

Virtual Intensive Outpatient Therapy

[Embark behavioral health](#): 1-866-261-1386 Group, individual, & family therapy
3 hours/day 4x a week. (*BC/BS, Kaiser, Magellan, Quest, Cigna, Aetna, Allegiance, Anthem, ComPsych, Beacon, Humana- NO medicaid*)

[Charlie Health](#): 1-866-484-8218 LGBTQIA+, neurodivergent, BIPOC, trauma
(*commercial insurance, Tricare, Medicaid*)
3 hours/day 3x a week + 1-2 hours family therapy + 1 hour individual therapy

[Hillside Hospital](#): (404) 875-4551 Monday-Friday 3-6pm for 6-10 weeks
15 hours group programming + parent DBT groups Tuesdays 4pm + DBT coach +
weekly individual and family therapy + Family psychoeducation Friday @ noon
(*Tricare, commercial insurance, Amerigroup, CareSource, PeachState*)

[Newport Academy](#): 1-855-823-9738 (*commercial insurance*)
Parent support, individual, group and family therapy 3 hours / 3 days a week

[Walden](#): 1-888-305-2997 LGBTQ+ group Thursday @ 4:15. Parent and sibling support
groups. Eating disorders & Avoidant Restrictive Food Intake Disorder ages 10–17
Mon, Wed, Thur @ 3:45 pm – 6:45 pm. (*commercial insurance*)

[Veritas](#): 1-855-875-5812 eating disorders - family, individual, group therapy, nutrition
sessions, psychiatric, food skills, art and movement therapy. (*commercial insurance*)