Seville

- Sobretablas (michelin bib gourmand)
 - o 70 euro 8 course tasting menu with 40 euro wine pairing
 - Fava beans with yolk and broth (very good)
 - Spinach and potato samosa (outstanding)
 - Artichokes with ham foam (so-so)
 - Seafood stew with aji amarillo gnocchi (outstanding)
 - Bass with pumpkin (so-so)
 - Roasted pork with pear (great)
 - Braised lamb with wild mushrooms (great)
 - Pear sorbet with blue cheese (so-so)
 - Chocolate bon-bon with white chocolate cream (outstanding)
 - Wine pairings were outrageously good -- well worth 40 euro
 - Excellent sourdough bread (best we had on the trip)
 - Very pleasant atmosphere, but slightly understaffed (sometimes had to wait a long time for the wine pores that went with each dish)
 - o Overall: our most expensive meal, but I felt it was worth it and I would go again.

Palo Cortao

- Very affordable modern takes on tapas from different regions (had a catalan feel)
- Sweet potato gnocchi with almond truffle sauce (outstanding -- so good we ordered a second)
- Tomato stuffed with tuna pate (fun innovative appetizer)
- Zucchini carpaccio (very good)
- Cod balls on top of yolk topped with caviar (outstanding)
- Lobster rice (so-so)
- Marinated mackerel with romesco (outstanding)
- Calcots scallions with romesco (good)
- Partridge pate (good)
- Sweet potato with beets and blue cheese (so-so)
- Tarte tatin (good)
- Chocolate cake (good)
- Cheese cake (so-so)
- Amazing service
- Overall: our favorite meal in Seville (we went twice) -- would definitely go back

Az-zaid

- Michelin bib gourmand
- Unremarkable food with a lot of presentation effort. Almost everything needed acidity.
- Almond soup with mango balls, caramel, red wine jelly (ok)
- Foie gras (ok)
- Oxtail sandwich (good -- two little crepes with oxtail puree)
- Mushrooms stuffed cannelloni (bad -- too much white pepper, gooey filling and sauce, overcooked pasta)

- Octopus with egg and cream sauce (ok -- octopus texture not bad, but too much creamy heavy stuff drowning it)
- Lamb with cous-sous (good -- great flavor and texture, just needed acidity)
- Lemon sorbet (ok)
- Banana pot with soil (bad)
- o Overall: not a single excellent dish. I don't know how it got a bib gourmand

La Cayetana

- Terrible tough octopus, yucky croquetas, mushy cannelloni
- Meson Los Gallegos
 - Terrible (tough oversalted octopus, over dried inedible tortilla)

Ronda

Tragata

- o Tapas bar of a michelin 2 star that's reasonably priced, but hard to get a res
- Salmon kimchi crudo (ok)
- Tuna kimchi taco (good)
- Smoked sardine with sheep butter on toast (outstanding)
- Tomato salad (bad not ripe tomatoes)
- White asparagus (bad mushy, doused with mayo)
- Tortilla with tuna tartar (bad oversalted tuna, bad tortilla texture -- couldn't even finish)
- Burger (good flavor and doneness on point, but a bit dense)
- Flan (outstanding -- phenomenal texture and nicely burnt caramel)
- Chocolate cake (good)
- Overall: very inconsistent

Bar Flamenka

- Very casual (we walked in because it was close to our apartment)
- Mushroom croquettes (very good -- the only croquettes we actually liked in Spain)
- Fried eggplant with fried goat cheese (good, but a tad heavy)
- Oxtail with fries (good)
- Pork cheeks with fries (good)
- Two shrimp dishes that we tried were bad
- We went twice to get take out. Great service and good food given how terrible average food can be around here.
- Overall: go if it's convenient, but don't go out of your way.

Alba

Churros and coffee (pretty good)

Puente Genil

- Alma Ezeguiel Montilla
 - Michelin bib gourmand
 - Beautiful interior inspired by arabic architecture
 - Simple, but exceptionally tasty (except for desserts)
 - Huge cod and shrimp ball with lemon sauce (outstanding)

- Sole meunière (outstanding)
- Bastilla (fillo pie with chicken and nuts) (very good)
- Balsamic strawberries with whipped cream (good)
- Carrot cake and white chocolate napoleon (not good)
- Overall: wonderful and affordable -- would definitely go again, but would skip dessert

Cordoba

Terra Olea

- Michelin bib gourmand
- Excellent service (made Sasha pasta with butter) and affordable
- 14 course (bite) menu, with not a single great dish
- Lots of focus on contemporary saucing and presentation, but nothing tasted great, except for bread, which was excellent

Puertochico

- Whole branzino with mussels, shrimp, potatoes (outstanding -- the best fish dish of the trip)
- Grilled Octopus with potatoes and salsa verde (not bad -- relatively tender, but not perfect, somewhat dry under seasoned potatoes)
- Black rice with shrimp and squid (so-so)
- Overall: overcharged us on a few items, but we'd be happy to return for the fish dish.

Horno de Tradición

 Bakery where terra olea gets their bread. We had high hopes for their croissants, but they were mediocre.