

La Serna High School

Senior Track & Field Records

Boys

100m: 10.73 - Miles Wingate (2025)

200m: 21.90 - Miles Wingate (2025)

400m: 47.99 - Andres Vega (2011)

800m: 1:53.49 - Adam Vega (2010)

1600m: 4:07.51 - Grant Miller (2025)

3200m: 8:59.02 - Grant Miller (2025)

110mH: 14.44 - Aaron Mahlow (2018)

300mH: 39.78 - Aaron Mahlow (2018)

Shot: 52' 10.5 - Gabriel Lewis (2024)

Discus: 139' 2 - Diego Rosales (2024)

High Jump: 6' 2 - Nicholas Meza (2022)

Pole Vault: 13' 7 - Nicolas Gallegos (2025)

Long Jump: 21' 10 - Nicholas Meza (2022)

Triple Jump: 43' 10.5 - Matthew Marshall (2017)

Girls

100m: 12.54c - Celina Dominguez (2017)

200m: 26.15 - Danielle Telles (2013)

400m: 58.66 - Michelle Reed (2015)

800m: 2:14.10 - Justine Diaz (2007)

1600m: 5:19.89 - Jordan Anaya (2022)

3200m: 11:29.36 - Madeline Franco (2020)

100mH: 15.80 - Piper Lowinger (2016)

300mH: 48.15 - Briana Vasquez (2009)

Shot: 36' 1.5 - Maddison Fitzpatrick (2015)

Disc: 101' 7 - Lauren Sanchez (2025)

High Jump: 5' 0 - Elizabeth Carrasco (2020)

Pole Vault: 9' 1 - Isabella Martinez Perez (2025)

Long Jump: 18' 0.5 - Jaelynn Lane (2024)

Triple Jump: 36' 9.5 - Jaelynn Lane (2024)