

## FOR IMMEDIATE RELEASE

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### **TRUMP ADMINISTRATION ACCELERATES PSYCHEDELIC THERAPIES FOR VETERANS. A PREPARATION AND INTEGRATION SPECIALIST ASKS: WHO WILL HOLD THE SPACE WHEN THEY GET THERE?**

**The infrastructure for safe, supported psychedelic healing does not yet exist at scale—and for veterans, that gap carries serious risk.**

**San Rafael, CA — April 2026** — On April 18, 2026, the White House released a fact sheet confirming that the administration directed federal agencies to accelerate research and regulatory pathways for psychedelic-assisted therapies—including psilocybin, MDMA, and ibogaine—and allocated \$50 million in federal funding toward that effort, with veterans among the populations emphasized.

The announcement signals a shift in how policymakers are responding to veterans who have sought treatment outside the United States, traveling to countries such as Mexico and Costa Rica in search of ibogaine and other therapies not yet legally available at home.

The executive action marks a significant step forward. It also raises an urgent question that policy alone does not answer: who will support veterans when these experiences begin?

Federal protocols for psychedelic-assisted therapy require trained facilitators and structured integration. That infrastructure does not yet exist at the scale this policy direction implies. For veterans carrying combat trauma, moral injury, and treatment-resistant PTSD, an uncontained psychedelic experience is not a treatment—it is a risk.

“Washington is accelerating access to psychedelic medicines,” says Sergio Lialin, author of *Healing the Modern Soul* and a preparation, guidance, and integration specialist with experience in plant medicine integration, Internal Family Systems, and somatic trauma work. “But access without preparation and integration isn’t healing—it’s an open door with no one on the other side. For veterans especially, that gap is not abstract. It has real consequences.”

Lialin attended the Psychedelic Culture Conference 2026 days before the announcement—a gathering where veteran healing was already a central focus among practitioners, researchers, and policymakers.

The need is documented and severe. Veteran suicide rates remain disproportionately high, and conventional therapies leave significant numbers without adequate relief. Nationally, 61.5 million

Americans are living with a mental health condition, while only 9% of people with depression worldwide receive minimally adequate treatment. For many veterans, traditional interventions have already failed by the time alternative therapies are considered.

“These are not broken men and women,” Lialin says. “They are people carrying experiences that broke the frame of ordinary life. What they need is not another medication. They need a map back to themselves—and someone who knows how to walk that terrain with them.”

*Healing the Modern Soul*—a 432-page work exploring the convergence of psychedelic science, somatic healing, indigenous wisdom, and spiritual integration—was written for this moment. It offers guidance for those who may receive these therapies, and for those who will be called to support them.

The question is no longer whether these medicines show promise—it is whether the systems around them are ready.

“We are expanding access faster than we are building readiness—and for veterans, that gap carries real consequences.”

**Sergio Lialin is available for interviews, expert commentary, and podcast appearances. He brings practitioner depth and cultural fluency to conversations about veteran healing, psychedelic integration, and long-term recovery.**

### **About *Healing the Modern Soul***

A 432-page integration of spiritual awakening, breathwork, indigenous wisdom, and psychedelic science, *Healing the Modern Soul* provides both philosophical grounding and practical pathways for those seeking lasting transformation. Available at [Amazon: Healing the Modern Soul](#)

### **About Sergio Lialin**

Sergio Nikita Lialin is an author and preparation, guidance, and integration specialist working at the intersection of Internal Family Systems, somatic healing, NLP, and plant medicine integration. He works with individuals and couples, navigating the terrain between clinical treatment and meaningful transformation.

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**Source:** White House Fact Sheet, April 18, 2026

[whitehouse.gov/fact-sheets/2026/04/fact-sheet-president-donald-j-trump-is-accelerating-medical-treatments-for-serious-mental-illness](https://www.whitehouse.gov/fact-sheets/2026/04/fact-sheet-president-donald-j-trump-is-accelerating-medical-treatments-for-serious-mental-illness)