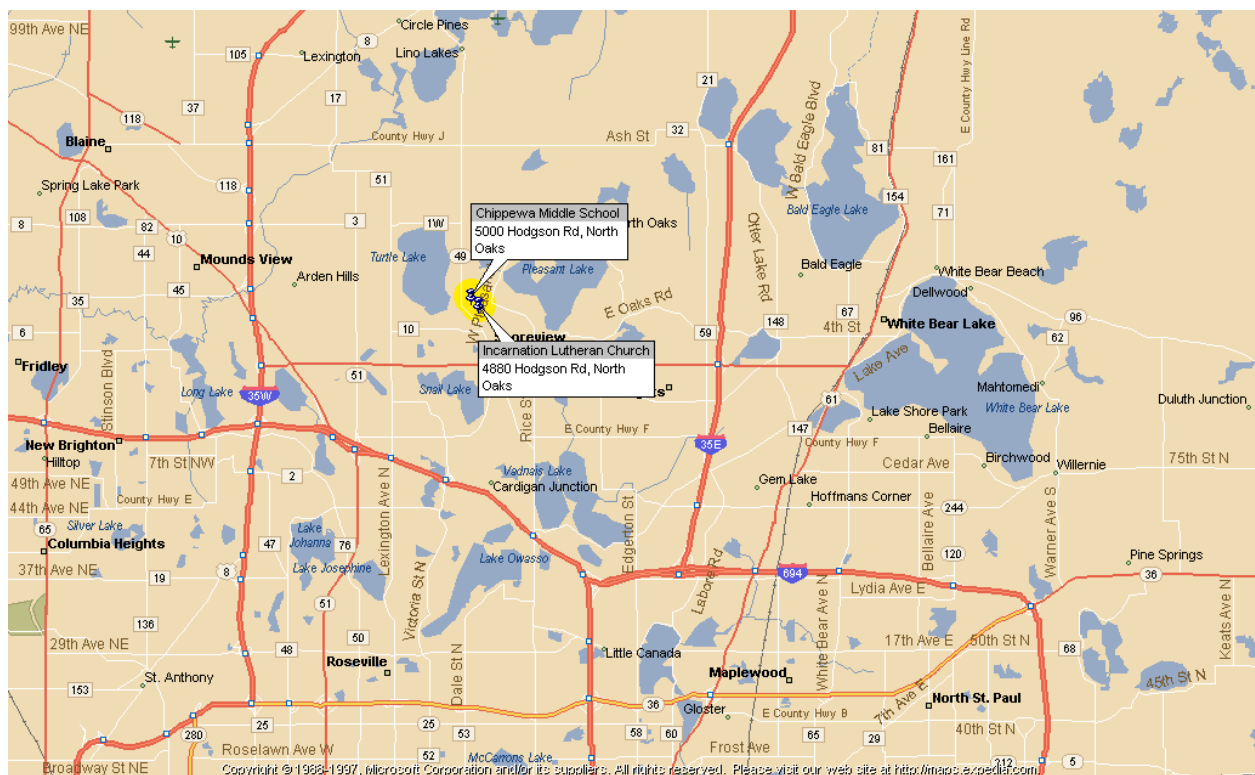


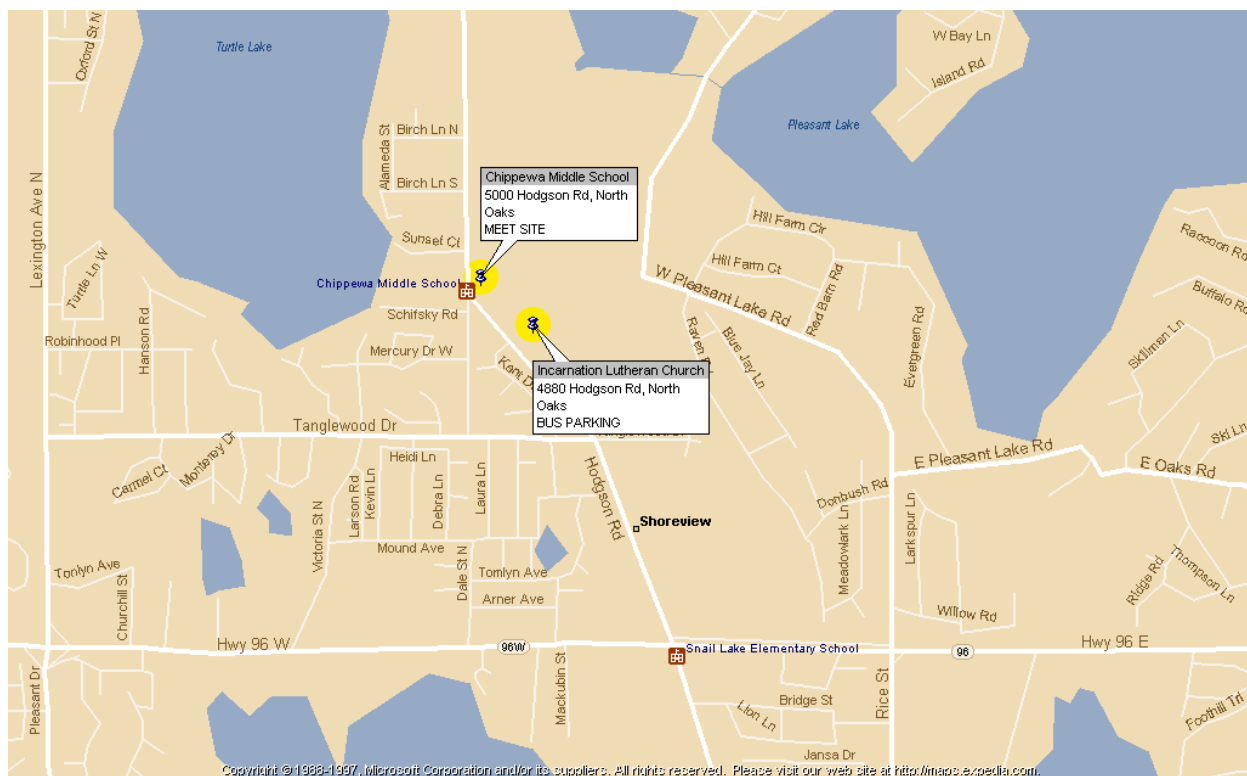
Directions to Meet:

[Chippewa Middle School](#), 5000 Hodgson Road, North Oaks/Shoreview

1. Interstate 35W to Highway 96 (about 2 miles north of Interstate 694) and east to Highway 49 (Hodgson Road)
2. Interstate 35E to Highway 96 (about 2 miles north of Interstate 694) and west to Highway 49 (Hodgson Road)
3. Interstate 35E or Interstate 35W to Interstate 694, exit Rice Street and north on Highway 49 to Highway 96

Then -- north on Highway 49 (Hodgson Road), north of Highway 96 about 1 mile





Parking:

Park at Hope Church (across street from meet site) until 2:45 PM (as school dismisses at 2:35 PM and buses depart at 2:45 PM) and on the Chippewa MS site after 3 PM. There may also be parking at Incarnation Lutheran Church. There will be police officers directing traffic for the meet.

Chip Timing (all races):

Each runner will be issued one (1) chip to be placed on the shoe.

Awards for MS Race:

Individuals: Medals to top 5 places in each race, ribbons to 6-20 places
 Team Champions: Traveling plaque and ribbons to each winning team and runner

Meet Scoring:

We have again retained Apple RaceberryJaM to handle meet registration and scoring, using their computerized chip scoring system.

Each registered runner will receive a “bib chip” attached to their bib number that must be pinned on the front of the uniform. The number must be visible to the meet officials and cameras at the finish line. The “bib chips” must be returned to Raceberry JaM.

T-Shirts:

We will have specially designed long sleeve and short sleeve Mustang Invitational T shirts available for sale.

More Details from the Organizers (if you are interested):

22nd Annual Tom Watson Mustang Invitational Cross Country Meet

Friday, September 28, 2018

Chippewa Middle School; North Oaks

Schedule of Events: PLEASE NOTE CHANGE IN SCHEDULE OF EVENTS

11:00am Start Course and Finish Area Setup

2:15pm Meet Worker Meeting at Finish Line

2:50pm Coaches Meeting at Finish Line area

3:20pm JH/MS Race-Girls Team and Open Girl's Race 2,500 meters (Unlimited entries)

3:40pm JH/MS Race-Boys Team and Open Boy's Race 2,500 meters (Unlimited entries)

3:55pm Gold Race- Girls Girl's Team Race 5,000 meters (top 7 entries)

4:25pm Gold Race- Boys Boy's Team Race 5,000 meters (top 7 entries)

4:50pm Green Race-Girls Junior Varsity Girl's Race 5,000 meters (Unlimited entries)

5:20pm Green Race-Boys Junior Varsity Boy's Race 5,000 meters (Unlimited entries)

6:00pm Awards Program (finish area, or Chippewa Gym, if inclement weather)

Course:

Boys: 5,000 meters for high school boys (Green & Gold Races)

2,500 meters for JH/MS grade boys

Girls: 5,000 meters for high school girls (Green & Gold Races)

2,500 meters for JH/MS grade girls

Location:

Chippewa Middle School, 5000 Hodgson Road, North Oaks (Hwy 49 north of Hwy 96)

Awards:

Gold Race: Individuals: Medals to top 20 places in each race, ribbons to 21-30 places

Team Champions: Traveling Plaque and trophies to each winning team & runner

Green Race: Individuals: Medals to top 5 places in each race, ribbons to 6-20 places

Team Champions: No team awards

JH/MS Race: Individuals: Medals to top 5 places in each race, ribbons to 6-20

Team Champions: Traveling Plaque and ribbons to each winning team and runner

Contacts:

Tom Watson Meet Director twatson@iphouse.com work: 651-490-1653 cell: 612-751-0124

Ross Fleming MV Boys Cross Country Coach (651) 621-7154

Jimmy McArthur MV Girls Cross Country Coach (651) 621-7211

Jim Galvin` MVHS Activities Director (651) 621-7121

University of Minnesota Griak Invitational the next day (September 29th)

Mustang Invitational Meet Records and 2017 Results:

	Meet Record		Last Year (2017)* * shorten races due to high temps
Individual:	Aaron Breyer, 11 16:44.4 Wayzata [2012]	Gold Race - Boys 5000 meters (team race):	Jacob Rohrer, 12 15:18.9 Wayzata
Team:	Wayzata 15 points [2016]		Johnston (IA) 28 pts; Wayzata 29 pts
Individual:	Madeline Strandemo, 11 14:54.1 Fargo South [2011]	Gold Race--Girls 4000 meters (team race):	Added 5K in 2015
	Samantha Schwerts, 10 20:16.6 Lake Braddock (VA) [2015]	Gold Race--Girls 5000 meters (team race):	Brooke Everson, 7 17:56.9, Fargo Davies
Team:	Wayzata 15 points [2004]		Fargo Davis 33 pts; Johnston (IA) 38 pts
Individual:		Green Race--Boys 5000 meters (open entry):	Ben Lunn, 12 10:42.6** Johnston (IA) ** 2400 M
Team:			Johnston (IA) 19 pts; Wayzata 37 pts
Individual:		Green Race--Girls 5000 meters (open entry):	Cecilia Howes, 10 11:52.4** Winnipeg ** 2400 M
Team:			Johnston (IA) 47 pts; Dickinson (ND) 50 pts
Individual:	Joshua Thorson (8) 8:11.0 Wayzata [2007]	MS/JH Grades Race--Boys 2500* meters (open entry):	Andrew Hultin, 8 9:24.3 Shanley
Team:	Wayzata 18 points [1999]		Shanley 35 pts; Rogers 51 pts
Individual:	Karissa Schweitzer, 8 Dowling Catholic (Des Moines, IA) 7:24.0 [2009]	MS/JH Grades Race--Girls 2000* meters (open entry):	Added 2.5K in 2015
	Katherine Busek, 8 9:38.6 Shanley (Fargo) [2016]	2500* meters (open entry):	Hailey Bjerke, 8 10:46.5 Fargo Davies
Team:	Dowling Catholic 15 pts [2014]		Fargo Davis 31 pts; Shanley 36 pts

This is the initial list of schools:

High Schools Attended in 2017 (2016):	Math & Science Academy <i>Dragons</i>	Spring Lake Park <i>Panthers</i>
Coon Rapids <i>Cardinals</i>	Mpls Patrick Henry <i>Patriots</i>	Wayzata <i>Trojans</i>
Cretin-Derham Hall <i>Raiders</i>	Mpls Roosevelt <i>Teddies</i>	Williston (ND) <i>Coyotes</i>
Dickinson (ND) <i>Midgets</i>	Mpls South <i>Tigers</i>	Winnipeg Optimists (Manitoba)
Eau Claire Memorial (WI) <i>Old Abes</i>	Mpls Southwest <i>Lakers</i>	<u>Additions for 2018 to date:</u>
Elk River <i>Elks</i>	Mpls Washburn <i>Millers</i>	Breck <i>Mustangs</i>
Fargo Davies <i>Eagles</i>	Mounds View <i>Mustangs</i>	TC German Immersion
Forest Lake <i>Rangers</i>	St. Paul Central <i>Minutemen</i>	Trinty (Eagan) <i>TriHawks</i>
Irondale <i>Knights</i>	Shanley Oak Grove (ND) <i>Deacons</i>	Visitation <i>Blazers</i>
Johnston, IA <i>Dragons</i>	Shorewood (WI) <i>Greyhounds</i>	White Bear Lake <i>Bears</i>
Mandan (ND) <i>Braves</i>		