

## **The Significant Woman One Day Preview Schedule and Content**

**This Preview is for women who are leaders and would like to begin facilitating groups in their sphere of influence: Areas, countries, cities, campuses, etc.**

(Materials needed: participant books, facilitator guide for presenters, computer to show videos, pencils, purses, \$20 bill or similar in your country's currency, mirrors, heart or regular post-it notes, small post-it notes with a hole punch, blindfold, spinning tops or several quarters, evaluation and strategy sheets, computer and screen to show videos found on [thesignificantwoman.com](http://thesignificantwoman.com) or Significance Project Supplemental Materials Google Drive)

### **09.00-9:30 - Registration of Participants – Books, Nametags, Refreshments**

### **9:30-11:00 – Session #1 - Journey of Significance/Pursue Your Uniqueness**

Welcome - Say a few personal words and introduce the team.

- \* The Significant Woman is a life-coaching discipleship resource that helps women live a life of significance by choosing to “live connected with God and His unique personal mission for her life” and have an impact on the world around them.
- \* Women's lives all around the world have been impacted by this resource.
- \* It is a Course, not a Bible study, but it is based on biblical principles
- \* It is written By women For women
- \* For women of all ages and stages in life... university age to women in later life.
- \* We would like to share some highlights of this course with you today so you can experience some of this resource and see how can impact women's lives.

You might want to show the promo video and montage for information and motivation at [thesignificantwoman.com](http://thesignificantwoman.com).

Today we will be sharing a few highlights from some of the sessions and encourage you to join or lead a group in the weeks after this Preview so you may get the full benefit of the resource.

Page 5 – Comment on our key verse Eph. 2:10

Page 6 – We talk a lot about pearls throughout this course and the reason we compare a woman's life to a pearl is because:

- \* every real pearl is individual
- \* every pearl is unique
- \* it takes time to form a pearl
- \* they are rough on outside but there is light within
- \* the outside (oyster) is unattractive but the pearl is beautiful

\* irritants (sand) help make the pearl beautiful

Page 7A - Purse exercise – have them pair up around table and say that she is your peer coach for the rest of our day so when we say talk to your peer coach...please share with the same person every time.

Please take out your purse and I would like you to take turns and 1) describe principles you use when organizing your purse and then 2) open your purse and show each other how it's true.

Share that we all live by principles, sometimes not even aware of them nor sometimes are they effective. In this study we're going to concentrate on six principles that we can choose to live by. In English we use the word PEARLS to define the 6 principles.

Page 8 - Read the chart only.

Quick overview:

**Pursue** Your Uniqueness - we learn more about who we are in Christ...our gifts, strengths, abilities, talents, etc. as well as how God loves and accepts us

**Embrace** the Source – we talk about where the power comes from to live a life of significance

**Activate** Your Mission – we discover what our passions are and the people groups we are interested in ministering to and we start to develop a mission statement

**Refocus** Your Life - after working on our personal mission statement we may need to make some changes in our lives

**Live** Intentionally – we take steps to live out the purpose God has called us to live

**Sustain** for Life – we learn how to stay focused on His call in the weeks, months, years ahead

**Say: Let's get started on some highlights in our resource.**

Let's now turn to the first principle in our book and begin to learn some things about ourselves. This is a favorite session of many women's!

Page 22A - Do the Money Demonstration. Follow the facilitator notes.

Page 22A – Do the Mirror Exercise. Follow the facilitator notes.

Page 22 - Explain the chart and read the summary sentence "The best reflection of who I am is through God's eyes."

Page 23 – Have them read by themselves and underline or circle words/phrases that say they are unique/special. Then share with their group why those verses are meaningful to them.

Page 26 - Now let's talk more about our specific uniqueness. See below.

Page 27 - Go over the page. Share that after they go through the whole course in a small group they will have discovered or rediscovered these many things about themselves.

Page 29 – Skills and Abilities - Read the instructions and have them take some time to work on the page. Then have them share some of what they discovered with their peer coach or group depending on the time. (Group sharing takes longer.)

**Reminder:** We are only doing highlights of The Significant Woman so we will be skipping pages and working quickly. When you are in a group you will cover all the material and you are able to take your time each to work in and enjoy the resource.

Page 32 - Personality Traits - Read the instructions and have the group take a few minutes to complete. Then share as peer coaches or as a group depending on the time.

Page 33 – Personality Inventory Continued - Read the instructions. Have each woman determine which personality she relates to the most and shares as peer coaches or as a group depending on the time.

Page 35 – Have someone read whole page either in their group or for the room.

Page 36A – Affirmation Exercise

Even though some of you might have just met one another, we are going to do a fun affirmation exercise. We have done this at many events in many countries and it is always a meaningful time.

**11:00-11:15 - Break**

**11:15-12:15 – Session #2 – Embrace the Source**

Page 39A - Is Christ at Home in Your Heart – Follow the Facilitator instructions.

Pages 41 and 42 - Share your testimony of how you came to Christ. Then highlight the four points.

Pages 46 – Have two women read half the page about the Holy Spirit either in their group or for the room.

Page 48 – Share the content of this page in your own words and explain the circles at the bottom.

Page 49 – Explain Spiritual Breathing

Page 50A – Refer back to their houses and do the Release Activity. Then pray and go outside and release the balloons together. (Or use an alternative release activity.)

## **12.15-1:15 - Lunch**

### **1:15-2:15 – Session #3 - Activate Your Mission #1**

Now we will move on to the third principle...Activate Your Mission.

Page 54 - Read the top two paragraphs only.

Page 54A - Compass Activity – Follow the instructions

Say...When God is our True North He gives us direction for our journey of significance. The more we get to know Him, the clearer His direction will be. Direction comes from God. Now let's talk about what keeps us on course.

Page 55 - What keeps us on course? Core values. Read first two paragraphs and highlight the points on the chart.

Page 55A – Spinning Tops Activity – Follow the instructions

Page 56 – Read through the instructions on the top of page.  
Have them take a few minutes to work on the page then turn to their peer coach and share 10 VALUES that are the most important to them.

Page 57 – Now let's begin to work on our CORE VALUES.  
Share that we talked about only have 4-5 core values rather than 20, 30, 50. A way to help us distinguish values from core values is on page 57. Read the **bullets** for identifying core values.

Page 58 - Have them look back at the list on page 56 and pick 2 values that fit the criteria for core values. Then follow the instructions but only choosing two.

(Reminder this is a Preview not the course)  
Have them work across the chart filling in all three columns for those 2 core values. Share with their peer coach the core values they worked on.

Pages 66-67 – Say...Personal mission activates direction in our lives and Passion ignites personal mission. Then have the women read these two pages around their tables.

Page 69 – Have the women choose 2-3 questions then record their answers in the Heart. Share with their peer coach 1-2 passions they believe they have.

#### **2:15-3:30 – Session #4 – Activate Your Mission #2**

Page 75 – Read or have Facilitator read #1 and #2 instructions. Take some time to work on this page and then share with your peer coach key verbs describing you.

Page 76 – Read or have Facilitator read the instructions at the top and take some time to work on this page. Then share with your peer coach or group what three people groups you feel called to make a difference with.

Say...When you go through a group you will have much more input to work with and more time to work on this so you won't want to miss the opportunity. But for now we will show you what is like to put it all together.

Say...On a white piece of paper write down your core values, your passions, verbs that describe you and people groups you feel called to help. Try to make a sentence or two that would get you started on a personal mission.  
From pages 56, 69, 75, 76.

Page 77 - Read examples.

Give them time to work on and discuss with their peer coach. Walk around and help.

Conclude by saying...We have just gone over a few highlights and just gotten started on mission statements. We encourage you to sign up for groups and go through the whole course to get the most benefit and life change. We have seen the most life change when women take their time and go through the resource in-depth.

#### **3:30-4:00 – Break**

#### **4:00-5:00 - Session #5**

#### **Summary/Global Happenings/Strategic Planning/Evaluations**

#### **Quick summary of last three sessions:**

**Refocus** Your Life - after working on mission statement we may need to make some changes in our lives

**Live** Intentionally – we take steps to live out the purpose God has called us to

**Sustain** for Life – we learn how to stay focused on His call

Share what is happening in your Area or around the world with The Significant Woman and SOARING. Show the Montage.

Some ways countries are using The Significant Woman:

- Retreat – first three sessions in a weekend then continue with weekly sessions
- Course at church - on-going course offered once or twice a year
- Team development – teams at churches or on your local staff team
- Discipleship and mentoring – recommend 4-8 women in group
- Workplace lunches – takes twice as many weeks because an hour each week
- Campus seniors or gap year – helps give them direction for their future
- Neighborhoods – get to know one another better and impact other neighbors

Show or explain The River. Have women work on strategy sheets then share their thoughts and ideas around table.

Q&A and Evaluation sheets. Close in prayer.