



Fran's Field Notes

Fall 2025 - Last Lab

⚠️🔥 **Announcement: The first lab meeting of the Spring 2026 semester will be Friday, January 23rd!** ⚠️🔥

It's your weekly roundup of lab happenings, upcoming opportunities, and a few fun things sprinkled in!

🔗 | LAB WEBSITE |

👉 Want to get involved in helping maintain the lab website?
Check out the ["How to Support the Lab Website"](#) document.

☀️ Lab Meeting

Tl;dr (too long; didn't read)

- **A strategic pivot for the lab:** Emily led "Last Lab" as a big-picture planning space, sharing a shift away from thesis-focused mentoring and toward conceptual papers, interdisciplinary teaching, and moment-to-moment clinical skill development. The group reflected on what this change means for the lab's identity, how to "tend the garden" with the time and energy available, and how to tell a coherent story about what the lab offers moving forward.
- **Reimagining clinical space (with safety at the center):** Labbies discussed how to strengthen clinical and conceptual work in meetings while preserving the lab's sense of safety, inclusivity, and permission to play. Conversations explored how to make clinical discussions more structured and accessible, balancing vulnerability, clear learning goals, flexible facilitation, and shared leadership rather than a fixed curriculum.

- **From ideas to the world:** The meeting closed with conversations about dissemination and translation — how (and whether) the lab’s work should move beyond academic papers into workshops, communities, and other non-academic spaces. The group explored adding translation-focused meetings, experimenting with hybrid unconference formats, and sharing ideas organically while staying mindful of power, coherence, and accessibility.

Resources

| ZOOM RECORDING |

- Passcode: **S&q4LxRa**
- Read the  [MEETING SUMMARY](#)

Next Lab Meeting

| JOIN HERE |

Date & Time

January 23rd — 1:30 to 4:00 p.m. (Central Time, U.S.)

Discussion Topic

First Lab — Welcome to the Spring 2026 semester!

Lab Happenings

Project Spotlight

| PROJECT LIST |

👉 What’s on the [Project List](#)?

This sheet tracks ongoing projects in the lab (and beyond), showing what stage they’re in and where support is needed. Add projects you’d like the lab to support!

Lab Task List (Needs, Resources, & Opportunities)

| TASK LIST |

👉 What’s on the [Task List](#)?

Each week, labbies share needs, resources, and opportunities to keep projects moving and support each other. Add your own or sign up by clicking the link (or button) above!

Lab Groups & Clubs

👉 What are Groups & Clubs?

These are ongoing spaces created by labbies to connect, collaborate, and support each other outside of lab meetings.

Active Groups

Journal Article Writing Focus Group

- **Contact:** Lauren ( [email Lauren](#))
- **Focus:** Writing articles, sharing drafts, and giving/receiving feedback
- **Meetings:** Fridays before lab @ 12:30 — 1:30 (CST)

Potential Groups

Peer-to-peer Supervision Group (official name to come later...)

- **Contact:** Abbey ( [email Abbey](#) | DM on Discord |  text Abbey 337-501-5672)
- **Focus:** This would be a space for clinically oriented labbies (e.g., social workers, clinical psychology trainees, counselors, behavior analysts, and other psychotherapists) to come together and support one another through a shared lens of functional contextualism, clinical behavior analysis, and interbehavioral principles.
- **Meetings:** A poll for potential meeting times will be sent out on the day of First Lab!

To add (or remove) a group or club, reply to this email!

Events

👉 Stay tuned in for upcoming opportunities to learn, share, and connect with the lab as well as the broader CBS community!

To add an event, reply to this email!

Extra Links



[LAB GOOGLE DRIVE](#)



[EM'S CALENDAR](#)



[CONTACT LIST](#)



[PREVIOUS NEWSLETTERS](#)



[PREVIOUS LAB RECORDINGS](#)



[LABBIE JAMZ](#)



[JOIN DISCORD](#)

Questions?

*Want to get involved but don't know where to start? Want to opt-out of these emails?
Reply here or Ping us on Discord!*
