

## Modified Rules East Central Adult Recreational League

Format (keeper included)	11 v 11
Center Referee Fee (note each team is responsible for 1/2 of the referee & Assistant Referee Fees)	\$64.00
Two Assistant Referee Fees (note each team is responsible for 1/2 of the referee & Assistant Referee Fees)	\$48.00 each
Duration of Game (Minutes)	2X35
Offside	Enforced
Penalty Kicks	Yes
Throw-Ins	Lost Possession
Free Kicks	Standard
Opponents away from kick in yards	10
Ball Size	5
Slide Tackling	No
Score Kept	Yes
Info to refs before game	League roster, referee payment, players should have photo id available
Who's responsible to report score & where	Winning team posts score within 48 hours
Where to report Red & Yellow Cards- Note: <b>Player cards are not collected</b>	Referees in Game Officials
Where to report other incidents	Referees in Game Officials
Field Dimensions (yards)	100-130 length 50-100 width
Goal Dimensions (feet)	8 x 24
Minimum Number of Players to Play	7
Number of eligible players on Game Day Roster	24
Min. playing time for each player	NA
Roster Size (minimum)	14
Roster Size (maximum)	24
<b>Gender - This rule is under review</b>	There must be two (2) female players on the field at all times. If at any time a team does not have two (2) female players on the field that team will play down the number of female players missing

League Game. Referees will fill out the red card report form in Game Officials within 12 hours after completion of the game. Teams will monitor their red cards and the red carded player will sit at least the next East Central game. See East Central Rules and Regulations for carding offense.

Unlimited club pass players at the Adult level games if the players are registered as adults in the same club.

**Gender Rule-** There must be two (2) female players on the field at all times. If at any time a team does not have two (2) female players on the field that team will play down the number of female players missing: If at any time a team only has one (1) female on the field, that team will only be allowed 10 players total on the field. If at any time a team has zero (0) female players on the field, that team will only be allowed 9 players total on the field. If BOTH TEAMS have zero (0) female players, the game may be played 11v11 if no female players are present.