

Research

Who's the avatar (plus, day-to-day activities, values and outside forces)?



Kyle is 44 and has a job as an English teacher. He has a wife who he sees at 5pm after work.

He is easily sidetracked by small things like the news which stops him from working on himself.

What's their current situation and why is it painful?

- On strict diet for 2 months and each time he steps on bathroom scales it went up
- Weighs 188 pounds
- Gain ever single pound lost in 3 weeks
- Try to lose weight for 5.5 years and fasting with many other weight loss programs

What's THE MOST painful?

- Looking at his stomach and feeling a sense of unpreventable undesirability, he has been searching for weight loss secrets for weeks which hurts his head

What is their dream state and why do they want it?

- every day. You will be able to measure the difference in your waistline in 24 to 36 hours. As ran 7 miles.
- Every morning and lose weight before lunch
- easy to follow even if
- you eat in restaurants all the time. You do not count
- Don't count calories do not measure portions. The only thing
- you keep track of is how much you lose

What is blocking them from reaching their dream state? WHY haven't they succeeded?

- He's too lazy to go to the gym to exercise, so he sits around and avoids physical activities like the plague

What's the solution?

Easy diets tricks that puts him on a calorie decline so that he finest need to do the mistakes booting part of diet like checking calories and having portions.

Fascinations

- How to burn more than 40 lbs of fat using a screen (which is why 90% are stuck with a bloated stomach)
- Why you crush your bathroom scales (and how how to make the scale fly down, without fasting)
- Shalolin plant based diet that creates a "fat freeze formula" makes slime you down as if you ran 7 miles, and going down in T-shirt sizes
- Simple, easy-to-follow templates to automatically burn big belly in 30 days
- How to make bathroom scales dwindle down by 10s of lbs, without making your stomach rage from starving yourself, or sacrificing your appetite

DIC

There is only ONE speedy fat burning way to slim waists as if you fasted for 2 months...

And it's not using a fasting program that makes your stomach raw all day,

Or make you pull hairs to twist your appetite.

Just by implanting a Portuguese influenced idea, you can burn fat by the hour.

Burning weight as if you ran 7 miles without sweating lakes on your back,

Shaving 10s of lbs each time your head hits the pillow.

So you'll be able to Dig into restaurants' cuisines with the juiciest and fattiest meats each week without (literally) eating your progress away.

If you want to drop a few T-shirt sizes even if you barely move a foot...

[>>Click here to smile widely at the mirror as if you ran 7 miles each evening.](#)

[Reangle](#)

There's a reason **YOUR** gut sticks out like a sore thumb.

Under your nose has been a way to burn 10s of lbs without moving a muscle...

One that scientists are scratching their heads at.

It's not another BS weight loss guide, It's not a pill "fat killing hormones" ', and it's not a **treadmill**.

After slicing pounds off folks weighing over 180 pounds to "slip" back into their old T-shirt sizes...

With something I like to call "*the salad's enemy*."

Losing seemed like flying a kite!

So If you'd like to experience the salad phase just one more time, then I recommend you [click here](#) before It's too late...

[Shorter version](#)

Treadmills become obsolete after what over 180lbs folks started slicing off MAJOR weight 📌

And it's not another BS weight loss guide, or a pill with "fat killing hormones"...

An effortless training motion that helped them "slip" back into their old T-shirt sizes,

One that's been under your nose, and burns 10s of lbs without moving a muscle...

[>>](#)

DIC

SL: How to slim down as if you ran 7 miles

PT: and without moving foot

There's a way to lose weight as if you run 7 miles, and you don't even need to take a step, or sweat rivers.

Noticing a drop in your waistline in as little as 23 hours,

Making any kid's eyes sparkle as they look up to you as you drop T-shirt sizes.

And it's a richly nutritious way to have a bigger spring in your step than your past self.

[>>Click here to smile widely at the mirror as if you ran 7 miles each morning.](#)

Reangle

Do you ever step on bathroom scales and see them shoot up after weeks of strict diets?

Leaving you with the same puffy stomach that reshapes T-shirts that you promised you'd lose.

Then palming your face as questions cloud your mind.

Did you know all it takes to lose the bloated belly is by reading step-by-step instructions?

One that's crafted by dietitians who had rebranded their bodies to make their significant other fall in love with them twice.

Losing weight on autopilot without remembering your on a diet until you grin spreads on your face to the mirror.

[>>Click here to lower the bathroom scales automatically.](#)

PAS

SL:

HSO

SL:

