

Girls Lacrosse

General Information:

- Team Splits – **Lacrosse is a no-cut sport** and all girls who would like to play will be placed on a team. Splits will be held in March at a date/time/location to be determined. Players will be evaluated and placed on either the JV or Varsity Teams. The evaluations leading to determining team splits come from practices, so make sure your player attends as many as possible.
- Teams are formed by combining players from both Brookfield East & Central. The girls team home field is at Brookfield East.
- Open Gym/Turf time will be held in pre-season starting in February and run through early March. This is a great opportunity for new players to learn skills and returning players to sharpen theirs.
- The playing season starts late March/early April with daily practices and weeknight games one to two times per week.
- Buses – we attempt to provide buses for all away games however due to Bus Company shortages the last couple of years we cannot always secure required buses. Please watch team communications regarding the availability of buses.

COACHES.

Kate Woodson (woodsonc@elmbrookschoools.org)

Emily Anderson

Maddie Schultz

Nakayla Myrick-Broxton

REGISTRATION

- All players must be cleared by the Athletic Department to practice/participate BEFORE the first practice. Any player, not cleared by the Athletic Department of their school will not be allowed to participate until this is complete.
- Below, find links to each of the school's athletic registration.

Brookfield Central HS:

<https://sites.google.com/elmbrookschoools.org/bchsathleticsartsactivities/online-registration?authuser=0>

Brookfield East HS: <https://brookfieldeasthighschool-ar.rschooltoday.com/>

Please share this information with your friends. We would love to have more girls come out for the lacrosse team this spring! It is never too late to sign-up for and learn this great sport. As many of our players can attest, no experience is necessary to start lacrosse, and it is a game for all levels.