ODYSSEY OF ONSLAUGHT

V / X	√ Today's Missions & Strategic Steps To Success √ √ √ (Tackle each mission, step by step, and track your progress.) √ √ √ √ √ √ √ √ √ √ √ √ √
1.🗙	
	Strategic Steps:
2.×	
	⊗ Strategic Steps:
3. 🔽	
	Strategic Steps: Do 2 big meals, one lunch and one dinner
4. X	⊚ MISSION: Drink 3L of water
	⊗ Strategic Steps:
5. 🗙	⊚ MISSION: Copy work
	⊗ Strategic Steps:
	1.10 min helping students 2.15 min copy review
	3.Research for prospect
	4.Search prospects 5.Write outreach
	6.Write FVX
	7.Watch daily power-up call 8.Check announcements channel
6. 🗸	MISSION: Watch lessons on social media fame

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
7. 🗸	
8. 🚺/💢	
9. 🗙	
10. 🔽	
11. 🔽	
12. 🔽/💢	
13. 🔽	

V / X	√ Today's Missions & Strategic Steps To Success √ (Tackle each mission, step by step, and track your progress.)
14. 🔽	⊚ MISSION: 15 min stretching
	⊗ Strategic Steps:
15. 🔽	
	⊗ Strategic Steps:
16. 🔽	
	⊗ Strategic Steps:
17. 🗙	
	⊗ Strategic Steps:
18. 🔽/🗙	⊚ MISSION:
	⊗ Strategic Steps:
19. 🔽/🗙	⊚ MISSION:
	⊗ Strategic Steps:
20. 🔽/🔀	⊚ MISSION:
	⊗ Strategic Steps:

V/X

Extra tasks - rewards for conquering the day 💢



	(do only after a G work sessions or if you have spare time)
1. X	Playing 3 chess games
2. 🗙	Reading 10 pages
3. V /X	
4. V /X	
5. V /X	
6. 1 / X	
7. ☑/ ×	

Y	Rewards for conquering the work of the day
1	

	Date of Determination 77
Date:	23/12

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🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥



Yesterday's Overall Benchmark Score to Surpass Today = 12/17

	3 Blessings I Cherish This Morning 🙌
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

	Magic Trio: 3 Priority Missions	
	(These are non-negotiable tasks and must be conquered today!)	
1.	Outreach	
2.	Research for prospect	
3.	Training	



(Design each hour with intention and reflect upon its journey)

Mission 辈 Mission: What will I do?

Strategy Q	Strategy: How will I do it, step-by-step action?
Reflection /	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good
<u> </u>	
5 AM: Mission 💃	
Strategy 🔍	
Reflection /	
Score 🏆	
6 AM: Mission 辈	
Strategy Q	
Reflection /	
Score 🏆	
7 AM: Mission 🖐	
Strategy Q	
Reflection /	
Score 🏆	
_	
8 AM: Mission 辈	

Strategy 🔍	
Reflection /	
Score 🏆	
9 AM: Mission 🧏	
Strategy 🔍	
Reflection /	
Score 🏆	
10 AM: Mission ↓	Wake up, shower and review copy
Strategy 🔍	
Reflection /	no, I didn't review copy because I woke up later
Score 🏆	6/10
11 AM: Mission ↓	Help students and write outreach
Strategy 🔍	
Reflection /	no, I didn't do it because the copy review took longer
Score 🏆	9/10

12 PM: Mission 💃	Write outreach and eat
Strategy Q	
Reflection /	no, I didn't eat because I work a bit longer on outreach
Score **	8/10

1 PM: Mission 🖔	Write outreach and stretch
Strategy Q	Write outreach till 1:45 PM and stretch till 2 PM
Reflection /	accomplished
Score 🏆	9/10

2 PM: Mission 🖐	Boxing
Strategy 🔍	
Reflection /	accomplished
Score 🏆	9/10

3 PM: Mission 💃	Boxing
Strategy Q	
Reflection /	accomplished
Score 🏆	9/10

4 PM: Mission 🖔	Get home, shower and cook
Strategy 🔍	
Reflection /	no, I started cooking at 5:01 PM
Score 🏆	8/10

5 PM: Mission 🖔	Eat and go to the barber
Strategy Q	While going to the barber write outreach
Reflection /	accomplished
Score 🏆	7/10

6 PM: Mission 🖐	Barber
Strategy Q	
Reflection /	accomplished
Score 🏆	7/10

7 PM: Mission 辈	Get home, shower and write outreach
Strategy 🔍	
Reflection /	no, I didn't shower because o preferred writing first outreach and then showering
Score 🏆	9/10

8 PM: Mission 🖔	Eat
Strategy 🔍	
Reflection /	no, I didn't eat because I prefer working a bit more on outreach
Score 🏆	9/10

9 PM: Mission 🖔	Review work did in a day and come up with ideas to improve, plan the next day and get ready to go to sleep
Strategy 🔍	
Reflection /	accomplished
Score 🏆	9/10



🌇 Twilight's Review 🌇



Today's Learnings: Wisdom or lessons learned from the day

SELF-TALK MASTERCIASS - GVE ALL YOUR ATTENTION TO POSITIVE "MANNER" THOUGHTS CONTROL YOUR ENVIRONENT SURROUND YOURSELF WITH WINNERS V SULLESFUL PEOPLE DISMATLE NEGATIVE IS THOUGHTS - TO LAUGH AT THEM CUT THE ENERGY IMMEDIATELY SHUT IT WWW + STAT PUWERS THEM 5 HOUT IT DOWN IN YOUR MIND - USE DEPOSITIVE WOLDS FOR YOUR SELF-TALK USE GRATITUDE RANGLY USE FOCUS I FOCUS OWN FOCUS ON POWER NEGATIVE DIVINE -PURESE OFFISONS,... WUNDS TO MUTIVATE YOURSELF THE FEELING FOCUS ON OF BEING YOUR LOVE ULTA FOR OTHERS POWERFUL HOW WOULD YOU FEEL LIKE!

	- WHEN YOU WAKE UP SPEAK PWABREULL THOUGHTS
	- CREATE INAGES OF YOU WINNING
	SHOUT AT SAY THEM OUT YOURN LOUB IT YOU LAN
	- MAKINIFE THE ENERGY OF THE THOUGHTS
	1+ pezine/remonenten
	HAND HAND
	1 + ACTION ABOUT YOUR HAND WORK
	I AM SCARMHENSTICS YOU WOULD LIKE TO HAVE
	SENTENCES CREATE ABOUT YOURSELS ABOUT YOURSELS ABOUT THINK
N DESTAPY	ABOUT YOUNSELF
- WHEN YOU CATRCH YOURSELF THINKING	- WHAT YOU TELL ABOUT YOUNSELF IS EXTREMELY

* Victories Celebrated: Accomplishments and successes of the day
Sent 7 outreaches
Stumbles Along the Way: Points of difficulty or mistakes made.
▼ Tomorrow's Illuminations: Plan how to improve and progress the next day.
Consistencies to Keep: Recognize what worked well and should be repeated.
Copy work and training
Communications: Identifying individuals to connect with.
Pending Missions: Tasks that remain uncompleted

Waking up and going to sleep on time, drinking 3L of water, writing FV, stretching, reading, playing chess games, reviewing outreach and FV and practicing German



Day's Overall Score: A final assessment of the day's productivity

12/14

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)