



4-Year Plan										
Grade	English	Social Studies	Math	Science	PE	VPA, Foreign Language	Academy Core / Practical Art /CTE		0 Period	Summer School & Club
9	HCA English 9	HCA College and Career & Ethnic Studies	Algebra 1	HCA Physical Science	PE	Spanish I				Health HOSA Club (lunchtime)
10	HCA English 10	HCA World History	Geometry	HCA Biology	PE		Medical Science I CPR/First Aid Certification, Health Science Fundamentals Certification		Span II	HOSA Club (lunchtime)
11	HCA English 11	HCA US History	Algebra 2	HCA Chemistry		Visual or Performing Art	Medical Science II OSHA Certified - Health Care Stop the Bleed Certificate, Medical Anatomy & Physiology Certification			HOSA Club (lunchtime)
12	HCA English Reading, Writing, Composition (ERWC)	HCA Government & Economics	AP Statistics OR Honors Precalculus OR Finite Math, AP Calculus Recommended for college	HCA Anatomy & Physiology Class awards MJC college credit (AP 50)			1st Hour Health & Hospital Occupations 1-2 OR Nursing Assistant Pre-certification Program 1-2 OR Sports Medicine 1-2	2nd Hour Health & Hospital Occupations 3-4 OR Nursing Assistant Pre-certification Program 3-4 Sports Medicine 3-4		HOSA Club (lunchtime)
							Hands on Training - Direct Patient Care CPR/First Aid Certification ~~~~ Nursing Assistant Pre-Certification Program prepares students to take the <i>California State Certified Nurse Assistant Exam</i>			

Over for more information

Students are to have

- minimal absences
- positive citizenship
- participate in community service (25 hours per year)
- maintain a 2.0 GPA or higher in all classes
- membership in HOSA - Future Health Professionals

9th grade - students are placed in College & Career Seminar and pre-academy core courses. Health will need to be taken in summer school or Extended Summer School.

10-12th grade - students are enrolled in four HCA classes each year unless taking agriculture, Honors, or AP.

12th grade - students take Human Anatomy and Physiology. As an articulated class with Modesto Junior College, students will be awarded BOTH high school and MJC credit. A grade of C or better must be earned. (College credits will not be listed on the high school transcript.)

** PE credits may be earned through sports in 10-12 grade if the PE Fitness Test is passed in 9th grade. (Two sports must be played in 10th grade in order to not take PE.)

The 4-year plan includes both TDHS graduation and 4-year college admissions requirements. **Students may need to take an extra period (0) or take a Modesto Junior College course, while in high school, in order to complete all requirements for 4-year college admissions.**

- 2 years of Foreign Language (3 years recommended) and 1 year of Visual or Performing Art (VPA) MUST be taken if a student plans on applying to a 4-year college immediately after high school.
- 3 years of math needed for graduation, 4 years recommended for college
- Dance will count as a VPA for college admissions if taken in PE

~ Please speak with Mrs. Barrios, HCA Counselor, for more information or to create a personalized 4-year plan. ~