

## Explanation of the Yoga Day Prayer Song

Sangam - confluence / junction / togetherness /

Sangachadwam is the last word in the Rig veda. It means let us progress (proceed or move on) together.

Sangachadwam - Let Us Move Together

Famous Rig Veda hymns 'Sangachadwam, samvadadwam samvomanamsi janatam' (R.V. X -192 -2) emphasis the unity of minds to create healthy powerful organisations for prosperity and happiness of all and to promote fellow feeling and righteousness.

ॐसंगच्छध्वं संवदध्वं

सं वो मनांसि जानताम्

देवा भागं यथा पूर्वे

सञ्जानाना उपासते ॥

ॐ saṃgacchadhwaṃ saṃvadadhwaṃ

saṃ vo manāṃsi jānatām

devā bhāgaṃ yathā pūrve

sañjānānā upāsate ॥

May you move in harmony, speak in one voice; let your minds be in agreement; just as the ancient gods shared their portion of sacrifice.

समानो मन्त्रः समितिः समानी

समानं मनः सहचित्तमेषाम्

समानं मन्त्रमभिमन्त्रये वः

समानेन वो हविषा जुहोमि ॥

samāno mantraḥ samitih samānī

samānaṃ manaḥ saḥacittameṣām

samānaṃ mantramabhimantraye vaḥ

samānena vo haviṣā juhomi ॥

May our purpose be the same; may we all be of one mind. In order for such unity to form I offer a common prayer.

समानी व आकूतिः समाना हृदयानि वः।

समानमस्तु वो मनो यथा वः सुसहासति ॥

samanī va ākūtiḥ samānā hrdayāni vaḥ |

samānamastu vo mano yathā vaḥ susahāsatī ॥

May our intentions and aspirations be alike, so that a common objective unifies us all.

Sangam - confluence / junction / togetherness /

കൂട്ടായ്മ

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Sangachadwam - Let Us Move Together: കളങ്ക

മില്ലാത്ത കൂട്ടായ്മ

Famous Rig Veda hymns 'Sangachadwam, samvadadwam samvomanamsi janatam' (R.V. X -192 -2) emphasis the unity of minds to create healthy powerful organisations for prosperity and happiness of all and to promote fellow feeling and righteousness.