

# Everything Local in Lewisboro

## Neighbors Helping Neighbors through COVID-19 Outbreak

Hi, I'm Wendy and I have lived with my family in Lewisboro for 23 years. I've put this document together with information from all of you. Thank you! If you have something to add or change, please leave me a note on this [collab document](#) and I'll then organize and include them here!

## JUST ADDED/CHANGED

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# **IMPORTANT INFO**

## **HEALTH HOTLINES & Web Links**

### **\*\*\* TESTING \*\*\***

#### **COVID-19 Medical Hotline: 1 (888) 364-3065**

If you are an essential employee, Covid-19 testing is being offered to you whether or not you have symptoms. If you are non-essential, you may be eligible for a Covid-19 test if you are symptomatic. Call the COVID-19 hotline and they will be able to address your inquiries with the most up to date information. (per town email through the library on 5/1)

#### **Westchester Medical Center - Drive-Thru Testing is available *by appointment only***

Call 914.202.4530 from 8:30 a.m. - 6 p.m. for a screening and appointment

**Check out the [website](#) for more information**

### **\*\*\* WHAT TO DO IF YOU GET SICK \*\*\***

**Center for Disease Control (CDC)**

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

#### **Mount Sinai COVID Information and Answers**

[www.mountsinai.org/NOW](http://www.mountsinai.org/NOW)

### **\*\*\* MENTAL HEALTH \*\*\***

**Westchester Mental Health Line: (914) 995-1900**

**NYS Mental Health Hotline (FREE): 1 (844) 863-9314**

[more...](#)

### **\*\*\* OTHER \*\*\***

**Spring Weather Safety**

<https://www.weather.gov/wrn/spring-presentations>

**Homeland Security - NTAS - Alerts**

<http://www.dhs.gov/national-terrorism-advisory-system>

## **VOTING INFORMATION**

### **PRIMARY ON JUNE 23RD**

Through an executive order, Gov. Cuomo has ordered the state to send all eligible registered voters an absentee ballot application in the mail with return postage paid. Please fill this

out in black or blue ink, indicate "temporary illness" as your reason for voting absentee, and mail it back by the indicated deadline.

You may also proactively apply for an absentee ballot yourself. [Here is the application](https://www.elections.ny.gov/NYSBOE/download/voting/AbsenteeBallot-English.pdf) (<https://www.elections.ny.gov/NYSBOE/download/voting/AbsenteeBallot-English.pdf>) . In Westchester, you can email the application back to the County Board of Elections at [boe-westabsentee@westchestergov.com](mailto:boe-westabsentee@westchestergov.com).

Please fill out this form, either when it arrives in the mail OR by downloading it ahead of time and sending it in electronically. This will ensure you receive an absentee ballot and are able to vote in June.

## FOR VULNERABLE COMMUNITIES or specific needs

**To volunteer - please skip to the section [Helping Others](#)**

### **FOR SENIORS ONLY**

#### **Helping Seniors - *Ride Connect***

(914) 242-7433

This program will match a senior with a volunteer for grocery shopping. Any senior can call *Ride Connect* and give their information. Once the volunteer and senior are matched, they work out an arrangement for shopping and exchange of money or credit card information.

#### **Meals On Wheels to Lewisboro Seniors**

[Seniors@lewisborogov.com](mailto:Seniors@lewisborogov.com)

(914) 232-6162, Pam Veith

Under the coronavirus state, deliveries are M, W, F with a hot meal and a cold meal to get seniors through the week, and there is only one delivery person to minimize contact with the public and seniors to keep all as safe as can be.

### **MASKS**

#### **Request a Mask from the Town of Lewisboro, Parks & Rec**

Fill out this [Google Form](#) - OR -

Call (914) 232-6162. Leave a message with your name, FULL ADDRESS and phone #.

If you are over the age of 65 and/or have compromised immunity and/or underlying health issues, please reach out to the Lewisboro Parks and Recreation Department and Michael Portnoy will provide free contact-less drop off to you on Monday or Thursday.

## **FOR FOOD OR SHELTER**

### **Community Center of Northern Westchester**

[www.communitycenternw.org](http://www.communitycenternw.org)

(914) 232-6572

If you are food or shelter insecure, call or visit the website.

### **Feeding Westchester - Ending hunger in Westchester County**

[www.FeedingWestchester.org](http://www.FeedingWestchester.org)

Now with a distribution site in North Salem. To get help, please go to the website.

### **Feeding your Pets with food from ROAR**

<http://www.roar-ridgefield.org/resources/>

phone: 203.438.0158/fax: 203.438.0267

[shelter@roar-ridgefield.org](mailto:shelter@roar-ridgefield.org)

If you are experiencing financial hardship, ROAR's Drive-thru Service will be Open on Friday, May 8, 10:00 a.m. to 12:00 p.m. Location: Parking Lot at the ROAR Donofrio Animal Shelter, 45 South Street, Ridgefield, CT

## **OTHER GROUPS**

### **\$ for Child Care**

<https://ocfs.ny.gov/main/news/article.php?idx=2119>

Governor Cuomo has made available \$30M in Child Care Scholarships for Essential Workers and Supplies for Child Care Providers:

### **National Domestic Violence Hotline:**

800-799-SAFE (7233)

[www.Hotline.org](http://www.Hotline.org)

For victims or any concerned family member or neighbor.

### **Resources for Undocumented Immigrants and Their Families during COVID-19**

[mydocumentedlife.org](http://mydocumentedlife.org)

## **SUPPORT OUR FIRST RESPONDERS**

### **Donate to the Northern Westchester Hospital COVID-19 Emergency Response Fund**

[www.nwhconnect.org/covid19lightbox](http://www.nwhconnect.org/covid19lightbox)

NWH is at capacity and currently planning on constructing a field hospital. A dramatic and necessary development. The response fund would be the most helpful way to Help NWH

fight coronavirus in our community. Your gift allows us to remain at the forefront of this pandemic as the needs of our front-line staff and patients continue to grow.

### **Mealtrain for Emergency Staff**

[www.mealtrain.com/trains/q43958](http://www.mealtrain.com/trains/q43958)

A thoughtful way to support the Emergency Staff with lunches & dinners (as well as supporting local restaurants!).

### **NY First Responders Fund**

[www.healthresearch.org/donation-form](http://www.healthresearch.org/donation-form)

Donations can be made electronically at or by check mailed to  
"Health Research, Inc., 150 Broadway, Suite 560, Menands, NY 12204."  
Donors should specify the donation is for "COVID-19 NYS Emergency Response."

### **Feed Our Frontline Heros - [Go Fund Me](#)**

Organized by the Reilly & Quinn families

Raising funds to purchase meals from local Lewisboro restaurants (around end of April) to feed Northern Westchester Hospital healthcare workers.

**May 1st Update:** "Bacio delivered lunch to NWH today! Antonio Coppola and his staff at Bacio delivered the most beautiful lunch for the doctors, nurses and staff working so hard each day through this pandemic. Once again, thank you for your generosity and for supporting both our front line heroes and our local restaurants. Next up - The Farmer's Grind on May 8th! And, we will be able to support 1 more restaurant as we raised more funds! Thanks everyone! [Here is the link to donate](#)

### **Donating PPE Supplies**

???

## **Helping Others**

### **Feeding Westchester - Ending hunger in Westchester County**

[www.FeedingWestchester.org](http://www.FeedingWestchester.org)

Now with a distribution site in North Salem. To get help, volunteer, and donate, please go to the website.

From the Town of Lewisboro (5/15): "*Because of Feeding Westchester, we anticipate being able to serve the needs of our most food insecure at this time. Having said that, the County also anticipates consistent need. As a community of plenty, we are giving widely toward this effort right now.*"

### **School Supply Collection - Helping local students in need of supplies**

Organized by Aine Kaminski, JJ rising senior

[awesomeaine9@gmail.com](mailto:awesomeaine9@gmail.com)

Collecting new and used items in very good condition including binders, lunch bags, pens, paper, protractors, markers, crayons, tape, post-it notes, folders, etc. Aine is happy to drive by your house to retrieve the item(s) which can be left outside your front door. For questions or to arrange a pickup, please email!

### **Helping Seniors: *Ride Connect* of Family Services of Westchester**

914-242-7433

[kganis@fsw.org](mailto:kganis@fsw.org), Karen Ganis, Director, *RideConnect*

[maggie.traynor@fsw.org](mailto:maggie.traynor@fsw.org), Maggie Traynor

This program will match a volunteer with a senior for grocery shopping. Any interested volunteer can contact *Ride Connect* give them their name, phone # and town of residence, and the senior can also call *Ride Connect* and give their information. Don't be concerned if you don't hear from us right away – as soon as we have clients in your area, we will be in touch! Once the volunteer and senior are matched, they work out an arrangement for shopping and exchange of money or credit card information. Thank you again for your offer to help !

### **Meals On Wheels to Lewisboro Seniors**

[Seniors@lewisborogov.com](mailto:Seniors@lewisborogov.com)

(914) 232-6162, Pam Veith

Under the coronavirus state, deliveries are M, W, F with a hot meal and a cold meal to get seniors through the week, and there is only one delivery person to minimize contact with the public and seniors to keep all as safe as can be. Once restrictions are lifted – more volunteers will be most welcome to deliver meals in the future.

### **Volunteer New York!**

<https://www.volunteernewyork.org/vvc> - special COVID-19 page

[jessica@volunteernewyork.org](mailto:jessica@volunteernewyork.org), Jess Friedlander

Matches volunteers to nonprofits who need them throughout Westchester, Rockland, and Putnam counties. We're posting all volunteer opportunities - including family-friendly ones - to our special COVID-19 page, called the Virtual Volunteer Center. In addition, if any local nonprofits *need* volunteers, they can connect with us to have their needs listed.

### **InterGenerate**

[www.intergenerate.net](http://www.intergenerate.net)

A local nonprofit that addresses local food insecurity issues.

# **FOOD**

## **Groceries**

### **Greenway Markets - Cross River**

“Extra Clean Shopping Hour” from 8:00am-9:00am. Offering curbside delivery for Waccabuc and South Salem clients through Instacart app.

### **Greenwich Produce - Vista**

open regular hours 6am-10pm

### **ACME - Goldens Bridge**

232-7610

“Extra Clean Shopping Hours” each weekday from 7am-9am and open regular hours outside of that. Participate in “instacart” app.

### **Market at Pound Ridge Square - Scott’s Corners, Pound Ridge**

914-764-5736, [poundridgemarket.com](http://poundridgemarket.com)

Our curbside service resumes 4/13!

Please visit our website to place your order. Orders will only be accepted if placed on our website. Please note...

-orders are filled based on product availability.

-there is a 10 item minimum on orders as well as a \$5.00 service fee

### **Gossett’s Farmers Market - Rte 35, South Salem**

[www.GossettBrothers.com](http://www.GossettBrothers.com)

<https://www.facebook.com/GossettBrothers>

914-763-3001

9am-1pm, Wednesday at Saturday. Fresh produce, seafood, meats and baked goods in a safe(er) outdoor setting. Cash preferred.

### **Stoneledge Farm - CSA**

<https://www.stoneledge.farm>

Veggie, fruit, mushroom, coffee and bean shares. Pickup is at Gossett’s. Sign up before all the slots are gone!

### **John Jay Homestead Farmers’ Market - Rte 22, Katonah**

???

### ***Groceries Just Across the Border...***

**DiCicco's - Katonah**

7:00am - 8:00am - senior and immunocompromised

8:00am - 4:00pm - all shoppers.

We have all fresh service departments open and are fully stocked! We limit occupancy at times of higher volume with security at the door. We require shoppers wear a mask when entering. We have a social distancing policy and markings on the floors. Our departments are plexiglass protected for everyone's safety. Participate in "instacart" app.

**Ridgefield Organics**

Email: RidgefieldOrganicsDelivery.com

Taking email orders. They closed the store but let you know when it's ready for pickup. "A neighbor and I did together and they had nearly everything."

**Pound Ridge Organics - Pound Ridge**

[www.poundridgeorganics.com](http://www.poundridgeorganics.com)

You can reserve a 15 minute private shopping time slot. Sausages, ground beef, A2 milk, farm fresh eggs, organic sourdough breads, etc. Delicious, ethical, and highest quality organic produce and meats.

***Box Grocery Companies...*****Grateful Produce Box**

[www.gratefulproducebox.com](http://www.gratefulproducebox.com)

A few days from order to delivery. They leave it at your door.

The company usually delivers produce to restaurants but quickly shifted gears to deliver directly to people's homes. They are based in NJ but came up here because a few of us coordinated to order before the deadline on the same day so they could do a few deliveries at the same time.

**Misfits Market Produce**

[misfitsmarket.com](http://misfitsmarket.com).

Healthy fresh produce. Use this code for a discount off your first order. It's a good price even without the discount.

Give friends 50% off their first order. Use this code: COOKWME-KA6SBD

**Keeping safe while bringing in groceries and take-out food**

This excellent video is done by a Dr and explains a LOT in only 13 mins.

<https://youtu.be/sjDuwc9KBps>

## Home Food Businesses, by our Neighbors

**Farm Fresh Eggs** - Siobhan Moore, Increase Miller area

914-318-8826

Fresh, organic and free range. I raise my own chickens. \$6 per dozen. If interested you may call me.

**Idlewild Bread** - Beth Mansfield, Baker, Truesdale Lake area

[www.idyllwildbread.com](http://www.idyllwildbread.com)

Still baking, would love to bake for the neighbors and happy to deliver to your stoop. List of items and contact form on the website.

**Happiness Catering** - South Salem

[www.happinesscatering.com](http://www.happinesscatering.com)

Online ordering. The menu nights and options reset at the beginning of the week. Tom Tegtmeier lives on Bouton Street and Christine Tegtmeier his sister in Katonah. Both are working hard to help provide great meals and service for our area.

## Restaurants

**All restaurants must now be pickup or delivery.  
Please contact the store for the latest information.**

**Horse and Hound** - 94 Spring Street, South Salem

Delivery and curb side service with credit card over the phone and daily specials posted on FB at 4:30.

**Lily's Deli** - South Salem - ***OPEN AGAIN (as of April 26th)***

914-875-9014

Door will be open but you will need to have a mask on to enter. Maintain social distancing while in store. Also you could call and place an order for pick up, curbside or delivery. Open, 7 to 4 p.m. We are accepting cash, but if you could pay with credit card or debit card we believe it's the safest bet for all.

**Nico's Deli** - Vista

914- 533-6262

**The Farmers Grind** - Vista, Rte 123, in Copia

914-533-7139

We will have delivery and curbside pick up. We have to-go breakfast items, coffee, avocado toast, paninis, soup and more! We are working on our menu to post. Can't wait to help in anyway we can!

**La Vista - Vista**

Open for pick up and delivery

**Whole Food Lady** - Dawn Gullusci, personal chef/ baker in the Waccabuc lake community 203-300-6442. [www.wholefoodlady.com](http://www.wholefoodlady.com)

During this time of necessary quarantine, I will be offering a limited drop off menu. If you are interested in having any of these items prepared and dropped at your doorstep, please text or call me. All of these items can be made gluten free if needed.

Lasagna (feeds 10-12), Meatballs (feeds 10-12), Baked Ziti (feeds 10-12), Penne Vodka (feeds 10-12), Baked Macaroni and cheese (feeds 10-12), Chicken rice soup (quart), Chicken noodle soup (quart), Chili (quart), Cupcakes (dozen)

**Goldens Bridge Pizza** - Goldens Bridge

Delivery

**La Familia** - Cross River

<http://lafamiliapoundridge.com>

Pick up, curbside & delivery

**Bacio** - Cross River

[www.baciotrattoria.com](http://www.baciotrattoria.com)

Take out from 3 to 8pm. Menu is online. Call to place an order and pay by CC. Pick up your order in their foyer.

**Val-Ben Heritage Market**

open to takeout dinners

**Haiku** - Cross River - *CLOSED until April 15th*

*Just Across the Border...*

**\*\*North\*\***

**Blazer Pub** - North Salem

Open for take-out

**Restaurant 121** - North Salem

dinner delivery

**\*\*East\*\***

**Bernard's and Sarah's Winebar** - Ridgefield

They have fabulous food and have both menus available for takeout.

<https://static1.squarespace.com/static/50b3b799e4b01c11f0f37ec5/t/5e7ca8a10a25f053ac3e716b/1585227939481/Bernards+Take+Away+Menu+3-26.pdf>

**Bareburger Restaurant** - Ridgefield

203-438-2273 or [bareburger.com](http://bareburger.com)

Open for take-out and delivery from 12 to 9 pm every day.

**Ancient Mariner** - Ridgefield

203-438-4771

Curbside pickup

**Mannen Japanese restaurant** - Ridgefield

OPEN for TAKE OUT or DELIVERY

**Posa** - Ridgefield

They have a great prix-fix deals. PDF posted to website weekly.

**V-Thai** - Ridgefield

Delivery and curb side service with credit card over the phone.

**Southwest Cafe** - Ridgefield

They have great dinner-to-go packages. Or you can just order from their regular menu. Curbside pickup.

**Village Pizza & Pasta** - Ridgefield (Next to Carvel)

Open and delivering.

**Ridgefield Prime (Gourmet Butcher & Seafood)** - Ridgefield

(203)894-8273; 113 Danbury Road (behind Carvel)

Open for takeout and curbside pickup if you call ahead and then call again when you arrive. They have fresh beef, poultry and seafood delivered 6 days a week.

**Wire Mill Saloon BBQ** - Redding, CT

They're doing curbside pickup of their regular menu. Specials posted to their FB page.

**\*\*South\*\***

**Bedford list here** - Town of Bedford Resources:

<https://docs.google.com/document/d/1VArDeAhgyZGPfdLkhjNRUsexCmb07QtpXA3DZSolN3o/edit#bookmark=id.5mz0u782ts5x>

**Inn at Pound Ridge** - Pound Ridge

Delivery and curb side service. Order via phone or online on grubhub.

**Chef Prasad** - New Canaan

They have a special limited menu available for curbside pickup.

**\*\*West\*\***

**The Farm Shop at Farmer and the Fish** - Purdy's

914-617-8380, [www.farmerandthefish.com](http://www.farmerandthefish.com)

Open daily from 12-7 for local delivery and curb side pick up. Serving limited items from the restaurant menu, grocery items, veggies, fish, poultry, meats, sandwiches, salads, and prepared foods, with wine from the restaurant wine list available .

**Il Forno** - Somers

open for pick up.

## **STORES**

### **Liquor**

**South Salem Winery** - Rte 35, South Salem, at Gossett's Nursery

(917) 837-1131

Delivery of all products: NYS wine, beer, cider, champagne, bourbon and whiskey. If anyone is interested in having any of these products call me or text. I will try to accommodate anyone local.

**Salem Wine & Liquor** – Rte 35, South Salem, next to the Mobil station

914.763.3180

Offering curbside pickup & delivery. Just call, tell us what you want and you can pay over the phone so you won't have to get out of your car. If there is anything else we can do to help people during this time, we'd love to be of assistance.

**Vista Beer & Beverage** - Vista

914-533-7512, [www.vistabeerandbeverage.com](http://www.vistabeerandbeverage.com)

Curbside pickup. As a further measure we are asking "credit cards preferred". Our beer and beverages menu is on our website and is being updated daily. Call for updates and orders 11am-6pm. Additional phone and text service coming soon. At this time we are not offering home delivery. We will be posting on our website all updates & condition of sales shortly.

### **Vista Wine & Spirits - South Salem**

914-533-9463

Curbside pickup and delivery. Open 9:30am-9pm. If you would like wine and/or liquor during quarantine, you should stock up now.

### **Cross River Wine Merchant - Cross River**

914-763-WINE (9463)

Providing curbside pick-up. Front parking lot ONLY!. Call to order & pay with credit card. OPEN 10 am - 8 pm.

## **Stores & Other Services**

### **Gossett's Farmers Market - Rte 35, South Salem**

[www.GossettBrothers.com](http://www.GossettBrothers.com)

<https://www.facebook.com/GossettBrothers>

914-763-3001

The nursery is open daily 10-5. We are offering delivery and curbside pickup. Please practice social distancing when visiting the property. We have an outdoor register kiosk for your convenience. Give us a call and let's bring a little cheer to your gardens together.

### **Jacob Allen Salon - Scotts Corners, Pound Ridge**

### **Le Collage Hair Salon - Mt Kisco**

### **While Away Dog Walking**

open and available, even when working from home some clients still need the pup's to get out and be exercised [Whileawaydogwalking.com](http://Whileawaydogwalking.com)

Passage East is open for boarding, grooming, and daycare. Stay healthy and shop local!

### **Pet Wants Northern Westchester**

914-471-0188,

[www.PetWantsNorthernWestchester.com](http://www.PetWantsNorthernWestchester.com),

[kgotimer@petwants.com](mailto:kgotimer@petwants.com).

Continuing home delivery of dog/cat food and pet health products, treats, supplements and other items. Order online, email or phone. We will be happy to deliver promptly.

### **Cross River Dry Cleaners - Cross River, same shopping center as Green Way**

914-977-3377

open only on Saturday's from 10:00-4:00

### **Sal's towing**

[www.salstow.com](http://www.salstow.com)

will remain opening. Our team has been disinfecting office and trucks multiple times a day. for over a week and a deep clean every night.

### **Drain Surgeon Plumbing & Heating**

203-438-8986

will remain open. Please let us know how we can help. We are licensed in Westchester County & CT.

### **Churyk Company well pump and water treatment service - Bedford Hills**

914 764 4600

We're happy to help to provide you with clean and functioning water systems. Give us a call. We serve Fairfield and Westchester county.

### **Bedford Lighting**

[lights.Bedfordlighting.com](http://lights.Bedfordlighting.com), 666-0680 with questions

Shop from home by clicking SHOP on the website. Sales are great right now. Orders can be processed online or by phone and will be drop shipped or delivered to any location in the US. Some of our product is American made so let's keep them going too! We do repairs too!

### **Devereaux Tile & Bath - 59 Adams Street, Bedford Hills, NY**

914-666-2828

We are open for business 8am-5pm Monday-Friday and 9am-3pm on Saturday, and will continue to operate as normally as possible.

### **Charles Department Store - Katonah**

Call and if they have it they will package it and bring it to your car when you drive up

### **Fado - Katonah**

[shopFado.com](http://shopFado.com)

Shop online or on Instagram

### **Frannies Goodie Shop - Mount Kisco**

Offering call in and will bring order to curb side if necessary.

### **New Canaan Music**

Taking calls with curbside pick up for your musical needs. From music books to pedals to d18 s

# **HEALTH**

## **Health Care**

### **Dr. John Loffredo, DDS**

914 533-5200

Open for emergency dental care only, for both existing patients and the community at large. For anyone needing assistance, please call.

## **Mental Health**

**Westchester Mental Health Line: (914) 995-1900**

**NYS Mental Health Hotline (FREE): 1 (844) 863-9314**

### **The Guidance Center of Westchester (TGCW)**

(914) 613-0700 x7104, Intake Department

[Intake@TheGuidanceCenter.org](mailto:Intake@TheGuidanceCenter.org)

Providing telehealth counseling services for mental health and substance use, regardless of a person's ability to pay/insurance. Through telehealth, individual and family sessions for children, adolescents, and adults are provided by specialists in anxiety, depression and grief/loss. To get started please call or email TGCW.

### **Westchester Creative Arts Therapy, PLLC - Mika McLane-Bowes MPS, LCAT, ATR, CCLS -**

Yellow Monkey Village, Cross River

[www.westchestercreativeartstherapy.com](http://www.westchestercreativeartstherapy.com)

845-581-0140

Currently, everything is through Telehealth. Art Therapist in private practice that specializes in loss and facilitates women's circles that focus on self-care and identity after motherhood. In network with Cigna.

### **Design Your Self Life Coaching - Olga Anderson, Ridgefield**

[www.Design-Your-Self.com](http://www.Design-Your-Self.com)

Providing online sessions via Skype. Those of you thinking about making the best of things and using this opportunity to learn anxiety reducing skills, improve personal relationships or focus on self-transformation, you don't have to go it alone.

See lots more in my latest summary doc "[\*\*Social Distancing Sanity Savors\*\*](#)"

## Pharmacies

### **Cross River Pharmacy**

914-763-3152, [www.crossriverpharmacy.com](http://www.crossriverpharmacy.com)

Now open for customers to shop inside the store with masks, social distancing and plexiglass shields at the counters. Also can call to place an order and pick up curbside or have it delivered - prescriptions included.

### **Paul's pharmacy?**

## Veterinarian

### **Cross River Animal Hospital** - 810 Route 35, Cross River

914-763-8121.

Open at 8 am. Call for appointment and meet outside their office. If client wants to wait for pet outside or sit in the office waiting room, it's fine. If it's an emergency, go in.

### **Goldens Bridge Veterinary Care Center**

914-232-8800

We ask that when you arrive for their appointment, please remain in your car and call the office. A nurse will come get your pet. The Dr will speak with you on your phone about your concerns, exam findings and medical plan. When done, a nurse will bring your pet and any meds or products out to your car. We are also doing telemedicine for those cases that aren't as serious or if you are quarantined and cannot leave your home.

## Staying Safe

The CDC released cleaning and disinfecting guidelines. Please review them [here](#) as Lewisboro enters Phase 2 of re-opening.

...Do follow [these suggestions for a safe hug](#) as we prepare to embark on Phase 2 of re-opening together. Please do be kind to one another. (per Town email via Library 6/5)

## Masks for sale

### **Ally Bally Bee** - Ridgefield

[www.ally-bally-bee.com](http://www.ally-bally-bee.com)

2 layers fabric and moldable edge that allows the mask to be shaped around the top of the nose. Opening at the rear to allow optional filter to be inserted. Different

fabric front and back to distinguish between external part of mask and the side touching the face. Handmade locally in Redding. Order on website, curbside pickup.

### **Vista Print - online**

[www.vistaprint.com](http://www.vistaprint.com)

Face masks are washable and fitted; with optional disposable filter inserts.

**WATCH**: "On May 5th , Governor Cuomo's office released a call to action. This initiative called for residents to submit PSA videos about **the importance of masks** for New Yorkers. **Lewisboro resident, Steve Grskovic**, father of three and volunteer coach to many, heeded the call by pulling together a team of Dads and creating the following live production commercial in only one week." P. Parsons <https://www.instagram.com/p/CAOPpOAAGEW/>

WATCH the County Executive interview a county public health professional about the importance of masks: <https://www.facebook.com/westchestergov/videos/257311228807190/>

### **Homemade Cleaning Products**

*Consumer Reports* put out some information about homemade disinfectants that can destroy the novel coronavirus, for those with limited supply of products.

<https://www.consumerreports.org/cleaning/common-household-products-that-can-destroy-novel-coronavirus/>

### **Best Practices When Ordering In - Food Prep & Delivery**

The money you pay for the food goes toward keeping a restaurant's staff employed through a crisis. And, keeping local delivery viable is helpful to people who can't cook for themselves because of a disability or an illness and rely on deliveries.

- **Food Prep** - When it comes to ordering in, the food itself is unlikely to be much of a danger, according to Stephen Morse, an epidemiologist at Columbia University. Even if the person preparing it is sick, he told me via email, "cooked foods are unlikely to be a concern unless they get contaminated after cooking." He granted that "a salad, if someone sneezes on it, might possibly be some risk," but as long as the food is handled properly, he said, "there should be very little risk."
- **Delivery** - Deliverers are more at risk than those who order, because of all the people they encounter. The risk can be reduced for both parties if recipients ask that food be left outside the door—or, ideally, if restaurants mandate this practice to protect their employees. Customers can also pay and tip electronically.

Steven Benko, a professor of religious and ethical studies at Meredith College in Raleigh, North Carolina, hopes that diners will take as many precautions to safeguard workers in their community as they do to protect themselves, and that they'll remember how essential service and delivery workers were to their survival once the worst has passed.

<https://www.theatlantic.com/health/archive/2020/03/coronavirus-how-get-food-safely/608008/>

# **ACTIVITIES**

## **Summer Ideas!**

### **Possible Town Pool and Camp opening.**

**More to be decided during June 8th Town Board Meeting.**

### **Create tiny camps**

idea [From this Article](#): by Deirdre Searles, who grew up in CT

“As parents grapple with the safety or even possibility of sending their children to summer day camp, I offer a possible solution that was very common in Connecticut suburbs where I lived in the 1950s and '60s. Mothers faced with 10 weeks of continuous child care got creative. In our neighborhood **five or six mothers of similarly aged kids would band together and hire a teenager or two to create a “camp.”** Each day, the camp would circulate to a different house.

“What are the advantages? A small group of kids whom you know. An environment confined to five or six yards. Lower cost.

“So what did we do in these camps? Bike decoration and bike parades, games like red light/green light, kickball, board games, arts and crafts, and sprinkler runs. Each day after lunch our “counselor” would read to us for half an hour. It was simple, it was flexible and it was not stressful for parents or kids. Think about it.”

## **Trails and Parks**

### **TAKE A HIKE!**

Please take a look at these guidelines distributed by our [Dept. of Parks & Rec](#)

**OPEN - parking lots reopened** as of 5/23/20 or earlier:

- *Ward Pound Ridge Reservation* + Parking lots will be closed if they become too crowded, but the last few weekends has been fine (with entrance fee at gate).
- *Onatru Farm Park & Preserve* \* 99 Elmwood Road, South Salem, NY. Two hiking trail loops (across Elmwood Road from farm house and behind ball fields)
- *Fox Valley Park* \*
- *John Jay Community Trail (JJ)* On John Jay HS campus
- *Mountain Lakes Camp* North Salem
- *Muscoot Farm* on Rte 100 +

**OPEN - parking lots reopened; at half capacity to reduce overcrowding as of 5/16/20:**

- *Leon Levy Preserve*\* – 5.5 miles of trails - 14 cars - 35 Smith Ridge Road aka Route 123, South Salem, NY.
- *Frederick Rose Preserve*\*\* - 5 cars
- *Brownell Preserve* - 5 cars - 4 Harriett Lane, Goldens Bridge, NY .... Off Route 138 all the way at the end of Harriett Lane - There should be space to turn around.
- *Old Field Preserve* - 5 cars - 35 Mead Street, Waccabuc, NY .... across from Schoolhouse Road, parking lot has a U for Horse trailers so you can drive in and around the loop and out

**OPEN - with small parking lots**

- *Old Field Preserve* in Waccabuc \*\*
- *Brownell Preserve* in Goldens Bridge \*\*
- *Rockshelter Preserve*\*\*
- *Love Preserve*\*\*

**OPEN for FOOT TRAFFIC ONLY as of 3/25/20:**

- *Lewisboro Town Park* trails \*
- *Vista Park* \*

**Not sure! If you know, [post here please](#)**

- *Lasdon Park* on Rte 35 +
- *Long Pond Preserve*
- *Marx Preserve*

**CLOSED until further notice**

- *Town Park trails* \*
- *Mt. Holly Sanctuary* ++
- *Marriam Yarrow* ++
- *Mildred E. Grierson* ++
- *Mt. Holly Preserve* ++

\* Town-owned land

\*\* Westchester Land Trust, North Salem Open Land Foundation, Pound Ridge Land Conservancy, Lewisboro Land Trust all have wonderful areas listed on their web sites to walk and most have tiny parking areas so you will know the crowd size and not overwhelm the area. Link to trail maps and driving directions:

<https://www.lewisbororecreation.com/the-parks-and-preserves-of-lewisboro>

+ Westchester County Park

++ Nature Conservancy

(JJ) John Jay school district

## Tennis

**OPEN - John Jay Tennis** - singles only (as of 5/19 email)

**OPEN - Town Tennis** (as of 5/23)

To get your tennis permit: <https://www.lewisbororecreation.com/tennis>

## Other Town Recreation

**CLOSED - Town Park, including:**

- **Playground**
- **Pool**
- **Basketball Courts**
- **Baseball Field**

**CLOSED - Town Playgrounds**

**CLOSED - Town playing fields**

## Other School District Recreation

on 5/19/20 email

**OPEN - John Jay Track - walking/jogging only**

**OPEN - John Jay Trails**

**CLOSED - Paddle Courts**

**CLOSED - Contest Fields**

**CLOSED - Playgrounds**

“Effective this Thursday, May 21, in advance of the Memorial Day weekend, we will re-open the tennis courts and the track around the contest field at John Jay High School. As we re-open gradually, we must remain mindful of protecting the health and safety of all. Social distancing guidelines are still in place. Consistent with our Towns, the paddle courts remain closed, as do contest fields, and playgrounds.

“For tennis and the track, the following rules apply:

- Social distancing must be observed and maintained at all times.
- Use of face masks is required when appropriate social distancing cannot be maintained.
- Masks should be worn when passing by others entering or leaving the facility.
- Congregation of groups is not permitted.
- All buildings, including bathrooms, remain closed.
- Benches are off limits.

"For tennis, the following rules apply:

- Only singles play is permitted.
- An exception for doubles play is permitted for families living in the same residence.

"For the track, the following rules apply:

- The track is for walking/jogging only.
- Access to the track is from the school side only.

"In order to help us keep these facilities open to all who wish to use them, I ask everyone to be respectful of the rules above. I know the limits are frustrating for some. They are imposed solely for health and safety reasons. Thank you for your cooperation."

## Celebrations

### 'Adopt a JJHS Senior':

This is the student survey [LINK](#)

This is the family volunteer [LINK](#)

### Fire Department Saturday Birthday Parades

**Vista** - email [Birthday@VistaFD.org](mailto:Birthday@VistaFD.org)

**Golden's Bridge** - text Steve Mangione, 914-403-4072

The Fire Departments are holding "birthday parades" on Saturdays. The Fire Department apparatus will drive by the birthday boy or girl's home to spread some birthday cheer! The birthday child must reside in the Fire District. For more details or to schedule your child's "birthday parade" please contact us!

## Online Events, Travel & Entertainment

### Keep Yourself Sane

#### "Sanity Savers" Crowd-Sourced Doc

Lots of ideas here! While we are all physically distancing, there's no reason not to enjoy our favorite things and people! Here are LOTS of ideas for you and the kids - podcasts, games, museums, shows, good news, music, film festivals, meditations, travel, and more. Thank you to those who sent in information! Enjoy!

### Songs in the House - every Thur. & Sun. at 7pm

By locals Ben and Debbie Fienstein, with Bruce Sacks as a regular commentator

<https://www.youtube.com/channel/UCD2x2IGDm2PV0vHnI85wfjw/videos>

**Songs in the House** is a show featuring local and neighboring talent to perform live as a fundraiser for the White Plains Hospital frontline workers. Starting this **Thursday, April 16 at 7pm**, the show will feature the very talented Heather Mieko from Katonah. Heather is a

professional performer with credits that include National Tours of Buddy- The Buddy Holly Story, The King and I and Cats. Click the link to connect to the live broadcast or recording. Enjoy!

### **ACT of Ridgefield Happy Hours**

<https://www.facebook.com/actofct/videos/230353244957182/>

Check their page for regular live FB events with Broadway stars!

### **Lewisboro Library**

[www.lewisborolibrary.org](http://www.lewisborolibrary.org)

Email: [lewisborolibrary@gmail.com](mailto:lewisborolibrary@gmail.com)

**914-875-9004**

Curbside email: [lewisborolibrarycurbside@wlsmail.org](mailto:lewisborolibrarycurbside@wlsmail.org)

**Starting on June 15th, The Lewisboro Library will be open for curbside pick-up and returns. Library hours are 10-4 M-F, 10-2 on Sat.**

**The digital resources of the Westchester Library System are available, even when we are physically closed.** If you do not have a library card, we are issuing library cards virtually via email. You can also reach out to us via email if you are having any trouble accessing our digital resources. We will call you if you need any help over the phone.

**Due to COVID-19, many services have been temporarily increased:**

#### **Hoopla**

<https://www.hoopladigital.com/>

Enjoy nearly half a million titles, from six different formats: Movies, TV, Music Albums, eAudiobooks, eBooks, and Comics/Graphic novels.

Through April 30 the monthly maximum has been increased for Hoopla to 10 titles per month.

#### **Kanopy**

[www.kanopy.com](http://www.kanopy.com)

Kanopy offers over 30,000 movies, films and documentaries. Through April 30 the monthly maximum has been increased for Kanopy to 20 credits per month.

Kanopy has put together a list of films which are available without using credits, [here](#). They have also opened free, unlimited access to Kanopy Kids for 30 days (starting Friday, 3/13).

#### **Tutor.com**

<https://www.westchesterlibraries.org/learn-online/>

Tutor.com has expanded its tutoring hours from 9:00 am – 10:00 pm, Monday through Friday, until June 15.

### **Tumblebooks**

Tumblebooks is available without a library card through August 31.

TumbleBooks Offerings:

[TumbleBookLibrary](#) is a collection of K-6 children's ebooks.

[TumbleMath](#) is a collection of K-6 math ebooks.

[TeenBookCloud](#) is a collection of grade 7-12 ebooks.

[AudioBookCloud](#) is a collection of audiobooks for all ages.

[RomanceBookCloud](#) is a collection of steamy romance novels for the older crowd.

If you are having difficulty with the Tumblebooks links above, please visit the Listen, Read and Watch page on the Westchester Library System's website.

<https://www.westchesterlibraries.org/listen-read/>

### **Ridgefield Library (for CT)**

<https://ridgefieldlibrary.org/collections/downloadables/about-downloadables/>

## **Other Resources**

### **Study Help**

#### **Free Tutoring - Students and Adults**

[www.LewisboroLibrary.org](http://www.LewisboroLibrary.org), click on the Online Resources Tab, scroll to find "Tutor.com/westchester" link. All you need is your Westchester Library Card number and PIN.

Expanded hours from 9am – 10pm, Monday - Friday, until June 15.

After that, the hours will be 3pm – 10pm, M-F.

K-12 and college students can get help with homework, studying, projects, essay writing and test prep in every subject, including algebra, statistics, chemistry, physics, social studies and English. Adults can get help with job searches, GED prep and academic support. All sessions are online with professional academic or career tutors. Students will be able to

#### **Help with Distance Learning - Susanne Cusato**

914-391-2206, susannecusato@gmail.com

Anyone need help with getting through some of the distant learning with their kids, just send me a note. I am a certified elementary and special education teacher with 35 years experience and can help with any subject. For those who need secondary support, my husband was also a math and science teacher. We will get through this together.

### **Scholastic Learn At Home**

[www.scholastic.com/learnathome](http://www.scholastic.com/learnathome)

Allows open access to daily learning journeys divided into four grade spans—Pre-K–K, Grades 1–2, Grades 3–5, and Grades 6–9+, covering ELA, STEM, Science, Social Studies, and Social-Emotional Learning.

### **The Speech Studio**

(914) 893-2223

<https://thespeechstudiony.com>

My practice is open via teletherapy for children who need speech and language therapy.

## **Town of Lewisboro**

### **Town Website**

[www.lewisborogov.com/townboard/page/town-lewisboro-update-3272020](http://www.lewisborogov.com/townboard/page/town-lewisboro-update-3272020)

**Lewisboro Police Chief, David Alfano, responded to our current state of civil unrest with a [public statement](#) released June 3rd.**

**The following guidelines are new and for your information (as of 5/15 Town email):**

- Food Trucks with the appropriate licensure are authorized to be operational.
- Eye doctors have been given the OK to open their doors for business.
- Drive-in Graduations have been authorized
- The doors of religious institutions are once again open to the public for quiet prayer, reflection and contemplation but not for official services.

### **Lewisboro Recycling Center - Open as of 5/9**

Several volunteers coordinated with our Maintenance Dept. in an effort to re-open our recycling center on Sat, 5/9. There will be very limited help available unloading cars, which will be admitted one at a time into the yard. This is in an effort to practice safe social distancing for all.

**Daily Update via the Library email list. Signup here:**

[www.lewisborolibrary.org](http://www.lewisborolibrary.org)

### **Lewisboro News**

<https://news.hamlethub.com/lewisboro/>