

Fortuna Athletics 2025/2026

Fall Season Starts on August 11, 2025

July 30- 2-5 PM Sports Physicals.. Concussion Testing, ETC.. Logan Gym

All Freshmen must have graduated and enrolled in FUHS to participate

Football (Fall)

Head Coach: Mike Benbow - 273-7640 email: mbenbow@fuhsdistrict.net

Summer workouts begin June 9 – July 16 (6:30 AM- 8:30 A.M.) (3 days MTW) Field and Weightroom

Remind for Athletes: Send Text to 81010 Text this message **@84g7fb9**

Remind for Parents: Send Text to 81010 Text this message **@h482626**



Cheerleading (Fall/Winter)

Head Coach: Kim Brown - 601-9368 Email: kbrown@thecornerstoneway.com

Team INFO Sportsyou- BUNV-SRYA

Tuesdays: 4-6pm Cafeteria Starting June 17th

Wednesday: 9-10am Weight Room Starting June 18th

Thursdays: 8-10am Cafeteria Starting June 19th

Tryouts: Aug 11-12 Football Cheer Tryouts 4-7pm

Boys Soccer (Fall)

Head Coach: Daniel Holmes -599-8963 email: dholmes@fuhsdistrict.net

Remind:

Tryouts on Aug 11- 4 pm Newburg Park

Girls Soccer (Fall)

Head Coach: Arnulfo Aguirre -362-6803 Email: nufaguirre@gmail.com

Summer workouts begin June 30 – July 30, 6:00 AM- 8:00 A.M (3 days MTW) Husky Field

Bring running shoes and soccer cleats

email: Tryouts: August 11th - 4:00 - 5:30 pm- Newburg

Girls Golf (Fall)/Boys Golf (Spring)

Head Girls Coach Max Betts email: scottbetts@fuhsdistrict.net

Head Boys Golf Coach- Hec Wood hec_wood@yahoo.com

Join our Remind GIRLS Golf:

Join our Remind Boys Golf:

Cross Country (Fall)/ Track and Field (Spring)

Go Huskies!

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Head Coach Vince Zinselmeir- 498-9778 email: vzinselneir@fuhsdistrict.net

Cross Country Code - 81010- @vzins

Track/Field Code - 81010- @fuhstf22

Cross Country Workouts (on own for summer) There will be a workout sheet in the main office if you want to grab a copy.

Girls Tennis (Fall)/Boys Tennis (Spring)

Head Coach: Kim Peterson

Open Court on Tuesdays and Thursdays from 1-3 pm

June 10-July 24th

Volleyball (Fall)

Head Coach- Rene Drakeford- 498-9301

Volleyball summer workout times: Varsity @ FMS on Tuesdays -11-1 am & Thursdays 10-12 am.

Freshman can start on June 18th- with the rest of JV on Wednesdays from 12:30-2:30 & Fridays from 5:30-7:30pm

Remind code is : 8a3b3fc

Winter Season Starts on November 3, 2025

Wrestling (Winter)

Head Coach Steven Stockdale - 497-8046- email: sstockdale@fuhsdistrict.net

Open Mat Wrestling : On Own

Girls Basketball (Winter)

Head Coach:Tom Chapman- (707) 298-1709 email: tchapman80@gmail.com

Varsity: begins June 2: JV begins June 3: Freshmen begins June 16

Remind Code : Send Text to 81010 Text this message @fhsgbas

Contact Coach Chapman for more details

Boys Basketball (Winter)

Head Coach: Norm Sotomayor - 845-4027 email: nsotomayor@fuhsdistrict.net

Remind Code: @FUHSBAS

Summer Practices :

Varsity: June 2nd-5th & 9th-12th 8:00am-10:00am June 18th and on Wednesdays 8:00-10:00

JV: June 2nd-5th & 9th-12th 9:00am-11:00am June 16th and on Mondays 9:00-11:00

Frosh: June 9th and on. Mondays and Tuesdays 9:00-11:00 @FMS

Strength and Conditioning

Open to all athletes Mon-Wed-Fri @11:00

Spring Season starts on February 9, 2026

Baseball (Spring)

Go Huskies!

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Head Coach: Andy Petersen **408-482-6647** email: apetersen8@gmail.com
Remind Code:

Softball (Spring)

Head Coach: Eric Helms - 616-4470 email: ehelms@fuhsdistrict.net

Remind- Communication for entire teams

Send a text to number 81010 and then you will include the Code that each coach has in the text box
(Wrestling has different text number)

Go Huskies!