MINUTES

Inter-Sangha Meeting

August 25, 2024

Opening Dedication (last two paragraphs of the forward to RD Book)

Review of activities since the July meeting

- Communications Team - Zach
    - RD Chicago Discord - please share in meetings
        - https://discord.gg/cV7FjxJU (link for online)
        - Discord Invitation QR Code (easier for in-person)
        - Has a group for facilitators; facilitator contact info can be shared; can be used as a space to make scheduling fill in requests; similarly for volunteers
    - Email newsletter - Aly - (160 current subscribers) Email list signup QR Code subscriptions have doubled!
        - Social media / website: seeking new volunteers - folks are welcome to spread the word and join the team; instagram in particular; Tony is doing great job leading on FB - thank yo!
    - Finance Team - Dan/AJ https://drive.google.com/file/d/1D0l93lh9WnPKVnW_2LGy1qR6L2uqfkww/view?usp=sharing
        - Four years ago, transitioned from Refuge Recovery with healthy balance; balance steadily declined until the QR code was used diligently to increase donations -

things have really turned around and doing great currently

- Books-subscriptions - what is it being spent on? Books for Harvard U detox; 10 books = $100. RD Global mentioned there bulk order discount $7 instead of $10, if buying in bulk. Suggestion to buy 100 books as a cost saving. There's also book grants available through RD Global as well. One book grant previously applied for, received 20 books. Question: can each sangha apply for a book grant? Yes. Suggestion to encourage sanghas to apply.
- Question re: Intersangha 501c3 or not? Previously discussed and decided against. Should it be revisited? Is the goal to maintain and grow sanghas as we have been or do we have broader goals of providing more to the community?
- Yana Spitzer and Dan will research

- Outreach Team - Tony
  - Outreach updates: engagement/ interest in: 5 Points, Rosencrantz meeting tomorrow at 5pm (very excited!); when starting new meetings, meeting kit provided including all materials needed + books; if the meeting wants to change materials they are welcome to
  - Facilitator list - Erik has been working on updating the facilitators list for every meeting; dark green is confirmed, light green indicates airtable needs to be updated; yellow indicates changes but info needs to be confirmed; white waiting to hear back. Zach is connecting this spreadsheet with airtable database so data about changes stay updated across logs. Erik cross references this schedule to make sure listings on the RD Global website are up to date as well. Chicago area meeting rundown: 10 in person, 2 hybrid, 4 online meetings. 5 additional RD meetings in suburbs,

Aurora, Naperville, Kenosha, Madison - question to incorporate those meetings into Chicago Intersangha? Discussed outreach to those sanghas to see if they are interested in joining. Anand expressed interest in starting a new RD group in Riverside. Anand asked re: point person, meeting kit, and help finding a space. Anand asked to volunteer form on RD Chicago website; Tony and Erik will connect to help get started.

- Facilitator Training Guide - Sadat; feedback being gathered and then revised; plan is to record training and share with new facilitators

- Membership Team
    - Sebastian and Margaret working on mentorship guidelines and mentorship matching process.Peter discussed suggestion for Mentor training so when mentors link up with sangha members, there's a playbook to help guide conversations. Discussed language nuance of sponsors, mentors; wise friends - Tony mentioned wise friends being preferable to emphasize peer relationship rather than authority
    - Intersangha social being planned - last Saturday of September hosted at Sangha House - thank you, Peter! Potluck social. Friday, Saturday Sunday there's more availability at Sangha House.

Other Business

Global Summit: Madi and Joel joined from RD GLobal; Madi, on RD Global Board, event chair; RD Summit recently occurred in Portland/online. In planning the upcoming Summit for 2025, interested in Chicago for strong sanghas/intersangha, location. Joel, lifelong events committee member involved in organizing all of the past summits.

Context: 5 in person summits, with different location year to year, each year growing bigger, Summer 2025 - July or so; Summits great

opportunity for folks across states and across sanghas to connect, learn, celebrate.

Summit programming includes RD meetings, educational workshops on topics like IFS and somatic healing, personal stories - key note, panel presentations on topics such as affinity and identity groups, social activities, break out groups on: how to start a new meeting, wise friends, inquiry groups, Expectations: partnering to figure out logistics, like space, planning programming. There's no financial commitment from the host city. Host city RD communities are encouraged and empowered to be a part of the planning process; there will be a biweekly planning meeting for the summit; it would be great to have a core team ~5 people to be involved in the planning. 10-15 people folks to help during the conference itself.

Hotel cost range - typically room rates between $100-150; in Portland, $113 per room, ~$5000 for venue. Venue identified by November. Venue that can fit 200-250 people with multiple breakout rooms, at least 2-3.

Speakers: what kind of folks are we seeking? Paid/pro bono? People in recovery and involved with Buddhist practice. In the past there have been some limited paid speakers depending on the person and on budget. Speaker would be provided accommodation if traveling to Chicago. Having members of RD as speakers can be very impactful.

Detailed host city guidelines are being updated and will be sent in the coming days.

Board will meet discuss and will get back to RD Global.

RD Global board seeking to identify a host city for their next meeting on September 8.

Joel shared document listing responsibilities:

Host City Responsibilities:

-Identification of venue and hotel
-Ensuring these locations are within walking distance from each other, restaurants, activities, etc.
-General knowledge of the city: good and bad areas, best places to _____

Nice to Have/if you have time:
-Developing a local guide
-Recommending speakers/panelists
-Raffle
-Identifying catering/food options
-Development of logo (joint w/ Summit)
-Planning activities before and after the Summit

Summit Committee:
-Finalizing contracts with venue and hotel
-Finances
-Logo/Merchandise
-Programming
-Catering/food options

Closing Dedication of Merit

Board met briefly following Inter-Sangha presentation and voted to add Peter Medlock to the board, in a new position as Events Chair. Vote was unanimous.

Board will meet again on 8/29 at 5 pm CT via Zoom to vote on hosting Global Summit. Here are the Zoom details:

Recovery Dharma Chicago is inviting you to a scheduled Zoom meeting.

Topic: Recovery Dharma Board Zoom Meeting
Time: Aug 29, 2024 05:00 PM Central Time (US and Canada)

Join Zoom Meeting
https://us02web.zoom.us/j/83440824352?pwd=oxGlAIQEs7TabQo04lYoTsrkFuALB1.1

Meeting ID: 834 4082 4352
Passcode: 199707

One tap mobile
+13126266799,,83440824352#,,,,*199707# US (Chicago)

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