



SHEFFIELD

ELEMENTARY SCHOOL

SHEFFIELD PRIDE

November 10, 2022

This letter is to inform you that there have been confirmed flu/influenza cases in the school. The virus is very contagious and can spread from person to person by breathing in the droplets in a cough, sneeze or runny nose that contain the virus.

- The flu comes on quickly. Most people with the flu feel very tired and may have a high fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue, vomiting or diarrhea.

We are continuing to see positive Covid -19 cases as well. The spread and symptoms are very similar.

What is the difference between Influenza (Flu) and COVID-19?

Influenza (flu) and COVID-19 are both contagious respiratory illnesses, but they are caused by different viruses. COVID-19 is caused by infection with a coronavirus (SARS-CoV-2) first identified in 2019. Flu is caused by infection with a flu virus ([influenza viruses](#)).

- You cannot tell the difference between flu and COVID-19 by the symptoms alone because they have some of the same signs and symptoms. Specific [testing](#) is needed to tell what the illness is and to confirm a diagnosis.

If your child has a persistent fever over 100.1 and has any of the above symptoms, please keep them home from school and follow up with their health care provider.

- The CDC recommends vaccination for the Flu and Covid-19 for anyone 6 months or older.

Thank you for your attention to this matter.

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