

 GRADES 1 to 12 DAILY LESSON LOG	School:		Grade Level:	
	Teacher:	DepEdTrends.com	Learning Area:	
	Teaching Dates and Time:		Quarter:	

I. OBJECTIVES	
A. Content Standards	
B. Performance Standards	
C. Learning Competencies Write the LC code for each	explain that knowing oneself can make a person accept his/her strengths and limitations and dealing with others better
D. Learning Objectives	1. Define self-awareness and its role in personal growth and development. 2. Identify personal strengths and limitations through self-reflection and feedback from others. 3. Analyze the impact of self-awareness on personal confidence and motivation. 4. Explain how accepting personal limitations can lead to increased resilience and growth mindset.
II. CONTENT	Understanding Self-Awareness
III. LEARNING RESOURCES	
A. References	
1. Teacher's Guide pages	
2. Learner's Materials pages	
3. Textbook pages	
4. Additional Materials from Learning Resource (LR) portal	
B. Other Learning Resources	
IV. PROCEDURES	
A. Reviewing previous lesson or presenting the new lesson (2 mins.) Elicit	Teacher greets the class and asks the students to recall the previous lesson. The teacher then introduces the new lesson on developing self-awareness.
B. Establishing a purpose for the lesson (1 min.) Engage	The teacher explains that the purpose of the lesson is to help the students understand the importance of self-awareness in personal growth and development.
C. Presenting examples/ instances of the new lesson Explore (2-5 mins.)	The teacher explains the concept of self-awareness and its role in personal growth and development. The students are then asked to reflect on their personal strengths and limitations and share them with the class. The teacher provides feedback to each student to help them gain a better understanding of their strengths and limitations.

D. Discussing new concepts and practicing new skills #1 Explain (15 mins.)	The teacher leads a group discussion on the impact of self-awareness on personal confidence and motivation. The students are asked to share their personal experiences and insights on the topic.
E. Discussing new concepts and practicing new skills#2 (10 mins.)	The teacher leads a group discussion on the impact of self-awareness on personal confidence and motivation. The students are asked to share their personal experiences and insights on the topic.
F. Developing mastery (Leads to Formative Assessment 3) (12 mins.) Elaborate	The teacher provides individual activities for the students to develop their self-awareness further. The students are asked to write a reflection paper on their strengths and limitations and how they plan to use this knowledge to achieve personal growth and development.
G. Finding practical applications of concepts and skills in daily living (3 mins.)	<i>The teacher asks the students to share how they can apply their newly acquired knowledge on self-awareness in their daily lives.</i>
H. Making generalizations and abstractions about the lesson (3 mins)	The teacher concludes the lesson by asking the students to make generalizations and abstractions about the lesson. The students are asked to identify key takeaways from the lesson.
I. Evaluating learning (8 mins)	Administer a short quiz or have a class discussion to evaluate whether students have met the lesson objectives. 1. What is self-awareness and why is it important for personal growth and development? 2. What are some ways to develop self-awareness? 3. How can self-awareness help improve personal confidence and motivation? 4. What is a growth mindset and how does accepting personal limitations relate to it? 5. Describe a personal experience where practicing self-awareness helped you identify personal strengths and limitations. Essay Describe the role of self-awareness in personal growth and development, using examples from your own life or from those around you.
J. Additional activities for application or remediation (1 min)	The teacher provides additional activities for students who need remedial or enrichment activities based on their performance in the formative assessments.
V. REMARKS	
VI. REFLECTION	
A. No. of learners who earned 80% on the formative assessment	
B. No. of learners who require additional activities for remediation.	
C. Did the remedial lessons work? No. of learners who have caught up with the lesson.	
D. No. of learners who continue to require remediation	
E. Which of my teaching strategies worked well? Why did these work?	
F. What difficulties did I encounter which my principal or supervisor can help me solve?	

G. What innovation or localized materials did I use/discover which I wish to share with other teachers?	
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Prepared by:

Checked by

Teacher

School Head

Observed by:
