

Kentucky Psychological Association

8004 Lyndon Centre Way, Ste. 202 Louisville, KY 40222
VOICE (502) 894-0777 FAX (502) 894-0635 kpa@kpa.org www.kpa.org

KPA's Strategic Priorities

Membership	Advocacy	Leadership Development
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Kentucky Psychological Association Board Meeting

Date: December 6, 2024	Time: 1:00PM
Location: Louisville, KY-Bellarmino University	

Minutes - DRAFT

Attendance Board Members:

AJ Steele (President)	Absent w/Notice	Patti Weiter (Past President)	Present	Kari Jones (President-Elect)	Present
Sarah Nolan, M.A. (Secretary)	Present	Pam Cartor (Treasurer)	Present		

Attendance Central Office Staff:

Eric Russ, Ph.D. (Executive Director)	Present	Sarah Burress (Director of Operations)	Present	Megan Paxton, Ph.D. (Director of Professional Affairs)	Present
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KPA Board Members/Representatives In Attendance:

- KPA Western-Central Representative: Michael Farina, PhD
- KPA Health Psychology Representative & Incoming Treasurer: Lisa Steelsmith, PsyD
- KPA Graduate Student Representative: Fei Bi Chan, BA
- KPA At Large Representative: Demi Lincoln, PsyD
- KPA Masters Representative: Matthew Davis, Ed.S.
- KPA Ohio Region Representative: Collin Davidson, PhD
- KPA Academic Representative: Rick Grieve, PhD
- KPA Diversity Representative: Clint Nowicke, PsyD
- KPA Clinical Interest Representative: Ashley Belcher, PsyD
- KPA Bluegrass Representative & Incoming President-Elect: Federico Aldarondo, PhD
- Incoming Bluegrass Region Representative: Megan Marks, Ph.D.
- Incoming Early Career Psychologist Representative: Catherine Veillon, Psy.D.
- Incoming Education and Training Interest Section Representative: Andri Yennari
- Incoming Health Psychology Interest Section Representative: Ian Boggero
- Incoming Rural Practice Interest Section Representative: Nathan Ratliff
- Incoming KPAGS Representative: Miranda Weathers
- Incoming At Large Representative: Melissa Hayden, Psy.D

Not Present:

- KPA Appalachian Representative: Leigh Ann Ford, PhD
- KPA Child & Adolescent Representative: Catherine Huffman, PsyD
- KPA Early Career Psychologist Representative: Megan Summers, MA., MEd.
- KPA Rural Practice Representative: Abby Dowdy, PsyD
- KPA Education and Training Section Representative: Gina DeArth-Pendley, Ph.D.
- APA Council Representative: Felicia Smith, PhD
- KPA 2024 Convention Committee Chair: Amy Greenamyre, PhD
- KPA Appalachian Region Incoming Byron Tharpe
- KPA Board At Large Representative: Brenda Arellano-Bruckner, MS

TOPIC	DESCRIPTION	CONCLUSION
President’s Remarks	President-Elect calls the meeting to order at 1:05PM. New and current KPA Board members introduced themselves.	No action needed.
Welcome & Introductions		

Approval of previous meeting minutes	Meeting minutes for September 2024 were shared within the meeting agenda and were reviewed. Meeting minutes for October 2024 were shared within the meeting agenda and were reviewed.	Motion made by Federico Aldarondo to approve both documents, motion approved unanimously
Last Quarter Financial Report	Pam reviewed first quarter credit card statements as part of the financial report. All expenses were accounted for, and there were no discrepancies. Q1: Balance Sheets for KPA & KPF were shared and reviewed. KBEP did pay what was owed. Expenses: personnel is the largest cost, all others are on track.	Motion made by Federico Aldarondo to approve the financial reports as written, motion approved unanimously.
Executive Director Report	Membership: Membership is trending upward, especially with Masters and ECPs. Silver & Gold upgrades are also trending upward. CE: We had a very strong cultural competence workshop which is a good start to our fiscal year. We have most of the 2025 calendar planned and anticipate a strong set of events with a larger in person workshop again in the spring. Our CEPD chair will be taking maternity leave next year and we are working to plan our CE schedule for minimal disruption. Convention: Our 2024 Convention was our first fully in person convention since 2019. We had multiple comments on the quality of the programming and generally events went well. Given strong attendance and hotel costs, we will need to increase the amount we budget for convention going forward. We may look at price and CE structure as well. We are starting to plan our 2025 Convention with Dr. Janelle McNeal as Convention Chair and hope to have a finalized date and location in Lexington by the time of our meeting. Kentucky Psychological Student Conference: We are almost complete with our 2025 KPSC planning. The event will be April 12th again at Kentucky State University and will be similar in structure to the event last year. We will need help from our KPA Board promoting this event to ensure	No action needed.

	it is as successful as it was last year. We are especially hoping to increase the number of graduate student attendees. Mentorship Program: Our graduate student mentors have been working diligently to continue to connect graduate and undergraduate mentors. As reported in our previous meeting, this program is active with excellent satisfaction rates among participants. KPF: KPF continues to implement its vision for fundraising and programming. We had a successful fundraiser through Convention, but external funding remains challenges. We will be discussing governance models at the upcoming KPF meeting to better include community partners and expand our donor base.	
Director of Professional Affairs Report	Paxton: Key Topics on the DPA/APA Listserv: EPPP-2: Issue appears resolved following ASPPB's statement. Master's-level practitioners: Discussion continues at national and state levels. Optum pre-payment audits: Not a significant issue in Kentucky. AI in practice: Monitoring state approaches to regulation and usage. Alternate forms of pay: Predicted to become a rising issue for psychologists in the coming years. Advocacy against the 2.8% Medicare payment cut. Corporate Transparency Act filing requirements: Deadline is December 31. Member Inquiries and Consultations Issues with Carelon and Anthem paneling. Consulting regulations for psychologists. Providing pro bono services while employed by telehealth agencies (e.g., BetterHelp). Upcoming Projects: Continued updates to KPA on national trends such as AI regulation and alternate pay models. Will support Eric Russ as the Legislative Advisor on advocacy efforts for Kentucky psychologists, focusing on key legislative and regulatory issues. Participation in the Practice and SPTA Leadership Conference in Washington, DC, in February, hosted by APA.	No action needed.

	Collaborating with KPA leadership on the development of targeted strategies to increase engagement with KPA members through virtual town halls and resource-sharing initiatives. Exploring opportunities to expand psychologist participation in interdisciplinary advocacy groups addressing statewide behavioral health issues.	
Advocacy & Legislative Report	Russ: I want to note that among a difficult election, KPA had a significant win with our participation in the Protect our Schools coalition and the defeat of Amendment 2. We are working now on preparing for the 2025 KY Legislative Session. As a reminder this is a 30-day (short) session so things will move quickly. I have continued attending interim committee meetings, mostly virtually, where appropriate. Prescriptive authority: We have had another meeting of the group working on the bill to decrease prior authorization. We have our RxP workgroup together and have started gathering educational materials. We have also received a \$5,000 grant from APA to support this work. I met with a representative of the KPCA who indicated general support. We have a meeting with KMA in mid-December and then will work on meeting with the pediatric association. Psychology Day at the Capital: February 12th, 2025	
ACTION ITEM: Draft Legislative Priorities	An initial draft of the 2025 Legislative Priorities was shared and reviewed.	Motion made by Federico Aldarondo to approve as written, motion approved unanimously.
ACTION ITEM: Changes to the KPA Bylaws: Final Reading	A final draft and reading of proposed changes to the KPA Bylaws were shared and reviewed.	Motion made by Pam Cartor to approve as written, motion approved unanimously.
ACTION ITEM: Leadership Academy	https://www.kentuckypsychologicalfoundation.org/leadership-academy Lincoln: Two tracks presented for implementation in the summer of 2025.	Motion made by Kari Jones to approve as written for implementation in the Summer 2025, motion approved unanimously.
ACTION ITEM: Committee Chair Approval/Committee	A directory of 2025 KPA Committee Chairs was shared and appointments reviewed.	Motion made by Federico Aldarondo to approve as written, motion approved unanimously.

e Policy & Procedures	KPA Committee Policy and Procedures Manual shared and reviewed.	
ACTION ITEM: 2025 Planning & Meeting Dates; 2025 Newsletter Dates	2025 KPA Board, KPA Board Executive Team, and KPF Meeting Dates were shared and reviewed. 2025 KPA Newsletter Dates was shared and reviewed.	Motion made by Clint Nowicke to approve as presented, motion approved unanimously.
ACTION ITEM: KPA Board Member Forms	Conflict of Interest Forms were sent to all KPA Board members to complete and submit; KPA Board Members were sent a form to complete their KPA website biographies to complete. Past Board Member Bios for Review	Please complete ASAP.
DISCUSSION ITEM: KPA Convention	Convention was well attended; sponsorships went well; Despite many issues, positive feedback received from those who attended. Plinko was a huge success. Convention expenses were under budget after negotiations with the hotel due to issues experienced. The Silent Auction went well, close to \$2500. Next year's Convention will be held in Lexington, KY November 13th-15th, 2025 with Janelle McNeal, PhD as chair of the planning committee. If you are interested in presenting, please inform Janelle McNeal.	No action needed.
DISCUSSION ITEM: KPA Workgroup Updates	The Prescriptive Authority workgroup is meeting regularly. Measurement Based Care Consultation workgroup will be starting soon.	No action needed.
DISCUSSION ITEM: KBEP	Eva Markum is stepping down as chair. Jamie Hopkins is being appointed to the vacant position. Most recent suggestion that KBEP suspend the oral exam was not received well, they are asking potentially for additional board members due to the increased workload. Only 10 states currently require an oral exam. Mark Brengelman is the new KBEP Board attorney.	No action needed.
DISCUSSION ITEM: Board/Committee Reports	Quarterly Reports for Board Representatives, Interest Sections, and Committees were shared and reviewed. Meaning and Connection ex-officio member of the KPA Board presented as a new KPA position by Patti Weiter in order to promote more opportunities for socials and deeper connections with KPA members and KPA Board appointed by the KPA President.	Motion to approve the ex-officio position to be added made by Lisa Steelsmith, motion approved unanimously. Kari Jones motioned to appoint Patti Weiter to this position, motion passed unanimously.
Recognition of Exiting KPA Board members	Eric Russ passed out certificates for all KPA Board Members who are exiting their current role that attended.	

Adjournment: Motion was made by Federico Aldarondo to adjourn, motion passed unanimously. Meeting adjourned at 3:41PM.

Next Regular KPA Regular Board Meeting: March 7, 2025 at 1PM