

Opening Your Heart with Psalm 27 2023

Online Practice with Rabbi Debra Robbins

Wednesday at 9 am central

ZOOM LINK

<https://zoom.us/j/86518507341?pwd=RHVsVWw4VTNOMlliSHNFZHR6SDJSZz09>

Meeting ID: 865 1850 7341

Passcode: 191368

We will use Opening Your Heart with Psalm 27 which is available as a book, an e-book or through the app.

https://www.ccarpress.org/shopping_product_detail.asp?pid=50465

Reflections for Focus 2023

Please note that this year our group practice will not follow the daily Reflection for Focus as indicated in the app. This selection will allow us to be attuned to the flow of the season and explore reflections we have not used previously as a group.

August 23	Just Five Minutes of Light	page 13
August 30	On a Chaotic Day	page 36
September 6	Call Me By My Nickname	page 52
September 13	A Gracious Answer	page 71
September 20	Don't Just Sit, Turn	page 86
September 27	Hidden Treasure	page 108
October 4	Time to Stand	page 104

All online psalms students are invited to join together in person on Sukkot morning, Saturday September 30 for a pot-luch breakfast in the sukkah at 9:15 followed by Shabbat and Festival services at 10:30 and the opportunity to share in the Torah blessings in the Stern Chapel.