

Writing Resume for Yana Ludwig

mayana.ludwig@gmail.com (660) 234-5506 www.yanaludwig.net

Publications



Books

Building Belonging: Your Guide to Starting a Residential Intentional Community, 2023, ISBN: 979-8-218-16648-9. Guidebook for starting residential cooperatives, ecovillages, land trusts, communes and cohousing, with an embedded anti-oppression perspective.

The Cooperative Culture Handbook: A Social Change Manual to Dismantle Toxic Culture and Build Connection; 26 Keys for Groups, Facilitators, Leaders and Other Change Catalysts, 2020, ISBN: 978-0-9995885-0-5. Co-authored with Karen Gimnig. A guidebook for culture change, personal growth, and social justice. Systematically breaks down Mainstream, Counter and Cooperative cultures, with lots of tools.

Together Resilient: Building Community in the Age of Climate Disruption, April 2017, ISBN: 978-0-9718264-5-8. Explores intentional community, cooperative culture, and legal and economic reform for a holistic climate solution.

Passion as Big as a Planet: Evolving Eco-Activism in America, April 2007, ISBN: 978-1-4303-2196-5. Explores the intersection of personal growth and ecological activism, and the power of cooperative models versus competitive ones. Out of print.

Individual Poems

"IT IS USEFUL IN MOMENTS LIKE THESE" [Ink Fish Magazine](#), summer 2025

"What happens when the world doesn't match anymore?" [Ink Fish Magazine](#), summer 2025

"And Grace Be a Phoenix" published as part of *The Cooperative Culture Handbook*, 2020

Articles in Communities: Life in Cooperative Culture (2002-current)

Published as Yana Ludwig (2018-current): <https://www.ic.org/author/yana-ludwig/>

- “Community as Resistance” COMMUNITIES, No. 207 (Summer 2025)
- Contribution to “Remembering Laird Schaub” COMMUNITIES, No. 207 (Summer 2025)
- “Bringing Love into the Heart of the Beast: How Communalism Inspired a US Senate Run” COMMUNITIES, No. 204 (Summer 2025)
- Zach Rubin and Don Willis, co-authors. “Conflict Resolution and Satisfaction in Today’s Intentional Communities.” COMMUNITIES, No. 184 (Fall 2019): 57-60.
- “Cross-Class Cooperation and Land Access.” COMMUNITIES, No. 182 (Spring 2018): 25-26.
- “Liberation, Networks, and Community.” COMMUNITIES, No. 180 (Fall 2018): 35-36.
- “Narcissism, Dependence, and Culture Change.” COMMUNITIES, No. 181 (Winter 2018): 45-46.

Published as Maikwe Ludwig (2016-2017): <https://www.ic.org/author/maikwe-ludwig/>

- Rubin, Zach; Ma’ikwe Ludwig; and Don Willis. “Happy, Healthy, Functional, Fit: What Works Best in Present-Day Communities.” COMMUNITIES, No. 176 (Fall 2017): 42-46.
- “A Four-Dimension Analysis of Dancing Rabbit.” COMMUNITIES, No. 174 (Spring 2017): 21.
- “Limiting the Damage of Climate Change: Lessons from Dancing Rabbit.” COMMUNITIES, No. 174 (Spring 2017): 16-20.
- “Variations on a Theme: Low-Carbon Communities of All Sorts.” COMMUNITIES, No. 174 (Spring 2017): 34-35, 72.
- “A Useful Tool for Founders and Seekers: SPECTRUMS.” COMMUNITIES, No. 170 (Spring 2016): 10-11. Reprinted in Communities Directory: The Guide to Intentional Communities and Cooperative Living. 2016 Edition (Rutledge, MO: The Fellowship for Intentional Community, 2016), 27-28.

Published as Maikwe Schaub-Ludwig (2008-2013): <https://www.ic.org/author/maikweschaubludwig/>

- “Making Lymeade: Turning Mid-Life Crisis into Opportunity.” COMMUNITIES, No. 158 (Spring 2013): 51-54.
- “The Chronically Ill in Community.” COMMUNITIES, No. 158 (Spring 2013): 55.
- “‘Busting the Myth’: Some Questions.” COMMUNITIES, No. 155 (Summer 2012): 54-55.
- “Right Livelihood, Wrong Volunteerism.” COMMUNITIES, No. 152 (Fall 2011): 48-50.
- “More Perspectives on Leadership and Followship.” COMMUNITIES, No. 148 (Fall 2010): 34-35, 75. Response to Barrette, Elizabeth. “Balancing Powers: Leadership and Followship in Community.”
- “Growing Family in Community.” COMMUNITIES, No. 146 (Spring 2010): 30-34.
- “Throwing in the Founder’s Towel.” COMMUNITIES, No. 144 (Fall 2009): 40-41, 78.
- “Why America Needs Consensus.” COMMUNITIES, No. 141 (Winter 2008): 80, 79.

Published as Maikwe Ludwig (2002-2003): <https://www.ic.org/author/maikwe-ludwig/>

- “Where There Are Good Cooks, There’s Good Morale.” COMMUNITIES, No. 121 (Winter 2003): 47-50.
- “Spirit and Earth at Manitou Arbor.” COMMUNITIES, No. 117 (Spring 2003): 30-33.
- “‘Make It or Break It’.” COMMUNITIES, No. 118 (Summer 2003): 28-31.
- “Noble Suffering and Appropriate Sacrifice.” COMMUNITIES, No. 115 (Summer 2002): 20-22.

Blogs:

Self-published

Medium: <https://medium.com/@yana.ludwig>

- [Why facilitation skills matter. Right now.](#) Mar 17, 2025

- [Racism lives in me](#). Feb 27, 2025
- [Polishing the Platter: why voting isn't enough](#). May 13, 2020

Lyme Voices blog, 2012. Designed, implemented and analyzed original chronic lyme patient survey with 450 responses, then blogged about the results. 35 total posts: <https://lymevoices.blogspot.com/>

Non-self-published

Cowboys on the Commons:

- [Obama is wrong: We shouldn't "chill out" about the primaries](#), December 13, 2019
- [Why Poor People Don't Run for Federal Office](#) July 1, 2019
- [Paris Agreement Discord Highlights Need for Community-Based Climate Action](#), June 1, 2017

[Our Inability to Talk about Class is Killing Us](#), May 3, 2017, Public Interest Journal (now defunct)

Other Published Works

Cultural Context and Conflict in Intentional Communities, chapter in "Conflicts and Conflict Management in Intentional Communities", University of Haifa press, June 2025. Co-authored with Dr. Zach Rubin.

[Wyoming Needs a State-Run Bank](#), policy paper published as part of the Yana for Wyo campaign, co-authored with Matt Stannard, JD

Co-author with Drs. Zach Rubin and Don Willis, **peer reviewed publication** of "Measuring Success in Intentional Communities: A Critical Evaluation of Commitment and Longevity Theories." *Sociological Spectrum*, vol. 39, no. 2, 2019.

Writing-related Professional Positions

Creative Writing Instructor, University of Wisconsin Madison college prep camp, summer 1996.

Graduate Assistant, Eastern Michigan University, 1994-1995. Taught freshman composition and assisted in Introductory Literature courses.

Field Assistant and Editor, Ecological Research Services, summers 1986-1989. Assisted in toxic chemical effects field research on Great Lakes bird populations, and edited papers for scientific journals.

Major Speaking and Media Experience, with speech/script writing responsibilities

Podcast Host and Co-Owner-Manager, Solidarity House Media Cooperative. July 2018-May 2021. Arranged and conducted interviews (primarily on topics related to climate, race and/or community) and participated in full co-op activities for leftist, cooperativist podcast.

Candidate, US Senate. May 2019 - Aug. 2020. Placed 2nd in primary of six Democratic candidates for US Senate in Wyoming running on a climate justice, economic reform and human rights platform. I did all of my own speech writing.

National Speaking Tour focused on promoting the low-carbon, high quality, economically secure lifestyle of Dancing Rabbit Ecovillage. March 2015-Feb. 2016. Did 65 events with over 3,200 people.

TEDx talk, October 2013, *Sustainable is Possible!* <http://www.youtube.com/watch?v=BS8YeDKKBcU>

EcoSage Health News on KUNM, Albuquerque, 2006-2007. Researched, wrote and delivered monthly local sustainability news segment.

Radio Broadcasting, **Forensics state finalist** in Michigan, 1988.

Writing-related Awards and Recognition

Writers residency, Rockvale Writers' Colony, May 2021

Winner of the 2020 **US Communal Studies Association Paper of the Year**, with Drs Zach Rubin and Don Willis for *Measuring Success in Intentional Communities*.

Winner of the 2017 **US Communal Studies Association Book of the Year**, for *Together Resilient*.

1993 Midwest Modern Language Association annual conference paper accepted and presented, "The Straightening of Jane Eyre: Woman-loving and the Heterosexual Transition in Jane Eyre," (as Victoria Ludwig)

Formal Education

Carleton College, major in Anthropology/Sociology minor in Natural History, 1988-90.

Eastern Michigan University Honors College, interdisciplinary degree in Multicultural Gender Studies, graduated 1994, magna cum laude.

Eastern Michigan University, Creative Writing MA program, 1995-96.

Less formal and recent writing education

2-day intensive Writing And/As/About Resistance with Eraldo Souza dos Santos through Writing Workshops, March 2025

Online writing workshop with Father Nathan Monk, March 2025.

Attending the Seattle Writers Workshop, focused on publishing, in May 2025.