

Link to page: <https://ktherapyslc.com/at-home-ketamine-concierge-service/>

Keywords:

- Ketamine at home
- At home Ketamine
- Home Ketamine treatment
- At home ketamine treatment
- Ketamine therapy at home

H1 AT-HOME KETAMINE TREATMENT SALT LAKE CITY

H2 UNDERSTANDING THE BENEFITS OF KETAMINE AT HOME

Ketamine is quickly becoming popular as a treatment for mental illness. New options such as Concierge Service are now available. Concierge Service is an at-home ketamine treatment experience designed to bring the benefits of ketamine therapy into your home. Ketamine has been around for decades, but medical advancements and clinical studies show Ketamine to be full of benefits not previously known. If you suffer from treatment resistant depression, any common form of mental health disorders, or from symptoms of a mental illness, Ketamine treatment may be right for you. Furthermore, if you are searching for treatment options you can have in the comfort of your own home, Ketamine concierge service is a great new option.

Ketamine Therapy at Therapeutic Alternatives in Salt Lake City is the leading provider of Ketamine therapy. Men and women in Park City, Sandy, Draper, and all surrounding areas in the Salt Lake valley can call 385-685-1410 to learn more about this treatment.

H2 BENEFITS OF KETAMINE TREATMENT AT HOME

- Improve mental wellness in the comfort of your own living room
- Near instant relief
- Fast-acting
- Reconnect and rewire the brain
- Ideal for treatment resistant depression and other resistant symptoms
- Different from traditional treatments and medications

H2 HOW KETAMINE ORIGINATED

Ketamine was first utilized as an anesthetic on the battlefields and later approved by the FDA in 1970. Years after its discovery, Ketamine was abused widely as a street drug known as “**Special K.**” Ketamine has since moved from battlefields and street **use** into clinical studies and medical use. Emergency rooms popularly use this synthetic drug as an anesthetic for adults and children as Ketamine does not affect a person’s respiratory system. Ketamine is also used in veterinary medicine as an animal tranquilizer.

In 2019 Ketamine was again approved by the FDA for treatment of depression. Clinical studies across the nation are making great efforts to understand more about Ketamine and how it works. Studies and research show Ketamine to be beneficial in treating depression, anxiety, OCD, PTSD, chronic pain, and more.

H2 HOW KETAMINE WORKS

Traditional medications such as SSRIs, opioids, and more, often have short-term effects dependent on continuous use. More often than not, these medications merely dull symptoms and may even have no positive effect. Ketamine targets the cause of mental illness: **the neural pathways in the brain**. Yale research labs show Ketamine to trigger glutamate production. Glutamate is a powerful and complex process that creates new neural connections. In ideal conditions, glutamate plays an important role in memory and learning.

Chief psychiatrist of Yale Medicine, Dr. John Krystal, describes the difference between Ketamine and other medications in these words: “with most medications, like Valium, the anti-anxiety effect you get only lasts when it is in your system. When the Valium goes away, you can get rebound anxiety...when you take Ketamine, it triggers reactions in your cortex that enable brain connections to regrow. ‘It’s the reaction to Ketamine, not the presence of Ketamine in the body that constitutes its effects.’”

H2 UNDERSTANDING CONCIERGE KETAMINE TREATMENTS AT HOME

The at-home ketamine experience starts with a free 30-minute consultation with a provider. During this meeting, our providers at Ketamine Therapy at Therapeutic Alternatives will get to know you so that they can create a tailored treatment plan just for you. Our providers are ketamine experts and will also be able to address any concerns you may have. Your tailored experience will include a playlist of your favorite music and specific measures to ensure your experience **is** safe and comfortable.

Ketamine can provide relief for many mental and physical illnesses. Some of these include:

- [Depression](#)
- [Anxiety](#)
- [PTSD](#)
- [OCD](#)
- OCPD
- [Chronic Pain](#)
- [Addiction](#)
- Suicidal Ideation
- Bipolar Disorder

During your consultation, you will discuss your unique circumstances and what kind of relief you are looking for. Our licensed professional will be able to cater your ketamine concierge treatment to your specific needs **with guidance toward improving your mental wellness.**

Ketamine is administered via intramuscular injections, IV infusion, and/or lozenges over 40-60 minutes. A licensed **mental health professional** will help you navigate through this one-on-one treatment. Ketamine has almost immediate effects, and although patients may experience an altered state of mind, you will maintain consciousness and be able to speak. Typically, a series of 6 sessions is recommended for full treatment. Lozenge Ketamine treatment is also available.

H2 KETAMINE TREATMENTS IN CLINICAL STUDIES

Ketamine therapy treatments have drawn a lot of attention from scientists and researchers. Ketamine continues to show great promise in improving mental health conditions. These are just a few examples of ketamine in clinical studies for the treatment of various mental illnesses.

Depression: Ketamine is being called “the biggest breakthrough in depression in over 60 years” by researchers. Dr. John Krystal of Yale University states, “when you take Ketamine, it triggers reactions in your cortex that enable brain connections to regrow.” This shows Ketamine works differently from traditional SSRIs, such as Valium or Prozac (typically prescribed for anxiety and depression). SSRIs often take weeks to affect symptoms of depression and anxiety. Sometimes there is no effect at all. However, in just one treatment, Ketamine improves symptoms of depression almost instantly.

PTSD: The Icahn School of Medicine recently completed a trial testing Ketamine for PTSD. In this study, 40 patients with PTSD (all with varying trauma histories) were given one Ketamine infusion. Results show Ketamine reduced symptoms of PTSD significantly and quickly within 24 hours. Dr. Prakash Masand, CEO, and chairman of COPE (Centers of Psychiatric Excellence), states, “An innovative treatment for PTSD cases that don’t respond well to traditional treatments is Ketamine IV infusions. The benefits of Ketamine are substantial and obtained within just one day of treatment.” He went on to say that “Ketamine has been studied and shown [to be]

effective with an array of anxiety disorders, including SAD, general anxiety disorder (GAD), and PTSD.”

OCD: Dr. Carolyn Rodriguez of Stanford University has completed various trials of Ketamine treatment for OCD. Dr. Rodriguez states, “What most excites me about Ketamine is that it works differently than traditional antidepressants...Using Ketamine, we hope to understand the neurobiology that could lead to safe, fast-acting treatments”. A patient from a trial done in 2012 said about his Ketamine for OCD; “I felt like, for the first time, I was able to function like a regular person.” Many patients reported a loss of compulsion mid-way through just one infusion in a trial done in 2013. Patients also reported improved symptoms throughout the week.

H2 DETERMINING THE DOSE OF YOUR AT-HOME KETAMINE

The experts at Ketamine Therapy SLC ensure accurate results by finding the correct dose for you. We collect data from your consultation an evaluation and compare it against evidence-based amount ranges to find the exact quantity for your needs and goals. We also take past Ketamine experiences into consideration or any other psychedelic experiences, such as your experience with medical psilocybin, etc.

Our team also makes sure to take note of any medications you are currently taking and any medical issues you may have. Our doses range depending on all of these unique factors. Your medical team helps find the correct point to begin therapy so you can have the most successful concierge service and at-home ketamine treatment possible.

Talk to the experts to learn more about the doses of at-home ketamine and what you can expect.

H2 KETAMINE CONCIERGE SERVICE COST

Most insurance companies will not cover the cost of Ketamine concierge service. The cost of Ketamine treatment will vary per patient as this form of therapy is highly customizable and tailored to each person individually.

Typically, our Ketamine prices start out as follows and includes the initial intake and exam with a medical provider:

- Intramuscular injection: \$299
- Ketamine infusion: \$400

The best way to know the cost of Ketamine treatment will be for you is to speak directly with Ketamine Therapy at Therapeutic Alternatives. Group rates for concierge service are also available upon request.

H2 KETAMINE THERAPY AT THERAPEUTIC ALTERNATIVES

At Ketamine Therapy at Therapeutic Alternatives, we prioritize your comfort and safety. We believe strongly that Ketamine has the potential to improve **mental health** and physical wellness. **Austin Francom**, our board-certified nurse practitioner, and **Candace Curzon**, our licensed mental health professional, work together to provide maximum healing potential. Both our providers are trained in emotion-focused ketamine-assisted psychotherapy. Candace and Austin have substantial experience working with mental health **and are an excellent care team for you during your treatments.**

In addition to providing ketamine infusions and therapy, we now offer ketamine assisted psychotherapy. This form of ketamine administration involves the use of ketamine with traditional psychotherapy, or talk therapy, and integration sessions. Learn more about [Ketamine Assisted Psychotherapy in Salt Lake City](#) here.

~~H2 AT-HOME KETAMINE TREATMENT SALT LAKE CITY~~

~~Ketamine Therapy at Therapeutic Alternatives is the premier provider of Ketamine in Salt Lake City, Utah. We are dedicated to providing this new form of therapy not only to all those in Salt Lake City, but also to men and women throughout the Salt Lake valley. Men and women in Draper, South Jordan, West Jordan, Sandy, Ogden, Holladay, Cottonwood Heights, and even for those in Cedar City, St. George, and as far as Las Vegas can contact Ketamine Therapy at Therapeutic Alternatives to learn about options for their own personal concierge service. Call 385-685-1410 today to schedule your consultation! Learn more about Ketamine concierge services available today by contacting Ketamine Therapy at Therapeutic Alternatives directly.~~

PLEASE DELETE THE CURRENT FAQ SECTION AND REPLACE WITH THE FOLLOWING

H2 AT-HOME KETAMINE THERAPY FAQS

H3 Is At Home Ketamine Therapy Safe?

Yes, Concierge Ketamine Therapy at home is safe. It is a safe way to receive Ketamine therapy within the comfort of your own home. Ketamine Therapy at Therapeutic Alternatives offers safe, personalized, at-home Ketamine treatments in Salt Lake City. A licensed professional checks your vitals before preparing the Ketamine IV or injection. Treatments take about an hour. You will be monitored closely and supported during this time.

The best part about Concierge Ketamine Treatments is that it is done in your home, so you remain relaxed and comfortable the entire time while improving your mental health.

H3 What does a Ketamine Infusion at home feel like?

Ketamine Therapy affects each patient in different ways. First, you will likely experience an out-of-body experience. Many patients have reported feeling euphoric, weightless, dissociative, and floating.

H3 Is At Home Ketamine Therapy expensive?

Ketamine Therapy at Therapeutic Alternatives in Salt Lake City is dedicated to providing Ketamine treatment at affordable rates. We are the most cost-conscious Ketamine Clinic in Utah.

Intramuscular injections start at \$299, or a package of 6 for \$1495. Infusions begin at \$400, or a package of 6 for \$2000. These prices include the initial intake and exam with a medical provider. Book a consultation with us today to learn more about the cost of Ketamine, our referral bonuses, discounts, and more. Ketamine Therapy is a new treatment and is not covered by insurance.

Improving your mental health is a priority, so we work hard to create treatment plans that fit your budget.

H3 How long do the effects of Ketamine therapy at home last?

The effects of a concierge service treatment are unique for every person. Some clients need up to 6 ketamine treatments to feel the full impact. However, others continue to receive maintenance treatments over the course of several months to years. Continuing your journey and solidifying sustainable long-term results and happiness is important.

H2 EXPERIENCE AT-HOME KETAMINE TREATMENT SALT LAKE CITY

Ketamine Therapy at Therapeutic Alternatives is the premier provider of Ketamine in Salt Lake City, Utah. We are dedicated to providing this new form of therapy not only to people seeking mental health support in Salt Lake City, but also to all adults throughout the Salt Lake Valley. We serve the communities of Draper, South Jordan, West Jordan, Sandy, Ogden, Holladay, Cottonwood Heights, and even Cedar City, St. George, and as far as Las Vegas can contact Ketamine Therapy at Therapeutic Alternatives to learn about options for their own personal concierge service.

Call 385-685-1410 today to schedule your consultation! Learn more about Ketamine concierge services available today and how they can benefit your mental health by contacting Ketamine Therapy at Therapeutic Alternatives directly.