

## Early Parenting Attitudes Questionnaire (EPAQ)

How much do you agree with the following statements regarding infants and young children?

**Do Not Agree   0   1   2   3   4   5   6   Strongly Agree**

1. Parents do not need to worry if their child misbehaves a lot.
2. Too much affection, such as hugging and kissing, can make a child weak.
3. It is good to let children explore and experiment.
4. It is very important that there are consequences when a child breaks a rule, big or small.
5. Parents can prepare young children to succeed in school by teaching them things, such as shapes and numbers.
6. It is okay if young children boss around their caregivers.
7. It's important for parents to help children learn to deal with their emotions.
8. A child who has close bonds with his or her parents will have better relationships later on in life.
9. Parents can help babies learn language by talking to them.
10. Children don't need to learn about numbers and math until they go to school.
11. Parents should not try to calm a child who is upset, it is better to let children calm themselves.
12. Children and parents do not need to feel emotionally close as long as children are kept safe.
13. Reading books to children is not helpful if they have not yet learned to speak.
14. It is not helpful to explain the reasons for rules to young children because they won't understand.
15. It is very important that children learn to respect adults, such as parents and teachers.
16. Children should be comforted when they are scared or unhappy.
17. Young children should be allowed to make their own decisions, like what to play with and when to eat.
18. It is okay if children see adults as equals rather than viewing them with respect.
19. Children who receive too much attention from their parents become spoiled.
20. Children should be grateful to their parents.
21. Babies can learn a lot just by playing.
22. Babies can't learn about the world until they learn to speak.
23. It is very important for young children to do as they are told, for example, waiting when they are told to wait.
24. Parents should pay attention to what their child likes and dislikes.