TOO MANY PEOPLE WANT TO TRAVEL

1. Historic cities **inundated** with tourists
2. Sensitive natural habitat destroyed
3. Monuments **damaged**.
4. It's affecting the planet in **unprecedented** ways
5. They **ruin** the very experience they have been trying to have
6. Historically, travelling was only for a small **elite**
7. It was common to stay **within** 100 miles of where you were born
8. 8m people a year come **flocking** to DisneyLand
9. Millions of people have achieved this **wage level** where they can afford to travel
10. **Budget airlines** allow people to fly cheaply and Aribnb has increased **the supply of lodgings**
11. The growth of instagram has **spurred** over-tourism in a big way.
12. Social media has **eroded** the travel experience.
13. What measures are being taken to protect cities from overtoursim?

THE POINT OF TRAVEL

1. An **inner** journey / an **outer** journey
2. **In a nutshel**l, …
3. Free of preoccupation with the **petty** and the small-minded
4. Somewhere **imbued** with calm
5. In the Middle Ages, if there was sth wrong with you, **you were meant to head out** on a Pilgrimage
6. **Mend** the **wounded** parts of us
7. Somebody **out of touch with their bodies** might be sent away to Porto Seguro in Brasil
8. **Striving** to evolve our characters
9. **Grow into** better versions of ourselves

THE PROBLEM WITH TRAVEL. THE SCHOOL OF LIFE

1. The desire to travel is **sparkled** by a picture
2. **Snapshots** that encapsulate….
3. The **fleeting** mental images are momentary

4. That **brute** fact alone might be enough to cause **grievous** damage to the hopes that transport us far from home
5. We might **sigh** with desire at such splendour
6. If the camera started to **linger** on that scene we might rapidly grow **twitchy**
7. It's not that we're **ungrateful** or **shallow**
8. Mental baggage
9. Non of this **smear** of the self is there when…
10. **Unsullied** views
11. At the **foot** of a golden temple

QUESTIONS

1. Do you suffer from **wanderlust** or are you more of a **homebody**?
2. How much have you travelled? Do you consider yourself a **globetrotter**?
3. Are you a **seasoned** traveller?
4. Don't you think things have got a bit out of hand with our never-ending desire to travel?
5. What has been your best trip ever so far in your life?
6. And the worst nightmare trip?
7. What do you think are the causes and effects of over-tourism?
8. Has overtourism changed the way you travel?
9. Is there anything we can do as a society?
10. Have you ever tried to **escape the crowd** on a holiday? What strategies do you use to find peace and relaxation when traveling to popular destinations?
11. Do you prefer to **wander off the beaten track** when you travel, or do you enjoy sticking to well-known tourist spots? Why?
12. How do you feel when you arrive at a popular attraction and are faced with **hordes of people**? Does it affect your enjoyment of the place, or do you embrace the atmosphere?
13. If you could spend a week on one of the most **secluded beaches** in the world, where would it be and what would you do there?
14. Are you the type of person who likes to **seek something out of the ordinary** when traveling, or do you prefer a more traditional vacation? Can you share an example of a unique travel experience?

15. What’s your favorite way to **unwind** after a stressful week? Do you have any specific activities or places you go to help recharge your energy?
16. Do you think it's essential to **recharge** mentally and physically through travel? How do you ensure you come back from a trip feeling refreshed?
17. Have you ever visited any **awe-inspiring places** that left you speechless? What was it about the location that made it so special?
18. What’s the most memorable location you've been to with **breathtaking views**? How did it make you feel when you first saw it?
19. When booking holidays, do you prioritize **unbeatable prices** over the quality of accommodation, or are you willing to spend more for a better experience? What’s your approach to finding the best deals?
20. Do you enjoy going on **rambles, hikes, and treks** when you travel? What’s the best hiking experience you’ve had, and what made it memorable?
21. If money weren’t an issue, would you consider renting a **waterfront apartment** for your next vacation? What appeals to you about staying by the water?