

Cook Time: 17-22 min @ 325 Total Time: 35 min

Ingredients:

3/4 c butter, softened (1 1/2 sticks)

1/2 choney (can reconstitute THRIVE)

1 t vanilla extract

1 tTHRIVE baking soda

2/3 c chocolate chips

1/3 cTHRIVE brown sugar

1 c THRIVE whole wheat flour

4 1/2 c THRIVE rolled oats

1/3 c shredded coconut

Directions:

- 1. Preheat oven to 325. Cream together butter, honey, brown sugar, and vanilla extract.
- 2. Mix in flour, baking soda, and oats to creamed mixture with your hands. Mixture should be soft and crumbly.
- 3. Press mixture into lightly greased 9x13 dish. Bake for 17-22 minutes until edges are just beginning to brown.
- 4. Remove from oven and cool 10 minutes. Use flat jar bottom to press the bars flat. Can be kept at room temp in a sealed container, in the fridge or freezer. Try substituting THRIVE fruits for chocolate chips, adding nuts and mixing it up!



