



MOON MUSINGS

May 2-8, 2022

Monday, May 2, 2022

We will begin this week in the 🌒 **Waxing Crescent Moon**. This is Phase 2 of Grandmother Moon's cycle. This energy brings us the energy of setting intentions.

This is a good time to explore your dreams.

The sun starts to move closer to the new moon and begins to lighten up. A crescent appears until it grows into a first-quarter moon.

We continue in the ♉ **Taurus** 🌱 **Earth Energy** which is grounding, practical, and stable. The themes we may experience during this time are sensuality, earthiness, and practicality. This is a sensual and relaxing Moon placement so try not to have anything too jarring to do. This is often difficult on a Monday when the hustle and bustle of the week begins.

This energy changes into the 😬⚠️ **Void Moon (VOC)** 🌑 **energy** at 6:12 am. This is an extremely short Void of Course Moon that will shift at 6:46 am EDT.

If you are awake during this time, we are reminded that Moon Medicine is about self-reflection. Grandmother Moon reflects back on what we need to look at, what we need to face, and what we need to resolve.

We move into the ♊️ **Gemini** ☁️ **Air Energy** which is chatty, can be flighty, and intellectual. We spend a lot of time in our heads when we are in an air moon.

This is a good time for communications, travel, neighbours, and our siblings.

The day can seem to go very fast because the Moon is in the quicksilver sign of Gemini. this can be a good thing if you're not already overworked, but a tad confusing if you have a lot on your plate. Certainly, it's a busy day. This might sound like the Aries Moon Day information but it's different. **Aries Moon Day** is about action, while the Gemini Moon is more about mental energy - talking to lots of people and non-stop moving about.

Tuesday, May 3, 2022

If you have a presentation to give today, you have the stars (or rather the Moon) on your side. Similarly, a ♊ **Gemini Moon Day** is a great time to hold a social gathering (aka a party) because everyone is going to be extra chatty, which oils the social wheels. Conversations today can make sense of a lot of things. It's a day to be inquisitive.

Wednesday, May 4, 2022

As this ♊ **Gemini** ☁ **Air Energy** ends at 4:35 pm EDT. This energy is good for socializing, thinking, reading, talking - and generally taking your communications skills for a whirl. It is not so good for being totally Zen - there are too much to do and too many places to go.

Take time to call up your best pal, your siblings or parents, and anyone else on your "must call" list. It is important to be mindful of gabbing on social media until you embarrass yourself. You will know when to stop, so do it.

As we move into another short 🙈⚠️ **Void Moon (VOC)** 🌙 until 7:04 pm. During a Void of Course Moon, it gives us the time to just sit with the energy. If you can avoid doing anything during this time, then just sit with it in silence.

Things to do during these times: connect with your spirituality; declutter your life (physical or emotional); stick with your routine; rest, make plans during this time; socialize; take a trip; review things that need editing in life or work; finish up something that you started.

Over the next few days, we move into the 💧 **Water** ♋ **Cancer Energy** starting at 7:05 pm EDT. Water Moons tend to be an emotional, strong connection to the psychic energy and can be very mysterious. This is a very home and family-oriented energy. Cancer energy prefers to be private.

Thursday, May 5, 2022

After the carry-on of the past few days in ♊ **Gemini energy**, the world breathes a sigh of relief as the Moon moves into home-loving ♋ **Cancer** 💧 **Water Energy**. This is a day to retreat to the bosom of your family, or at least to be at home. The vibe mellows and suddenly, domesticity beckons. It's a day to feather your nest.

Friday, May 6, 2022

Sort out your home if it's in a bit of a mess. Clear up, clean up and do the washing. Have friends or family over to enjoy a good meal. (Cancer loves food!) If you find yourself giving in to ♋ **Cancer Moon Day** is a wonderful time to work on your doubts and fears. Don't scuttle away under a rock. Work out what's worrying you. This is also a good day to show someone your soft underbelly. Don't be too hard-headed.

Saturday, May 7, 2022

Within the early morning, we will move away from the ♋ **Cancer** 💧 **Water Energy**. This energy is good for baking, staying in, and getting cozy. Spending time with loved ones. Coming up with a dynamic plan: Cancer energy is also very entrepreneurial. It's not a good time to be detached, aloof, and unemotional. Spend as much time with the kids that you adore, be hospitable, and take time out. It's important not to draft yourself to any place you don't feel like going unless you totally have to.

We continue to experience more very short 😬⚠️ **Void Moon (VOC)** 🌙 from 6:25 – 7:49 am EDT. Not that you would have much time to start anything "big" or "important". If you can avoid things like presentations, facilitating workshops, or job interviews; sharing important information. It will either get lost or it could be misunderstood; plans you make during this time may not work out; avoid starting new projects; people are not what they seem, so be mindful; avoid large purchases.

But then we move into the ♌ **Leo** 🔥 **Fire Energy** over the next few days. It's time to show off a little! Leo is the showstopper sign of the zodiac and when the Moon makes here monthly trek through Leo, you can be sure someone somewhere is turning heads. if you need to do something with confidence, a Leo Moon Day is a great place to start.

The Leo Moon is also very creative and even artistic. It's a day to the world "what you've got". Don't hide would be a total waste of the energies. Any showbiz-related razzamatazz is very well "starred" (Mooned) today, too. So tune in to the Leo Moon, and organize something fun to do.

Sunday, May 8, 2022

These last couple of days are a great time to be impulsive and have creative fun with your inner child or with kids (your own or someone else's).

♌ **Leo** 🔥 **Fire Energy** is a good time for partying, wearing, lampshades, making 'em laugh, being awesome. Avoid being very shy or modest. This is a time to attract attention. Put your best foot forward and don't **fake humility** - no one will fall for it today anyway.

At 8:21 pm EDT, we move into that 🌑 **First Quarter Moon**. This happens about a week after the new moon, we've reached the first quarter. We are now one-quarter of the way through Grandmother Moon's cycle.

This is when obstacles appear and we begin to feel some resistance. The first hitch is experienced here if your intentions were set with the new moon.

The themes here are challenges, decisions, and action.

The time for rest and setting your intentions are over and it's time to work harder than ever. Things will now be thrown and you may need to make decisions on the spot. Stay calm and be flexible. Make decisions that will bring you closer to your desired outcome with the intentions that you set during the new moon. Keep focussed on your desires.

Write yourself a **DAILY to-do list** using paper and pen. Keep a journal to track everything you are doing to move through this resistance. As you complete the task, cross it off throughout the day, if you can.

*To know more about the "exact times" that the
Moon Energy is shifting, see the
Moon Medicine Calendar in the portal.*