

CATCH-UP FRIDAYS TEACHING GUIDE

(FOR VALUES, PEACE, AND HEALTH ED)

Catch-up Subject:	Peace Education	Grade Level:	9
Quarterly Theme:	Community Awareness <i>(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)</i>	Date:	February 23, 2024
Sub-theme:	Gratitude : Intercultural understanding <i>(refer to Enclosure No. 3 of DM 001, s. 2024, Quarter 3)</i>	Duration:	70 mins <i>(time allotment as per DO 21, s. 2019)</i>
Session Objectives:	- Define gratitude and intercultural understanding. - Recognize the importance of gratitude in building positive relationships within a diverse community. - Express gratitude towards people from different cultures.	Subject and Time:	English-Reading <i>(schedule as per existing Class Program)</i>
References:	K to 12 Basic Education Curriculum		
Materials:			
Lesson Proper	Duration	Activities	
	5 minutes	Introduction Start by asking students what they think "gratitude" means. Discuss their responses and explain that gratitude is feeling thankful and appreciative for what we have and the people around us. Then, introduce the concept of intercultural understanding, explaining that it means respecting and appreciating people from different cultures.	
	10 minutes	Icebreaker Activity "Gratitude Circle": Have students sit in a circle. Each student takes turns saying one thing they are grateful for. Encourage them to think about different aspects of their lives, such as family, friends, school, and nature.	
	8 minutes	Multimedia Exploration Show a short video or display images depicting people from different cultures helping each other or working together. Discuss with the students what they observe and how it makes them feel. Emphasize the importance of gratitude in building positive relationships across cultures.	
	8 minutes	Small Group Discussion Divide students into small groups. Assign each group a specific scenario related to intercultural understanding and gratitude. Have them discuss how they would show gratitude in that situation. Provide guiding questions if necessary. Some sample scenarios:	

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	5 minutes per group	1. A new student from a different country joins the class. 2. During a school event, students participate in a cultural exchange activity. 3. Students receive help from someone who speaks a different language. Sample Activities per Theme (Select 1 Activity): Choose one of the following activities for each small group based on the scenario assigned: • Role-playing: Have students enact the scenario assigned to their group, focusing on expressing gratitude and promoting intercultural understanding. • Hands-on Activities: Create a craft activity where students make thank you cards or small gifts for someone from a different culture. • Interactive Activities: Conduct a group discussion where students brainstorm ways to welcome and appreciate people from different cultures. • Creative Activities: Students create posters or slogans promoting gratitude and intercultural understanding within the school community.
Class Reflection	2 minutes	Gather the students back together as a class. Ask each group to share briefly what they discussed and any ideas they came up with for promoting gratitude and intercultural understanding.
Conclusion and Homework Assignment	2 minutes	Summarize the key points of the lesson, emphasizing the importance of gratitude and respect in building a supportive and inclusive community. Assign students to write or draw about one thing they are grateful for and how they can show gratitude to people from different cultures. Encourage them to share their homework with the class in the next session.

Prepared By:

Deped-tambaya.com

Teacher I

Recommending Approval:

Deped-tambaya.com

Approved:

Deped-tambaya.com