

I hope the new year finds you well. I am [name]. I have lived in [town] since [year] . I am an [short bio of self and background] I have two sons in the [school] high school. I am always concerned about the safety and health of my family, my practice partners, my staff of over 30 employees and my community.

Recently the issue of mandatory masking has come up before the New Jersey legislature and we once again are debating whether the NJ legislature should renew governor Murphy's covid executive orders.

Once the executive orders are allowed to expire, I urge you to make masking in Tenafly schools VOLUNTARY. There is no valid, scientific or public health justification to force asymptomatic healthy children and young adults to wear masks in school.

As a father, physician and scientist, I will assert that evidence that masks are ineffective at reducing the spread of upper respiratory viruses is literally overwhelming. Masks are useless. Masking healthy asymptomatic people has NO EFFECT on the spread or transmission of coronavirus.

The World Health Organization publishes a guide called the “non-pharmaceutical public health measures for mitigating the risk and impact of epidemic and pandemic influenza”

<https://apps.who.int/iris/bitstream/handle/10665/329438/9789241516839-eng.pdf>

In section 4.3 titled “Face masks” page 27, it states the following in the blue box:

“Although there is no evidence that this is effective in reducing transmission, there is mechanistic plausibility for the potential effectiveness of this measure.”

No evidence. That's the science. No Evidence.

There has been a decades long concerted effort to find evidence. Many groups have looked for evidence that masks work. No evidence has been found. Some may claim that the evidence is inconclusive. This is not true. There is voluminous evidence that masks are useless.

A virus particle is much smaller than the size of the mask pores and goes right through the mask. Millions of virus particles can survive for days suspended in aerosols in the air. The effect is similar to taking a draw on a cigarette and then exhaling with a mask on.

<https://swprs.org/face-masks-evidence/>

<https://www.aier.org/article/masking-a-careful-review-of-the-evidence/>

You may say that it's not a big “ask” to mask up if there is even some hint of effectiveness, but the harms of masks are legion.

<https://brownstone.org/articles/more-than-150-comparative-studies-and-articles-on-mask-ineffectiveness-and-harms/>

Children are NOT at great risk from severe disease from covid. This is irrefutable. In the entire United States fewer than 700 children have died from covid out of a population of over 80 million young people. The risk to a young healthy person from covid is about the same as a regular flu. This is an obvious fact that can be appreciated from publicly available CDC data.

<https://www.statista.com/statistics/1191568/reported-deaths-from-covid-by-age-us/>

Masks are talisman and a form of public health performance art cosplay. Masking asymptomatic healthy people makes no difference in transmission. This has been shown time and time again for covid, and has been known for 100 years.

The WHO knew it in 2019. masks cannot even stop flu.

The United States [standing pandemic guidelines](#) expressed it.

Masks are [not source protection](#).

And they [do not work in schools](#).

Even Dr Fauci knew this at one point and said that no one should be wearing masks.

If you claim that you have an understanding of science then you understand that good evidence drives scientific claims. If a public health organization or political institution such as the state of New Jersey or the [*name of school system*] school board is going to impose mandatory masking, there should be good credible evidence that the intervention is effective. There is NO such evidence for masking healthy asymptomatic children and young adults.

and no, [N95's are no different](#).

The evidence for masks uselessness is massive

<https://swprs.org/face-masks-evidence/>

### **So why do we keep doing it?**

Another critical consideration is that you are making a laughing stock out of the teachers and principal of the high school and eroding their credibility. My sons and their friends know that masks are useless because in Florida, where we have visited many times over the past 2 years, there are no school mask mandates and their rates of illness are actually better than in New Jersey. My sons and his friends have attended sporting events and concerts unmasked and nothing bad has happened. In the high school the students take their masks off and crowd into the cafeteria to eat maskless. They socialize in private homes maskless. They all know how

ridiculous the whole charade is. My sons and many of their friends and acquaintances have been discussing this on social media and it is clear that they view the teachers and leaders in the school system as weak and cowardly for bowing to what amounts to political pressure at this point and forcing them to do something that is so obviously pointless.

So if you care about fostering respect and a serious professional learning environment. If you care about actual science, the truth and well being of children:

**You will end mandatory masking.**

Are you not aware of the massive worldwide body of evidence that shows that masks make no difference?

Are you not in touch with the reality of the actual situation in our communities where massive numbers of people are now getting infected with covid despite widespread vaccination and mask use? Masks and vaccination have clearly failed everywhere. The way to END the pandemic is for everyone to be exposed to covid. Anyone at-risk should be vaccinated and protected and treated early. Everyone else will recover and have natural immunity. My older son had covid in August and has natural immunity. I had natural infection as well and experienced a moderate illness and recovered. There is no other way.

Are you ignoring the obvious truths around you because of fear? Politics?

Masks are the low energy panic reflex. Lockdowns were too severe to sustain. The damage was too great and not even fearful panicked leaders could maintain them or had the inclination to try again.

But masks are a lesser evil. They are highly visible, performative, require personal action, and provide visible evidence of government governing and public health “doing something.”

But it’s all sugar pills. It’s been all for NOTHING. Masks DO NOT WORK!

<https://ianmsc.substack.com/p/how-can-anyone-still-believe-in-covid>

The more masks fail, the more we need them.

<https://ianmsc.substack.com/p/the-more-masks-fail-the-more-we-need>

If we want this to end. It is up to us to end it. The Omicron variant causes mild illness in 99.9 percent of those it infects. If my 14 year-old unvaccinated son got omicron tomorrow, I would be very happy about that because he would have a mild illness and recover and he would be immune. Since the vaccines do not stop spread or transmission, this type of herd immunity phenomenon is how the pandemic will end.

It is a-scientific and an abuse of our children to force them to participate in a useless hypochondriacal ritual. You must oppose mandatory masking.

Regards

*NAME*