

Jon Gabriel - The Gabriel Method - Start Your Transformation

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Join Jon Gabriel for a powerful 4 DVD video training series. This program was created at one of Jon's high-energy, sold-out live trainings and takes you deep into the fundamental principles of *The Gabriel Method*. Most importantly, you'll learn how to put these new tools into action in your own life right now!

Why The Gabriel Method?

Popular health advice teaches us that weight loss is merely a question of dieting and exercise, a calories in, calories out equation; but everyone who has ever tried and failed at dieting knows that it's never that simple. The Gabriel Method is a holistic, mind-body approach that gets your body to want to be thin so that weight loss is automatic.













Join the Movement

Each year, Jon Gabriel hosts live seminars, personal and group coaching programs, retreats and trainings. This DVD series gives you the rare opportunity to experience the energy and passion behind The Gabriel Method, and if it resonates with you, Jon and his team would like to cordially invite you to attend one of their live or virtual events.

Free Bonus!

Includes a download to the complete seminar workbook so you can follow along and take notes while you watch and learn!

Proof Content

	THE GABRIEL METHOD PART FOUR.mp4			307 MB
	THE GABRIEL METHOD PART ONE.mp4			273.5 MB
	THE GABRIEL METHOD PART THREE.mp4			278.1 MB
	THE GABRIEL METHOD PART TWO.mp4			363.5 MB
4 files				1.2 GB

