Town Available	Resource	Organization Name	Contact	Additional Information
Lancaster, Bolton	Food Assistance	Lancaster Food Pantry	Phone: 978-733-1249 ext. 2	
Lancaster, Bolton, Stow	Food Assistance	Stow Food Pantry	Phone: 978-897-4230 Email: stowfoodp@gmail.com	
Lancaster, Bolton, and Stow	Food Assistance	Supplemental Nutrition Assistance Programs (SNAP)	<u>Website</u>	
Stow	Food Assistance	Metrowest Food Collaborative	<u>Website</u>	
Bolton	Food Assistance	Hudson Food Pantry	<u>Website</u>	
Lancaster, Bolton, and Stow	Fuel Assistance	Massachusetts' Home Energy Assistance Program (HEAP)	<u>Website</u>	
Lancaster, Bolton, and Stow	Free and Reduced Cost Services Database	Community Help	Website Phone: 978-562-5280 28 Houghton Street, Hudson, MA 01749	
Lancaster, Bolton	Thanksgiving Meal Assistance, Holiday Gift Assistance	WHEAT Community Connections	Phone: 508-370-4943 Address: 272 High St., Clinton, MA, 01510	Feed-A-Family (Turkey meal) registration begins the 2nd week in September and ends the first week in November.

				"Hope for the Holidays" registration begins the 2nd week in September and ends the 1st week in December.
Lancaster, Bolton, Stow	Holiday Gift Assistance	Toys-for-Tots	<u>Website</u>	
Lancaster	Holiday Gift Assistance	Lancaster Police, Angel Tree, Lancaster Food Pantry	LPD: 978-365-6308 Cell: 978-875-2017	
Lancaster, Bolton, Stow	Holiday Gift Assistance	Catholic Charities of Worcester County	Phone: 508-798-0191 Address: 216 W. Boylston St #300 West Boylston 01583	
Stow	Holiday Gift Assistance	Beacon Santa	Website Beacon Santa Fund, c/o Wicked Local Media, 150 Baker Ave. Ext., Suite 201, Concord, MA 01742	
	Holiday Gift Assistance and General Assistance (Clothing, back-to-school supplies, summer camp tuition)	Warm Hearts of Stow	Website Phone: 978-897-4569 549 Great Rd, Stow, MA 01775	
Stow	Social Workers	Stow Town Social Workers	Brian O'Sullivan LICSW, Town Social Worker 978-897-2638 Rachel Michalczyk	

	LICSW, Town Social Worker 978-897-2638	
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