

Meeting script

SAAPP NORDIC Meeting Script

Bookmark for Aug 20, 2026
Tradition Covered: will be Trad 1 (For Aug 20, 2026)
Begin reading: Page 151, "For most normal..." (For Aug 20, 2026)

All Service Positions (Sheets)



Preparations

Zoom Host: Open the breakout room

Facilitator: Post the text and link below in the chat. Please repost this several times in the beginning of the meeting since a few people usually drop in during the first minutes.



Facilitator: Open up the meeting 20:00 CET

Welcome to the Nordic Primary Purpose group of SAA. My name is _____ from _____ and I am a sex addict.

Let's open this meeting with a moment of silent meditation, each in their own way, followed by the Set aside-prayer spoken in unity for those who like. The prayer will be posted in the chat.



Pause and paste the prayer in the chat

*** God, help us set aside everything we think we know about You, about ourselves, about others, about the Big Book and about our own recovery, so we may have an open mind and a new experience with all these things. Please help us see the truth.

To reduce background noise, please mute your microphone when not speaking.

This is an open meeting. All who have an interest in sex addiction and our program of recovery are welcome. You need not identify yourself nor your reason for being here if

you do not wish to do so. We will protect your anonymity. We ask that you protect ours.

To paraphrase the Foreword to the First Edition of the book of Alcoholics Anonymous: We, of Sex Addicts Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other sex addicts precisely how we have recovered is the main purpose of this book. For them, we hope these pages will prove so convincing that no further authentication will be necessary. We think this account of our experiences will help everyone to better understand the sex addict. Many do not comprehend that the sex addict is a very sick person. And besides, we are sure that our way of living has its advantages for all.

If you do not have an AA Big Book you can access it on-line via the link posted the chat. You can also join our Big Book fellowship on WhatsApp.



Share the following text in the chat:

*** *The AA Big Book is available for online reading here:*

w.aa.org/the-big-book

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Join us on WhatsApp:

1. SAA PP Nordic: (this meeting's WAG)

<https://chat.whatsapp.com/Gup8tC51ECG6tUQTrh3p9J> ***

2. SAA BB Fellowship: (WAG for all SAA BB members)

<https://chat.whatsapp.com/ESJORRi9rPjKMGGVZ41NCp> ***

The purpose of this meeting is to learn from the Big Book how to improve how we each work the 12 Steps. Let us stay focused on finding the clear-cut directions in the passage we cover today.

In this meeting, we avoid personal anecdotes or personal stories in the discussion. If you have other ideas or personal experiences that differ from the direction of the Big Book, after the meeting or in fellowship is a better place to discuss them. The study leader is responsible for keeping the meeting focused and may give a friendly reminder if we get off track.

If you have worked the Steps for sex addiction with a Big Book sponsor and had the promised spiritual awakening, we would really like to hear your insights into these directions.

If you are new to S.A.A., to this meeting or to this approach to the Steps, we want you to know that you are welcome here. We hope that you hear something that will be

helpful to you. For newcomers, there is a period of fellowship after the meeting, where you can ask questions, find sponsors, and discuss other issues.

Our Study leader will ask someone to read a page or so in the Big Book. Then we will go back to the first sentence and start the study by reading one paragraph at a time.

Now I will pass the meeting over to our study leader _____.

Study Leader

Good evening, my name is _____ from _____ and I am a sex addict. I will be the study leader tonight.

Now we would like to take a minute or two to introduce ourselves by first name. Also, please let us know which country you are from and if you are available to read during the meeting. If you are new to our meeting, please let us know so we can greet you accordingly.

(Study leader takes note of all the available readers.)

Now I will pass the meeting over to our breakout room host _____.



Breakout Room Host

My name is _____ and I will host the breakout room. There, I will go through step 1 for anyone new or struggling. This is for folks who are new or want to revisit step 1. It's a great opportunity to hear about the first step. There will be time for questions afterwards.

To join the breakout room, click the icon with four little squares—usually at the bottom of your Zoom window on computers, or at the top or side on tablets or smartphones. Then click 'Join' next to the breakout room name.

If you need help being added to the breakout room, just post in the main chat, and an admin will add you to the breakout room.



Study Leader

Before we begin our Big Book study we will review a Tradition. This week's Tradition is Tradition _____.

I will ask _____. Could you read the long form and the short form of tradition _____ and share your insights. We ask you to keep it to a maximum of 3 minutes please.

We will begin our study on page _____. That will be in Chapter _____.

1. Do a **recap** from last week's reading
2. Ask a person on your list to read a page in the book.
3. Then ask a new person to read the first paragraph again and after that open up for comments. Continue like this until the meeting is over.

Before opening up the first paragraph for comments, read...

"...and a friendly reminder to everyone that we only comment on the precise instructions of the paragraph. We save all personal shares, stories and check-ins for after the meeting in fellowship. If you find yourself saying "I" or "me," you may be getting off track.

"If you're new to the big book meetings and have not yet recovered from sex addiction by working the 12 steps using the big book with a sponsor, we encourage you to not comment and instead just listen and learn how these meetings work."



Note to Study Leader:

When opening each paragraph for comments, please precede it with this comment: "Let's open that paragraph up for comments on the precise instructions it contains and how it relates to sex addiction. If you like to share, please use the raise

hand function. You can find it on the bottom of your screen. When you are done, please take it down.”

**** Reminder text: **** [NOTE: our group conscience is **not to interrupt**. Read the reminder script after a fellow finishes their share, regardless of how long it is.]
‘No big deal, just reminding anyone who’s new here of the format — we try to stay away from personal experiences and just focus comments on the precise instructions of the paragraph.’



Note to Facilitator:



Facilitator: Close the meeting 20:50

Thank you for being our study leader, _____. Please could you update the script with the point where we read up to?

Reading from the last few paragraphs on page 164:

“Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven’t got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

“Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you until then”.



Share the following text in the chat:

***** You can make your donations via PayPal:**

<https://paypal.me/nithishnks> | \$1 ~ 0.9 EUR avg. exchange rate

*** [Link to Treasurer QR Code](#) ***



Read the following:

Our Seventh Tradition states that “every group ought to be fully self-supporting, declining outside contributions”. We use the contributions to pay for our website, Zoom account and other expenses of the group. Please give your contribution via the PayPal link posted in the chat. I'll give you a moment to contemplate and if you so desire, give a contribution.



Pause for a moment

To quote page 84: “We suddenly realize that God is doing for us what we could not do for ourselves.”

Is there anyone who would like to carry some hope to the one who still suffers by sharing a milestone they recently celebrated? Use the “raise hand” button to be recognized and we'll call on you. Please hold your milestone shares to 30 seconds.



Pause

As S.A.A. members, the most important symbol of our willingness is a desire chip. A desire chip signifies our desire to stop our addictive sexual behaviors for good and for all, though we stay sober just one day at a time. Is there anyone here who would like to begin their journey to sobriety this evening?



Pause

Real recovery takes place in working the Steps with a sponsor. If your sponsor is unavailable, if you don't have a sponsor or if you are looking to change sponsors, we believe we can help. If you have taken these steps by the directions in the Big Book and had a spiritual awakening, please announce your names and phone numbers so those looking for help will know whom they can call. Please write your info in the chat. Only available sponsors present themselves at this point. If you are available only for 10 steps and fellowship, please give your numbers during fellowship.



Pause

Are there any S.A.A. related announcements?



Pause

Let's have a moment of silence for the addict who still suffers followed by the Third Step prayer said in unity.

Pause briefly and post the following text in the chat and read it out loud.



**** God, we offer ourselves to Thee—to build with us and to do with us as Thou wilt. Relieve us of the bondage of self, that we may better do Thy will. Take away our difficulties, that victory over them may bear witness to those we would help of Thy Power, Thy Love, and Thy Way of Life. May we do Thy will always! ****



Pause

The last Thursday of the month is a Business meeting. Please hand it over to the person holding the Business meeting and remind the people in the meeting that we will have fellowship for about 10 minutes before the business meeting, and then a longer fellowship will follow as soon as the business meeting is concluded.

Now it's time for fellowship. This is an open meeting. We have no way of knowing who is here. Please bear that in mind when you give out personal information.

This is a good time to ask questions. If you're available for fellowship and 10 steps you can share your numbers in the chat. Feel free to leave at any time. Are there any newcomers with questions? _____.



Update the stopping location for tradition and reading at top.

Key Links

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[All Positions + Documents](#)