



ASC NORDIC NRL RACE WEEKEND

December 20-21, 2025

U.S. Ski & Snowboard Sanctioned Event

All information is subject to change

**U.S. Ski & Snowboard LICENSE or MEMBERSHIP
REQUIRED FOR ALL NRL ENTRIES**

ORGANIZING COMMITTEE

Meg Seifert, Chief of Competition/Race Secretary/Chief of Timing/Volunteer Coordinator

meg@asctrainingcenter.org

Chief of Start--Julie Halvorsen

Chief of Finish--

Chief of Course--Anna Voegelé

Chief of Stadium-- Dave Eastwood

Timing – Auburn Ski Club

Technical Delegates –Anna Wettermark, Anna Voegelé

Assistant Technical Delegates – Anna Voegelé, Anna Wettermark, Meg Seifert

Jury- Meg Seifert

REGISTRATION LINKS

[**SPRINT**](#)

[**Snowshoe Thompson**](#)

[**Start lists**](#)

A U.S. Ski & Snowboard competitor's [license or membership](#) is required for all NRL scored entries.

U14s, please consider purchasing a General License from US Ski and Snowboard. Signing up gets you into the US Ski Team pipeline and helps support the sport and our region! Start [here](#). Thank you

Entries are due on in the Zone4 portal **by 11:59 p.m., PST, Tuesday, December 16. Late entries until 3:00 pm PST Thursday, December 18.** Paper entries are not accepted. Late entries past Thursday will NOT be accepted.

Changes must be completed by Thursday at 3:00 PM. There are no refunds. Please submit all scratches to the Race Desk on Race morning.

ENTRY FEES

\$45 per day (for sanctioned races), \$10 late fee. Youth (\$25/\$35) and Citizen race entry (\$40/\$50) per race with signup on Zone4. There are no late entries. If any U10 and under youth want to race untimed, they can show up at the start line 15 minutes before the start and do an untimed stadium or 1k race on either day.

The [ASC waiver](#) must be completed for each skier, volunteer, and racer. If the person is a minor, a parent or legal guardian must fill it out.

VOLUNTEERS

Please register to [volunteer for Saturday's races here](#).

Please register to [volunteer for Sunday's races here](#).

TRAIL ACCESS

ASC Trails are open on December 19, 2025, for training from 2-4:30pm. Both courses will be marked and open. All athletes and coaches need to be registered and need to fill out an ASC waiver before skiing. Everyone needs a valid ASC trail pass to ski.

WAXING AND FACILITIES

All waxing must be done outdoors. We will have an area to the west side of the parking lot, unless the weather is bad, and we will find an alternative location. Only those competitors and coaches preparing for the next scheduled race are allowed in the waxing area. Competitors must observe the US Ski and Snowboard NO FLUORO rule. ONLY non-fluorinated glide and kick waxes are allowed. Skis that have been waxed with fluorinated products should be cleaned following USSS guidance found [here](#). Athletes can use the downstairs long room in the ASC Training Center. The green building is closed to racers.

Far West teams have agreed to a glide wax call for the weekend. This allows all of our coaches to focus more on athlete support and ensure a great racing experience!

There is a FIS rule: there is no waxing and no exchange of competition skis during the sprint heats, we will be following that rule and holding all skis during the sprints.

RESULTS AND SCORING

There will be [live results on Zone4](#) as the races are happening. Overall results will be generated and posted there and at the venue as well. Final results will be posted on the Zone4 events page and on the Far West Nordic Page. www.farwestnordic.org

WEATHER

You can try to catch race footage and see the weather on the ASC stadium

webcam. As this is an outdoor winter sport, weather can always be an issue. We work hard to monitor the weather and make the best decision as early as possible. Because both of these races are JNQ races and much-needed NRLs if the conditions don't cooperate, we will reschedule the races.

SCHEDULE OF EVENTS (In PST)

SUBJECT TO CHANGE

Friday, December 19, 2025

2:00-4:30 PM: The weekend's courses will be open for training/inspection, all athletes and coaches need a valid season pass or day pass.

4:30 pm-- Virtual Team Captains Meeting for both events

TCM Invite

[Start Lists](#)

TCM Agenda

Saturday, December 20, 2025

Classic SPRINT QUALIFIERS and Heats

8:00-9:30 am **Bib pick up** @ ASC Registration Desk

9:20 am Youth Stadium Loop and 1k- Untimed (no registration needed, need a valid trail pass and a signed waiver)

9:30 am Youth Race U10/U12/U14 individual start- 1 km 15-sec intervals (non-USSA)

9:50 am **Course Closed**

10:00 am Men's Prelims, 15-sec intervals, US Ski and Snowboard NRL

10:15 am Women's Prelims, 15-sec intervals, US Ski and Snowboard, NRL

11:00 am **U14/U12/U10 Heats**

11:00: Boys Semi 1

11:05: Boys Semi 2

11:10: Girls semi 1

11:15: Girls semi 2

11:20: Boys Final

11:25: Girls Final

11:40 am **Youth Awards**

11:35 am **Course Closed**

11:45 am **USSS Heats Begin (see below)**

2:00 pm

Awards- will be held at the ASC back deck. 1st-3rd will be given out for the overall heat winners.

Heat Schedule	Time
Quarter Final 1-Men	11:45
Quarter Final 2- Men	11:50
Quarter Final 3- Men	11:55
Quarter Final 4- Men	12:00
Quarter Final 5- Men	12:05
Quarter Final 1- Women	12:10
Quarter Final 2- Women	12:15
Quarter Final 3- Women	12:20
Quarter Final 4- Women	12:25
Quarter Final 5- Women	12:30
Semi-Final 1- Men	12:40
Semi-Final 2- Men	12:45
Semi-Final 1- Women	12:50
Semi-Final 2- Women	12:55
B Final- Men	1:00
A Final- Men	1:05
B Final- Women	1:10
A Final- Women	1:15

Sunday, December 21, 2025

SNOWSHOE THOMPSON DISTANCE CLASSIC INDIVIDUAL START

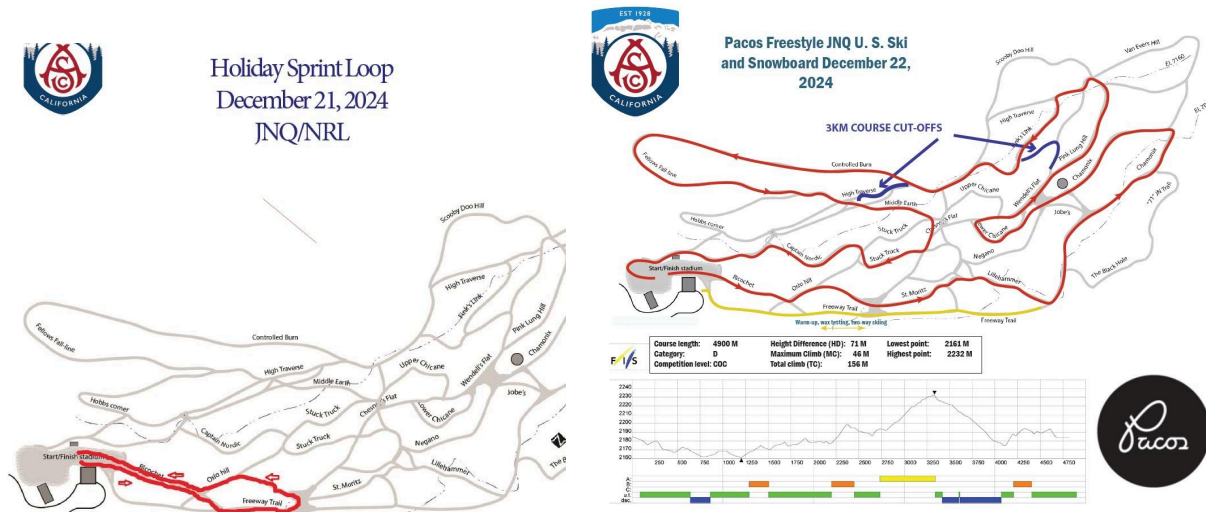
8:00-9:00 am **Bib pick up** @ ASC Registration Desk

8:55 am Mass start 1k and Mass start Stadium loop- Untimed (no registration needed, need a valid trail pass and a signed waiver)

9:00 am 1k (U10 and Under) and 3k (U12/U14) Race Individual Start 30 Sec Intervals

- 09:30 am** Youth Awards- Immediately following their races
- 9:45 am** Women's 7.5k (USSS NRL, JNQ U16, U18, U20)- 30 Sec intervals
- 10:15 am** Men's 7.5K (USSS NRL, JNQ U16, U18, U20)- 30 Sec intervals
- 10:45 am** 7.5K Citizen's Race. **30-Second Interval Start**
- 12:00 pm** **Awards** will be held at the ASC Training Center. 1st-3rd will be given out for the USSS races, and the citizen winners.

COURSE MAPS



All information is subject to change.
Last Updated November 4, 2025

