

## PHS Continuous Learning Framework

### Week 7 and 8

May 18-May 29



| Method of Delivery                              | Place an X in the Box |
|-------------------------------------------------|-----------------------|
| Google Classroom ( <a href="#">click here</a> ) | x                     |
| EdModo ( <a href="#">click here</a> )           |                       |
| Google Document Weekly Template                 |                       |
| Packets Mailed Home                             |                       |
| Other                                           |                       |

|                                       | Monday (A)                                                                                                                                                                                                                                                | Tuesday (B) | Wednesday (A) | Thursday (B) | Friday Office Hours |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|---------------|--------------|---------------------|
| <b>All Physical Education Classes</b> | <b>Learning Objectives: Fitness</b>                                                                                                                                                                                                                       |             |               |              |                     |
|                                       | <b>Lesson Activities and Assignments</b>                                                                                                                                                                                                                  |             |               |              |                     |
|                                       | <p>Students are expected to engage in some type of physical activity twice weekly. They are to log their activity and the time spent. The log should be continuous from March 20.</p> <p>Examples and ideas are in their Google Classroom assignment.</p> |             |               |              |                     |
| <b>Course/Subject Name</b>            | <b>Learning Objectives: Maintaining Fitness</b>                                                                                                                                                                                                           |             |               |              |                     |
|                                       | <b>Lesson Activities and Assignments</b>                                                                                                                                                                                                                  |             |               |              |                     |
|                                       |                                                                                                                                                                                                                                                           |             |               |              |                     |

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| Course/Subject Name | Learning Objectives:              |  |  |  |  |
|                     | Lesson Activities and Assignments |  |  |  |  |
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