

Today's LIVE Bets: 07/31/2025

MLB: Tampa Bay Rays vs New York Yankees - 1 Unit (-105) - 1:05pm ET

[Money Line](#) - 👉 Click to get more info on tonight's match up

Rays to win

Analysis:

The Rays have a strong edge today behind Ryan Pepiot, who's been reliable all season with a 3.42 ERA, 1.15 WHIP, and 124 strikeouts in 126 innings. He matches up favorably against Marcus Stroman, who's struggled since returning from injury with a bloated 6.09 ERA, low strikeout rate, and command issues. Tampa Bay also gets a major boost with Brandon Lowe back in the lineup, adding much-needed power and run production. Despite playing at Yankee Stadium, the Rays' superior starting pitching, and improved offense give them a strong chance to come away with a win in this early afternoon matchup. Additionally, Tampa Bay's bullpen has quietly been one of the most efficient units over the past month, and they've fared well in close games. With the Yankees' offense still streaky, this is a spot where the Rays can capitalize and control the pace from the mound. **The Public is slightly favoring the Yankees in this matchup, while the overall money is slightly favoring the Rays.**

MLB: Atlanta Braves vs Cincinnati Reds - 1 Unit (+115) - 7:10pm ET

[Against the Spread](#) - 👉 Click to get more info on tonight's match up

Reds -1.5

Analysis:

The Reds are in a strong spot to beat and cover the -1.5 spread against the Braves tonight. Andrew Abbott takes the mound for Cincinnati and has been outstanding all season with a 2.09 ERA, 1.07 WHIP, and 95 strikeouts over 103.1 innings, while the Braves are rolling out Carlos Carrasco, who's struggled badly this year with a 5.91 ERA and 1.53 WHIP, including a 6.75 ERA on the road. Atlanta is also dealing with major injuries, including the recent loss of Ronald Acuña Jr., and has struggled as an underdog, winning just 5 of 25 such games this year. Meanwhile, the Reds have been reliable as favorites, and their offense, led by Elly De La Cruz and Spencer Steer, has the power to take advantage of Carrasco's soft contact profile. With Cincinnati at home, Abbott on the bump, and the Braves' roster depth severely thinned, the Reds have a clear edge and are well-positioned to cover the -1.5 runline. **Both the Public and Money are heavily favoring the Reds here in this matchup.**